



# SONOMA COUNTY AGING & DISABILITY COMMISSION

## Commission Meeting



Location: Carnelian Conference Room,  
3725 Westwind Blvd. Santa Rosa 95403

Date: Wednesday, February 19, 2025

Time: 1:00 pm – 3:00 pm

Public Zoom Link: <https://zoom.us/j/95119660692?pwd=p55PwlBEbWGv6WvxXbuNoYHbVV4ovM.1>

### Agenda

1:00 1. Welcome and Introductions Helman

Mission: The Aging & Disability Commission gives voice to the diverse needs of Sonoma County's older adults, people with disabilities, and their caregivers.

1:00 2. Approval of the 01.15.2025 Commission Meeting Minutes Helman

*The Commission will review the meeting minutes and may approve them as presented or with modifications.*

1:05 3. Chair Updates Helman

*The Chair will provide updates on relevant matters for the Commission, including recent developments or upcoming events.*

- Commissioners' Participation in Commission Meetings - Action

*The Commission will discuss and possibly take action on a commissioner's participation*

- Letter of Support for Beth Steffy – Action

*The commission will discuss available options to support Beth Steffy's legislative proposal that was announced at the last Commission meeting during Public Comment.*

1:10 4. February Showcase on Case Management Helman

*Commission discussion on February's showcase focus on Case Management Services.*

1:55 5. Public Comment and Commission Member Open Forum Public

*The public may address the Commission on items not listed on the agenda. Public comment will be limited to three (3) minutes per speaker. Note: The Commission cannot take action on items not on the agenda.*

2:00 \*\* BREAK\*\*

2:05 6. Director/Staff updates

- Director Update

*The AAA Director will provide updates on relevant matters for the Commission, including recent developments or upcoming events.*

- MPA Update

*The MPA Program Manager will provide updates on relevant matters for the Commission, including recent developments or upcoming events.*

- Membership Demographic

*In order to ensure that the membership of the Commission is representative and inclusive of the community's demographics, the Commission will review and approve a Commission Member Demographic Survey. This survey will collect key demographic information (e.g., age, gender, ethnicity, and other relevant categories) to ensure that the Commission reflects the diversity of the population it serves.*

- AAA Contract Monitoring

*Provide an update on the Commission sign-up sheet for site visits and review Commission participation guidelines and expectations.*

2:20 7. FY 25/26 Area Plan Goals and Updates for March Public Hearing Helman

*Discuss and clarify procedures for bringing FY 25/26 Area Plan Goals and Updates to the March Public Hearing*

2:35 8. Triple A Council of California (TACC) Report Kelley

*Report out by a Commission Member on the TACC report.*

2:45 9. Standing & Ad Hoc Committee Report Helman

- Standing Committee: No Wrong Door
- Ad Hoc Committee: Special Projects - Action
- Ad Hoc Committee: Orientation and Onboarding
- Ad Hoc Committee: Goals and Objectives for FY 25/26

- Ad Hoc Committee: FY 25/16 Area Plan Goals Presentation/Focus Group Development – Action

*Standing and Ad Hoc Committee Members will provide updates on their activities, progress on assigned tasks, and recommendations or actions for the Commission.*

3:00 10. Adjourn

Helman

## Attachments

Minutes (01.15.2025), Commission Members Demographics, and Commission Members FY 24/25 Q1 & Q2 Volunteer Hours

Supplemental materials related to an agenda item are available for public inspection during normal business hours at the Adult & Aging Office, 3725 Westwind Blvd., Suite 101, Santa Rosa. All listed times are approximate and subject to change. Agenda items are scheduled for consideration by the Commission, which may or may not choose to act. Breaks may be called at the discretion of the Chair. If you need any accommodation to effectively participate, please contact [aaa@schsd.org](mailto:aaa@schsd.org) or (707) 565-5238 at least 48 hours prior to the meeting. To receive the AAA Newsletter: [AAA@schsd.org](mailto:AAA@schsd.org).

