



SONOMA COUNTY AGING & DISABILITY COMMISSION

Executive Committee Meeting

Location: Carnelian Conference Room,
3725 Westwind Blvd. Santa Rosa 95403

Date: Tuesday, October 8th, 2024

Time: 11:00 am – 12:30 pm

Public Zoom Link: <https://zoom.us/j/98787194393?pwd=qszyalg9rErMcGllbMj3LKbjbZmaU8.1>

Agenda

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|-------|--|---------------|
| 11:00 | 1. Welcome and Introductions | Helman |
| 11:00 | 2. Approval of the 9.10.2024 Executive Committee Minutes | Helman |
| 11:05 | 3. Public Comment and Council Member Open Forum | |
| 11:10 | 4. Staff updates | Avery |
| | <ul style="list-style-type: none">• <i>Program Manger Recruitments Update</i>• <i>MOW Waitlists</i> | |
| 11:20 | 5. Diversity and Representation on Commission Membership | Helman |
| 11:35 | 6. Standing & Ad Hoc Committee Report | Helman/Beards |
| | <ul style="list-style-type: none">• <i>Standing Committee: No Wrong Door</i>• <i>Ad Hoc Committee: Community Engagement</i>• <i>Ad Hoc Committee: Legislative Rep Visit Content Planning</i> | |
| 11:50 | 7. National Caregiver Appreciation Month | Helman |

12:05	8. Area Plan Overview Webinar	Helman
12:15	9. Area Plan 25-26 Objectives	Beards
12:30	11. Adjourn	Helman

Attachments

Minutes (9.10.2024), National Family Caregivers Month 2024: Caregiver Contract Contacts and Information, Fall Open House Pace Flyer

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Executive Committee:

Chair: Jenny Helman

Vice Chair: Robin Thompson

Secretary: Deanna Shaat

Former Chair: Diane Spain

Parliamentarian: Trayce Beards



Sonoma County
Aging & Disability Commission
Executive Committee Meeting

Minutes

Tuesday, September 10, 2024 | 11:00 am – 12:30 pm

Carnelian Conference Room, 3725 Westwind Blvd. Santa Rosa 95403

In-Person Attendance: Robin Thompson, Jenny Helman, Trayce Beards, Deanna Shaat, Monte Cimino (Guest-Commission Member), Jaime Peñaherrera (Guest-Commission Member), Jordan Rico (Guest-Community Partner) | **Zoom**

Attendance: Diane Spain, Cynthia Scarborough (Guest-Public) | **Staff:** Sara Avery, Betsey Harper, Jordan Rico (DSL), Cassandra Denson (Zoom Moderator/Notetaker) | **Absent:** N/A

- Welcome & Introductions (Helman)(11:00am)**
- Approval of 08.6.2024 Executive Committee Minutes (Helman)**
 - Approved as written.
- Public Comment and Council Member Open Forum**
 - Guest "Wade": Commented on the County's Master Plan for Aging, housing affordability/accessibility, Proposition 1, and Roseland community organizing.
- No Wrong Door Standing Committee of the Commission (Harper/Rico)**
 - Reviewed the purpose of the committee.
 - Meetings are subject to Brown Act regulations.
 - 20% of members must be consumers of Long-Term Support Services or a Caregiver.
 - All Commission Members will be invited to participate in the first meeting, then the Committee will require a commitment from members that participate.
- Chair Updates (Helman)**
 - Commission Representation on TACC-
 - Terry Kelley has offered to continue attending TACC meetings over Zoom, but Jenny Helman will be filling in for the next few meetings due to scheduling conflicts.
 - Trayce Beards recommended the Commission hold the role of reporting to TACC instead of Adult & Aging Staff. Staff will provide support for data collection as needed.
 - Jenny Helman will check to see if the Commission can access other AAA's reports.
 - Orientation and Mentorship of New Members
 - Sara Avery will reach out to Monte Cimino to schedule the orientation.



