PROBATION

2016-2017
Contracted Services Report for Juvenile Probation
Sonoma County Probation is committed to reducing recidivism, fostering accountability, promoting positive behavioral change and safeguarding the community.

**MISSION**

**GOAL FOR JUVENILE SERVICES**

continuous quality improvement of juvenile probation services

**HOW MANY DID WE SERVE?**

Youth on Probation and Diversion who were served by Probation contractors

- 218 program participants (duplicated) in 2014-2015
- 323 program participants (duplicated) in 2015-2016
- 350 program participants (duplicated) in 2016-2017

- 78% completion in 2014-2015
- 71% completion in 2015-2016
- 67% completion in 2016-2017

- 168 unduplicated youth in 2014-2015
- 240 unduplicated youth in 2015-2016
- 273 unduplicated youth in 2016-2017

Numbers above do not include community service work as that is not captured in the Juvenile Record System in the same way as other programs.
OUR SERVICES

AGGRESSION REPLACEMENT TRAINING

In this 10 week program youth learn and practice new skills through three program components: moral reasoning, skill training and anger control.

COMMUNITY SERVICE WORK

Youth are matched to community service work opportunities based on their interests and other needs. They are able to build skills and connect to the community in a meaningful way.

FUNCTIONAL FAMILY THERAPY

This evidence-based program focuses on improving family communication and supportiveness while decreasing the intense negativity.

GIRLS CIRCLE

Girls participate in a structured support group with a variety of topics. The program integrates relational theory, resiliency practices, and skills training to increase positive connection, personal and collective strengths, and competence.

INTENSIVE CASE MANAGEMENT

ICM extends Wraparound services to high-need families who would not otherwise qualify. The program provides linkages and stabilization services to families experiencing difficulties in at least two life domains.

SERVICE UTILIZATION

<table>
<thead>
<tr>
<th>Service</th>
<th>Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vista Academy</td>
<td>40</td>
</tr>
<tr>
<td>Violence Prev. Groups</td>
<td>30</td>
</tr>
<tr>
<td>Teen Triple P</td>
<td>20</td>
</tr>
<tr>
<td>Trauma Counseling</td>
<td>10</td>
</tr>
<tr>
<td>Sex Offender Tx</td>
<td>5</td>
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<tr>
<td>RI Programs</td>
<td>2</td>
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<tr>
<td>Intensive Case Management</td>
<td>50</td>
</tr>
<tr>
<td>Girls Circle</td>
<td>30</td>
</tr>
<tr>
<td>Functional Family Therapy</td>
<td>20</td>
</tr>
<tr>
<td>Community Svs Work</td>
<td>300</td>
</tr>
<tr>
<td>Agression Replacement Training</td>
<td>300</td>
</tr>
</tbody>
</table>
## OUR SERVICES

### RESTORATIVE JUSTICE PROGRAMS

These programs help youth learn to take responsibility for their actions and make amends. They meet with their victim and others to discuss their wrongdoing. A plan is developed and youth receive support in completing their plan.

### TEEN TRIPLE P

This evidence based program is a parenting and family support system designed to prevent and treat behavioral and emotional problems in children and teenagers. It is available to youth who are parents and the parents of juvenile delinquents.

### TRAUMA COUNSELING

Youth are able to access Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) or specialized individual sexual assault counseling. These services provide a venue for youth to process traumatic experiences that have had.

### TREATMENT OF SEXUAL OFFENDING

The treatment program includes individual, group and family therapy and strives to develop the youth’s internal controls, insight, self-esteem. Treatment is highly individualized and the primary therapy modality is CBT.

### VIOLENCE PREVENTION PROGRAMS

This group of programs is designed to prevent violence in our community by educating youth about healthy relationships and by discussing and addressing prejudices.

### OUR PARTNERS

- The Center for Social and Environmental Stewardship
- Child Parent Institute
- California Youth Outreach
- Petaluma People Services Center
- Recourse Mediation
- Restorative Resources
- San Francisco Forensic Institute
- Seneca Family of Agencies
- Social Advocates for Youth
- Verity
- Volunteer Center

### VISTA ACADEMY

The juvenile evening reporting center provides a variety of services to youth including cognitive behavioral programming, tutoring, employment assistance and physical education.
2016-2017 HIGHLIGHTS

AGGRESSION REPLACEMENT TRAINING

61% of youth reported an overall decrease in aggressive responses
71% of youth reported an overall increase in moral judgement and empathy
70% of youth showed an overall increase in the use of pro-social skills taught

COMMUNITY SERVICE WORK

78% of clients successfully completed their community service assignment
99% of clients reported increases in concrete or task oriented skills, professional development/soft skills, social skills or self-confidence
83% reported a new relationship and/or connection to the organization where they completed their community service assignment
99% reported a new understanding of the impact they can have in our community
22% were offered paid positions or internships

FUNCTIONAL FAMILY THERAPY

100% of families reported positive family change overall and positive changes in communication skills, adolescent behavior, parenting skills, and parental supervision
88% of families reported positive change in family conflict
Parent mid treatment- "We have been able to come to compromises and I have been better able to understand how my daughter feels."
Parent at last session- “I believe my son is on the path to changing his behaviors and issues.”

