Sonoma County Recovers Together

Recovery Planning Community Meetings
Types of Individual Reactions

Physical  Emotional  Cognitive  Behavioral
Self-Regulating

HRV (Heart Rate Variance)

- Breathe in, your HR goes up
- Breathe out, your HR goes down
The Power of Connection

• Do...
  • Decide carefully whom to talk to
  • Let others known you need to talk or just to be with them
  • Tell others you appreciate them listening

• Don’t...
  • Keep quiet because you don’t want to upset others
  • Keep quiet because you’re worried about being a burden
  • Wait until you’re so stress or exhausted that you can’t fully benefit from help
Self-Care: How’s Your Five?

- Eat: Well
- Move: Daily
- Hydrate: Often
- Sleep: More
- Love: Laugh and Connect

Adapted from Dr. Douglas W. Walker, How’s Your 5
Office of Recovery & Resiliency

• Supporting the county’s long term recovery planning efforts
• Collaborating across county departments
• Partnering with other jurisdictions – cities, state, federal partners
• Partnering with community organizations
• Tracking progress towards recovery
• Applying for external funding
• Engaging our community
Progress

Debris Removal – Cleared 7,000 structures and 90 miles of roads.

Rebuilding Progress - Permit Resiliency Center issuing expedited permits, landscape design templates available, free energy efficiency rebuilding consultations, Property Assessed Clean Energy (“PACE”) financing available.

Natural Resources - Hundreds of miles streams and creeks protected from toxic runoff, Installed 43 miles of wattles, Fire camera pilot project at Lake Sonoma.

Community Support - Small Business Recovery Center, District Attorney’s Office investigates price gouging, issued disaster unemployment insurance, California HOPE counseling available.

Warning – Policy changed: Wireless Emergency Alert system will be used, two staff positions approved for new countywide warning program.
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Recovery and Resiliency Framework

- Housing
- Community Preparedness and Infrastructure
- Economy
- Safety Net Services
- Natural Resources
Housing

Community:
Acknowledge community and individual grieving process as a critical component of the rebuilding process
- Loss of normalcy and routine
- Loss of place and connection with the past
- Loss of a support structure that had previously existed within neighborhoods

Urgency Required:
Rebuilding quickly and building new affordable housing couldn’t be more urgent to restore our community

Location Matters:
New development will mostly occur within incorporated Urban Growth Boundaries and in Priority Development Areas (PDAs)
Housing

Vision:
Sonoma County has a housing market that is in balance; is resilient and climate-smart at the regional, neighborhood, and homeowner scale; is affordable to area workers and the most vulnerable; where communities of color and other historically disadvantaged groups have equal and fair access; with a diversity of homes located near transit, jobs and services; and where the economy is vital.
Vision:
Sonoma County residents, communities, governmental and non-governmental agencies are better prepared and more resilient when disaster strikes with effective community warning systems, accurate situational awareness, prepared residents, well-protected critical infrastructure, and disaster and recovery financing systems in place.
Vision:
Sonoma County will partner with local employers to become a resilient, inclusive, and economically diverse community
Vision:
Sonoma County’s natural resources and working lands (i.e., soils, streams, groundwater, agricultural and biologic resources) are healthy and productive, and managed at a landscape scale to support watershed and community resiliency and protect public health and safety, while contributing to economic vitality and enhanced ecological values.
Safety Net Services Recovery Plan is in progress…..

- Held data gathering efforts with Focus Groups and Community Partner Convening

- August 7, 2018 Board of Supervisors Safety Net Services Recovery Workshop

- Share your ideas!
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Break Out Discussions

Your Role:
- Write your ideas down
- Share ideas with table

Our Goal:
- Collect input to shape the Vision and the Goals for each Strategy Area
- Collect ideas for how to achieve the visions and goals
Sonoma County Recovers Together
Break Out Discussions
Ongoing Public Input

• Spread the word! Recovery Planning Community Meetings:
  • Aug 2\textsuperscript{nd}, 6 - 8 pm, Finley Center
  • Aug 8\textsuperscript{th}, 6 - 8 pm, Sonoma Veterans Building

• Complete Worksheets tonight or mail them in.

• Complete a Survey online at https://sonomacounty.ca.gov/ORR

• Send Input to recoveryinfo@sonoma-county.org

• Invite us to share at community meetings