Aging & Disability Commission Members:

**Chair:** Jenny Helman

**Vice Chair:** Robin Thompson

**Secretary:** Deanna Shaat

**Chairperson Emeritus:** Diane Spain

**Parliamentarian:** Trayce Beards

**Commission Elected:** Rick Baum, Monte Cimino, Suzanne Edwards, Sandra Hoevertsz, Denise Johnson, Terry Kelley, Erick Larson, Christian Nava, Jaime Peñaherrera, Alain Serkissian, Priyanka Varma

**AAA Director:** Paul Dunaway

**Community Services Program Manager:** Cody Milner

Upcoming Events:

- Executive Committee: Tuesday, March 11, 2025, 11:00 AM – 12:30 PM
- Commission Meeting: Wednesday, March 19, 2025, 1:00 PM – 3:00 PM
  - Public Hearing for 2024-2028 Area Plan Update: Year 1



## Sonoma County Aging & Disability Commission Meeting

### Minutes

Wednesday, January 15, 2024 | 1:00pm – 3:00pm

Carnelian Conference Room, 3725 Westwind Blvd. Santa Rosa 95403

**In-person Attendance:** Deanna Shaat, Jenny Helman, Trayce Beards, Robin Thompson, Sandra Hoevertsz, Terry Kelley, Erick Larson, Priyanka Varma, Jaime Peñaherrera, Monte Cimino, Denise Johnson, Suzanne Edwards, Alain Serkissian, Don Streeper (Emeritus Member)

**Zoom Attendance:** Diane Spain

**Absent:** Rick Baum, Christian Nava

**Staff Attendance:** Sara Avery, Paul Dunaway, Cody Milner, Joni Huntsperger, Annie Silverman, Betsey Harper, Cassandra Denson.

1. **Welcome and Introductions** (Helman) (1:03pm)

2. **Approval of Minutes** (11.20.2024)

Minutes Approved as written.

3. **Chair Updates** (Helman)

Legislative Representatives November Report

Commission members discussed feedback on the presentations. The commission will continue to use the same format for future Legislative Rep. presentations.

February Showcase on Case Management

Commissioners will interview and present on West County Community Services, Petaluma People Services Center, and Adult & Aging Case Management.

Membership Demographic Survey – Action

Commissioners reviewed the Demographic Survey.

**Motion:** Approve the Membership Demographic Survey; to be completed by the Commission.

**1<sup>st</sup> Motion:** Robin Thompson      **2<sup>nd</sup> Motion:** Terry Kelley      **Vote Result:** Approved

Membership:

- District Supervisor Term Renewal for Alain Serkissian expires in April 2025.
- District Supervisor Term Renewal for Terry Kelley expired in April 2025.
- Commission Elected Term Renewal for Diane Spain expired in October 2024 -

Action

**Motion:** Renew Diane Spain's Commission Membership.

**1<sup>st</sup> Motion:** Trayce Beards      **2<sup>nd</sup> Motion:** Deanna Shaat      **Vote Result:** Passed



## Sonoma County Aging & Disability Commission Meeting

### 4. Director/Staff updates (Dunaway/Milner/Huntsperger)

#### Director Update

- Budget Update
  - The budget projections indicate a balanced budget. However, there is currently no information available regarding potential federal impacts. Additionally, the projected State revenue remains unknown at this time.
- Older American Act Reauthorization
  - Not yet reauthorized

#### MPA Update

The scheduling of action teams is underway, and commissioners are encouraged to join one of the teams. Additionally, Joni is offering one-on-one discussions with commission members to provide further guidance or support.

#### Commission Logo Project Update

Four logo designs were presented to the Commission. The presentation and accompanying scorecard will be distributed to the Commission via email. Members are requested to review and return their feedback by Friday. It was noted that the spelling of "Commission" in the logos needs to be corrected.

#### AAA Contract Monitoring

Commissioners are invited to participate in contract monitoring site visits scheduled for March. Guidelines for participation, along with a sign-up list, will be distributed to commissioners for review and enrollment.