INTENSIVE CASE MANAGEMENT

69% of clients successfully completed treatment goals
79% of clients stepped down to lower or no services
57% of clients fully met and 98% partially met their treatment goals

IMPROVEMENTS IN CHILD AND ADOLESCENT NEEDS (CANS) SCORES

of clients who had initial assessment scores indicating needs in the following areas:
92% no longer showed significant needs in the area of anger control
85% no longer showed significant needs in the area of depression
82% no longer showed significant needs in the area of criminal behavior
2016-2017 HIGHLIGHTS

GIRLS CIRCLE
18% of girls reported an increase in attachment to school
40% of girls got better at communicating their needs to adults
50% of girls showed improvement in their self-efficacy; they are confident in their ability to solve difficult problems and handle new situations
80% of girls indicated that they could share what they were thinking in group
95% of girls indicated that the group leaders focused on their strengths

RESTORATIVE JUSTICE PROGRAMS

RESTORATIVE CONFERENCING
100% of youth completed their plan to repair harm and/or increase their skills.
89% of victims/impacted parties responded that they were “a great deal” satisfied with the outcome of the conference.
83% of victims/impacted parties responded that they experienced “a great deal” of personal healing.

ACCOUNTABILITY CIRCLES
100% of youth completed their plan to repair harm and/or increase their skills.
88% of youth reported that they understood, “a great deal” better, impacts on the community.

VICTIM-OFFENDER MEDIATION
82% of youth showed change towards pro-social behavior and reconnection to community
94% of youth showed positive change in intra-family or peer relationship.
82% of youth accomplished all program goals.

TRAUMA COUNSELING

SEXUAL ASSAULT COUNSELING
100% (1 of 1) of clients rated satisfaction with counseling 5 out of 5
100% (1 of 1) clients reported significant improvement on the Depressions, Anxiety and Stress rating scale

TRAUMA FOCUSED CBT
100% (1 of 1) of clients showed improvement in assessment scores on adjustment to trauma in the first 6 months
100% (2 of 2) showed improvement in at least one clinically targeted area
2016-2017 HIGHLIGHTS

TREATMENT FOR SEXUAL OFFENDING

The recidivism rate for the program was 3.8%.

Of 26 youth receiving treatment during this year, 18 individuals were scored on the JSORRAT-II. Only one youth committed a new sexual crime and this was the only client who scored in the High-Risk category on the JSORRAT-II.

VIOLENCE PREVENTION PROGRAMS

MY STRENGTH

20% improvement on average pre test scores to average post tests scores

"Boys/men can play an important role in preventing sexual violence," responses averaged at 2.9 out of 4

"As a result of my participation in MS, I have an increased awareness of costs of traditional masculinity," showed an average rating of 3.5 out of 4

HEALTHY RELATIONSHIPS

"I make connections to group topics and my own experiences and relationships," shows an average improvement from mid to post of 1.17 points on 5 point scale

A set of questions about healthy communication and self-awareness all showed improvement on average from mid to post for youth surveyed

DIVERSITY AND ASSAULT PREVENTION WORKSHOPS

86% of youth reported that they knew more about consent after participating in the workshop

Overall, scores averaged 3.4 out of 5 possible points, showing that there is more work to be done to educate youth about diversity

VISTA ACADEMY

In the ART program, 77% reported a decrease in self-serving "thinking errors," 65% reported decreases in overall aggressive responses, and 15% reported an increase in advanced social skills

In the Girls Circle program, 100% of girls reported an increase in school attachment, 100% reported a decrease in self-harm and 75% showed improvement on the self-efficacy scale

In the Interactive Journaling program, youth completed journals on Relationships and Communication, Responsible Behavior and Re-entry. Youth reported between 67% and 100% improvement in their attitudes, knowledge and skills in these areas from pre to post

50% of youth submitted school progress reports and 64% of those demonstrated evidence of earned credits, school special recognition and/or all passing grades

100% of program participants exhibited increased creative expression and photography skills
Above are the program completion rates reported by Probation providers. There are a few things to keep in mind when viewing this data. There are many reasons why a youth may not complete a program and, in fact, program completion is defined differently for different programs. Some programs are able to set a minimum attendance requirement that results in a "pass or fail" sort of exit status while other programs must assess a youth or family's progress through a therapeutic model.

Outcomes reported here are the highlights of what youth have gained from working with Probation partners over the past year. The department operates with the assumption that we should celebrate success and that there is always room to grow and continue to improve the work that we do with youth. To that end, the following areas for improvement are identified by providers and Department staff.

Low referrals and small group size continue to be cause for concern. Probation should continue to work with providers and staff to identify barriers to service referrals. Parental resistance, transportation, scheduling and the need to complete other activities during a short time on probation are barriers to service entry commonly identified.

Low program completion rates are another area for possible improvement. For many programs, outcomes reporting is difficult due to the small proportion of youth who persisted in the program long enough to complete a post-test. Barriers to completion should be addressed on a program by program basis in order to identify reasons for non-completion and design strategies accordingly. Providers report incarceration as a leading factor for program non-completion; other factors may be at work as well.

Staff turnover was identified by several partner agencies as a difficulty related to program operation, quality assurance or outcomes measurement. Challenging families were also noted in several reports. Probation has found that while juvenile referrals have dropped over that past several years, the youth who enter the system tend to have higher needs. Probation and Partners will need to continue to adequately prepare staff to work with those high needs families.