Maternal, Child & Adolescent Health

Dear Community Partner,

We are very pleased to share with you this brief overview of our Maternal, Child, and Adolescent Health (MCAH) programs. Our work is dependent on strong partnerships to ensure that low income families can receive the services and support they need to be healthy and to provide a nurturing home environment for their children.

We have included detailed contact information for all of our MCAH public health nurses and social workers to encourage easy, collaborative, care coordination. We welcome your referrals and feedback to ensure our mutual clients are well cared for.

Thank you for all of the wonderful work you do for families in our community, and we look forward to our strengthened continued work with you.

Best Regards,

MCAH Team
MCAH Planning & Coordination partners with community members and organizations to strengthen Sonoma County’s health care system for women, children and families.

Our staff does this by:

- Disseminating information about local services and resources by maintaining the MCAH website and toll free line.
- Convening local stakeholder groups like the MCAH Advisory Board and Fetal Infant Death Review Team.
- Leading and participating in local collaborative groups that address breastfeeding, perinatal mood disorder, injury prevention and adolescent health.
- Implementing health promotion initiatives that advance MCAH program goals including obesity prevention, reduction of perinatal alcohol and other drug exposure, safe infant sleep, car passenger safety, and improved access to oral health services.
- Providing technical assistance and training to local health care providers on Comprehensive Perinatal Services Program and emerging hot topics.
- Serving as a resource and link between the Family Health Section, our local community and the California Department of Public Health.
Teen Parent Connections (TPC)
Teen Parent Connections is an evidence-informed home visiting program for pregnant/parenting teenagers age 19 years or younger. TPC social workers provide long-term case management services within a comprehensive local network of services and resources. The social workers assist over 160 clients per year and provide outreach to many other high-need teenagers with the goal of reducing the incidence of poor pregnancy outcomes, subsequent pregnancies and to maximize their educational potential and advance self-sufficiency.

TPC has been shown to decrease preterm births, delay subsequent pregnancies, and to increase immunization and graduation rates.

Nurse-Family Partnership (NFP)
NFP is an evidence-based nationally renowned nurse home visiting program serving low-income, first-time mothers. Visits begin during the first or second trimester of pregnancy and continue until the child's second birthday. Referrals must be received before 28 weeks gestation. NFP outcomes, such as long-term family improvements in health, education, and economic self-sufficiency, are well documented through randomized controlled trials over 30 years.

There are significant cost savings across many sectors including reductions in preterm births, reductions in child abuse and neglect, and reductions in youth substance abuse and crimes. For every $1.00 invested in this program there is an ROI of $5.70.
MCAH Field Nursing

Field Nursing is an evidence informed program utilizing an awareness of Adverse Childhood Experiences research to promote health, self-sufficiency and decrease incidents of child abuse and neglect. Home visits are provided by a public health nurse to low-income pregnant women, and families parenting a child up to age 5 who have medical and/or social risk factors. Priority is given to clients identified as having risk factors that put the pregnancy in jeopardy or interfere with positive parenting.

Field Nursing has been effective at helping clients create positive, nurturing relationships and access services, including prenatal care and alcohol and other drugs treatment programs. All of these interventions lead to healthier lives.
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Teen Parent Connections (TPC)
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You may also download a referral form here

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Nurse-Family Partnership (NFP)
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You may also download a referral form here
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Maternal Child Health Field Nursing (MCH-FN)

For more information or referrals call (707) 565-4440.
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