### 5. Celebrate Marianne McBride/COA (Dunaway/Helman)

Marianne McBride will be retiring from the Council on Aging after over 20 years of dedicated service. In recognition of her contributions, the Commission presented Marianne with a certificate of appreciation. Jamie Escoubas has been announced as her successor.

### 6. Public Comment and Commission Member Open Forum

Christa Barnett Nelson: CalCOA is actively reviewing upcoming bills, resolutions, and the state budget, while also reinforcing relationships with the State Legislature.

Kelly (Ording?): Expressed interest in joining the Commission as a member.



## Sonoma County Aging & Disability Commission Meeting

Jamie Escoubas: Shared information on expanding services to the Latino community, including a “Memory Café” at the Church of the Roses on Jan. 17th at 10:30 AM. She also mentioned the “Understanding & Responding to Dementia-Related Behavior” class at their Alzheimer’s Day facility on January 22<sup>nd</sup> and a Senior Scams Presentation class with the Bank of Marin on January 24<sup>th</sup> at the Council on Aging Offices.

Marrienne McBride: Provided background on Jamie Escoubas, the new CEO of the Council on Aging (COA).

Nancy Power-Stone: Noted that RCRC is expanding its Spanish programming and has hired two bilingual-bicultural staff members. She expressed interest in connecting with Council on Aging to better support the Spanish-speaking community.

Beth Eurotas-Steffy: Presented a legislative plan aimed at protecting senior residents in care facilities. She is seeking a bill author and support from the Commission.

Dwayne DeWhitt: Requested a strong advertising approach to promote the Master Plan for Aging to the older adult community.

Denise Johnson: Announced a partnership between COA and Piner High School for an Intergenerational Event at the Finley Community Center on March 13th.

### **BREAK**

#### **7. Home Delivered Meals and To-Go Meals Report Out (Silverman)**

##### COA Home-Delivered and Drive-Up Pick-Up Meal Waitlists:

The Council on Aging (COA) has 137 individuals on the waitlist for Home-Delivered Meals. An additional 67 individuals are on the waitlist for Drive-Up Pick-Up Meals. These totals which includes individuals who have not yet been contacted for intake.

##### PPSC Home-Delivered Meal Waitlist:

Petaluma People Services Center (PPSC) currently has 53 individuals on the waitlist for Home-Delivered Meals.

##### Criteria Review and Waitlist Management:



## Sonoma County Aging & Disability Commission Meeting

The commission reviewed the criteria used by Adult & Aging (A&A) in its program analysis and is working to establish best practices and policies/procedures for managing waitlists.

### Risk Assessments:

Medical risk is being evaluated by Sonoma State University (SSU) student nurses, who assess clients' medical needs.

PPSC's Community Connectors are assessing all seniors who call in for services, which has helped identify more individuals in need of meal support.

### Challenges with DUPU Meal Waitlists:

The Drive-Up Pick-Up (DUPU) meal waitlist has been particularly challenging to address and currently has longer waiting times compared to other services.

### Collaborative Efforts:

Both COA and PPSC are partnered with the Aging and Resource Development Hub (ARDH) and can refer seniors to 565-INFO for additional support and resources.

### **8. Brown Act Update (Beards)**

Brown Act Rules may be updated with accommodations for people with disabilities. Updates would allow disabled members to participate in Commission meetings virtually, ensuring inclusivity and accessibility for all participants.

### **9. California Senior Legislative Representative Report (Kelley/Flett)**

Terry Kelley provided a brief overview of the California Senior Legislature (CSL), highlighting their 2025 goals and upcoming proposals they are advocating for this year. The following proposals were reviewed during the presentation:

- SP-1
- AP-1
- AP-8
- AP-11
- SP-4
- AP-2
- AP-9
- SP-5
- AP-6
- AP-10

Cody will be sharing these slides with the Commission. Additionally, Terry will forward the Senior Rally Day information to the Commission for further review and participation.



## Sonoma County Aging & Disability Commission Meeting

### 10. Standing & Ad Hoc Committee Report (Helman)

Standing Committee: No Wrong Door  
February 25<sup>th</sup> – Next meeting

Ad Hoc Committee: Special Projects

The committee reviewed the draft event calendar, which outlines the need to complete 3 Information Sharing Presentations and 3 Focus Groups by June 2025. The committee plans to meet one more time via Zoom before dissolving. During this final meeting, they will develop the Case Management Showcase questions.

Ad Hoc Committee: Orientation and Onboarding – Action

**Motion:** A motion was made to form an Ad Hoc Committee to develop an Orientation and Onboarding process, with a time frame from now until March 2025.

**1<sup>st</sup> Motion:** Terry Kelley **2<sup>nd</sup> Motion:** Sandra Hoevertsz **Vote Result:** Passed

Interested members: Trayce Beards, Jenny Helman, Terry Kelley, Deanna Shaat, Priyanka Varma, Jaime Peñaherrera. Trayce Beards will reach out to set up the first meeting.

Ad Hoc Committee – Goals and Objectives for FY 25/26 – Action

**Motion:** A motion was made to form an Ad Hoc Committee to recommend the Goals and Objectives for Fiscal Year 25/26, with the deliverable due by the March 19th meeting.

**1<sup>st</sup> Motion:** Robin Thompson **2<sup>nd</sup> Motion:** Deanna Shaat **Vote Result:** Approved

Interested Members: Robin Thompson, Trayce Beards, Denise Johnson, Alain Serkissian, Eric Larson, Don Streeper, Diane Spain. Diane Spain will reach out to set up the first meeting.

### 11. Adjourn (Helman)(2:58pm)

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*To submit items for the AAA Newsletter, or to receive the AAA Newsletter: [AAA@schsd.org](mailto:AAA@schsd.org)*





## Sonoma County Aging & Disability Commission Meeting

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### Upcoming Aging & Disability Commission meetings:

- Aging & Disability Commission, Executive Committee Meeting: **February 11, 2025 (2:00pm)**
  - Aging & Disability Commission Meeting: **February 19, 2025 (1:00pm)**
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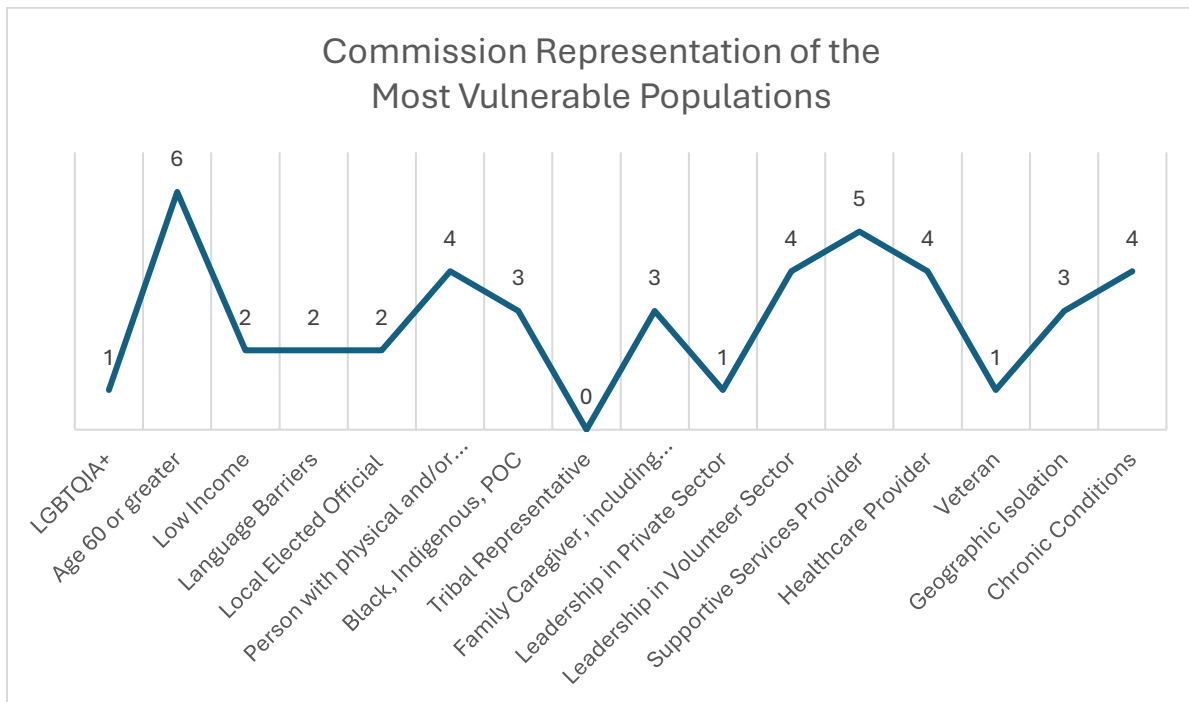
DRAFT

## Sonoma County Aging & Disability Commission Demographic Comparison

Commission is composed of 50% older adults

Race	Sonoma County (AP) Percent of 60+	Commission
American Indian & Alaska Native	.6%	0
Asian	3.5%	6.67%
Black or African American	1.1%	0
Native Hawaiian and other Pacific Islander	.2%	0
White	86.3%	80%
Some Other Race	4.4%	0
Two or More Races	3.9%	6.67%
No Response	N/A	6.67%

Sex	Sonoma County 60+	Commission
Female	54.6%	56.25%
Male	45.4%	43.75%



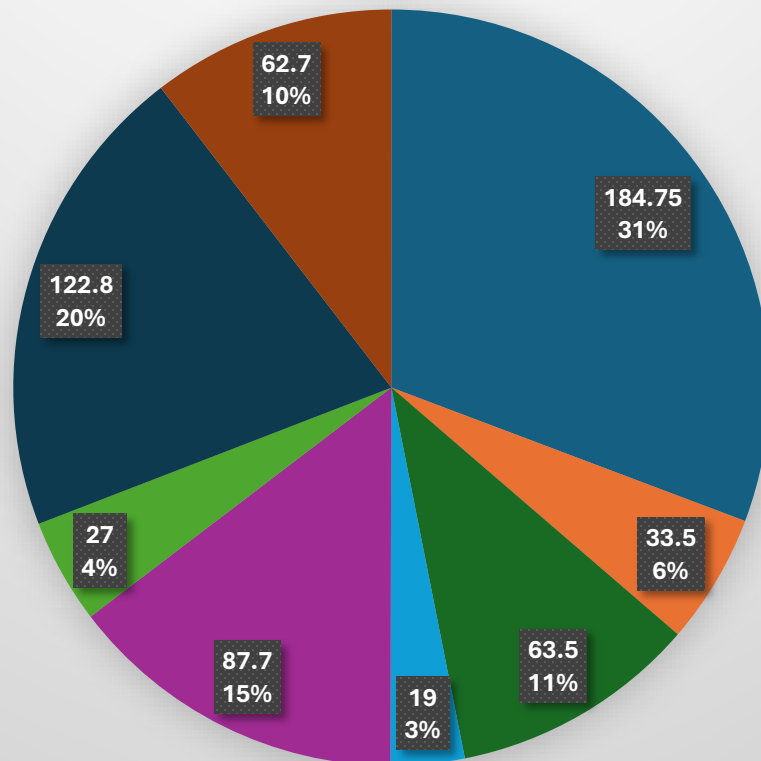
## Sonoma County Aging & Disability Commission FY 24/25 July 2024 – December 2024 Volunteer Hours

Sonoma County Aging & Disability Commission Policies & Procedures; Section IV. Member Commitment; Subsection A. Policy:

4. Members are expected to volunteer a minimum of 50 hours per year (an average of one hour per week)

FY July – Dec 2024 Total Hours: 600.95

### Sonoma County Aging & Disability Commission FY 24/25 July 2024-December 2024 Volunteer Hours



- Aging and Adult Commission Meeting(s)
- Ad Hoc Committee Meeting(s)
- Executive Committee Meeting(s)
- Standing Committee Meeting(s)
- Planning Day Meeting
- MPA Committee Meeting(s)
- Area Plan Goals
- Other Activities