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- Jenny Helman will be asking for a volunteer new member "buddy" for Monte.
 - Attendance Accountability & Reporting Plan: *To be added as a quarterly Executive Committee Agenda Item*
- 6. Staff Updates (Avery)**
- Program Manger Recruitment Update
 - Interviews have been completed. The next step is reference checks.
 - Role of Commission in MPA
 - No formal role for the Commission to implement actions or participate.
 - MPA Program Manager will report out to the Commission.
 - Status of MOW Waitlists
 - Council on Aging waitlist holds 228 individuals (the list started in April).
 - PPSC has started a waitlist, they will send data on the list next week.
 - Service Providers have provided public comments that the waitlists are caused by a lack of resources. Adult & Aging is looking into alternative resources for funding.
 - Staff will start an evaluation and present a report to the Commission.
- 7. 24-27 Objectives (Beards)**
- This draft would be approved by the Commission and sent to the Board of Supervisors.
- 8. Standing & Ad Hoc Committee Report- Action (Helman/Beards)**
- Community Engagement Ad Hoc Committee
 - Leg Rep Visit Content Planning
 - The meeting will be held in October. Ad Hoc would plan the content around what the Commission wants to know from the Reps.
- 9. Planning Day Follow-up (Helman)**
- 24-25 Priorities
 - A visual chart was recommended for visual learners. Robin Thompson volunteered to create these visuals.
 - Funding presentation
 - A fact sheet will be created by staff for funding information and will be available later in the fall.
- 10. Aging & Disability Commission Agenda Review (Helman)**
- Diane will work on certificates for the Senior Centers.
 - Add 24-25 Report and Robin's visuals.



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11. Adjourn (Helman) **(12:31pm)**

DRAFT

NATIONAL FAMILY CAREGIVERS MONTH

November is a time to show support and to honor our nation's vital caregivers during National Family Caregivers Month. Join us in acknowledging and honoring families who are often caregiving "around the clock". That means around-the-clock dedication, organization, responsibility, scheduling, and hands-on care.

Families are often the primary source of support for older adults and people with disabilities. In fact, today in America, more than 53 million family caregivers provide unpaid care. That's an economic value totaling more than \$470 billion.

That's why every November we celebrate National Family Caregivers Month. While family caregivers should be celebrated every day, this is a time to recognize and honor caregivers nationally, raise awareness around caregiving issues, educate communities, and work to increase support for our nation's caregivers.

The Aging & Disability Commission will Celebrate National Family Caregivers Month by learning and sharing about the local programs that support family member caregivers.

Organization	Programs	Contact
Alzheimer's Association	<ul style="list-style-type: none">• Assessment• Support Groups• Training	Shelley Dombroski sdombroski@alz.org
Council on Aging	<ul style="list-style-type: none">• Adult Day Program• Alzheimer's Day	Jamie Escoubas jescoubas@councilonaging.com Marriane McBride: mmcbride@councilonaging.com
Petaluma People Services Center	<ul style="list-style-type: none">• Support Groups• Adult Day Program	Daphne Scott: daphne@petalumapeople.org Elece Hempel: elece@petalumapeople.org
Redwood Caregivers Resource Center	<ul style="list-style-type: none">• Caregivers Health Promotion• Respite• Assessment• Support Groups	Nancy Powers-Stone: nps@redwoodcrc.org
Human Services Department, Adult & Aging	<ul style="list-style-type: none">• In Home Supportive Services Public Authority	Eric Glentzer: eglentze@schsd.org

To learn more:

- [How to Honor Caregivers During National Family Caregivers Month \(ncoa.org\)](https://www.ncoa.org)
- [National Family Caregivers Month | ACL Administration for Community Living](https://www.acladmin.org)



AgeWell **PAGE**

OPEN HOUSE

Come meet our wonderful team
and tour our beautiful facility!
While enjoying some snacks and
a fun activity.



Monday, Oct. 21st, 2024 3-5pm

RSVP by Oct.14 to info@agewell.org or call
(707) 615-4437

5789 State Farm Drive,
Rohnert Park, CA 94928



SONOMA COUNTY AGING & DISABILITY COMMISSION

Commission Meeting

Location: Carnelian Conference Room,
3725 Westwind Blvd. Santa Rosa 95403

Date: Wednesday, October 16, 2024

Time: 1:00 pm – 3:00 pm

Public Zoom Link:

Agenda

1:00	1. Welcome and Introductions	Helman
1:00	2. Approval of Minutes (9.18.2024)	Helman
1:05	3. Public Comment and Council Member Open Forum	
1:15	4. Chair Updates <ul style="list-style-type: none">Caregiver Appreciation Month	Helman
1:20	5. Director/Staff updates <ul style="list-style-type: none">MPA Kick-Off Meeting ReportProgram Manger Recruitments UpdateMOW Waitlists	Dunaway/Avery
1:25	6. Area Plan TBD	Helman
1:30	7. Pace	
1:35	8. Standing & Ad Hoc Committee Report <ul style="list-style-type: none"><i>Standing Committee: No Wrong Door</i><i>Ad Hoc Committee: Community Engagement</i>	Helman

		<ul style="list-style-type: none"> • <i>Ad Hoc Committee: Leg Rep Visit Content Planning</i> 	
	2:00	**Break**	
	2:50	9. National MPA Report Out	Larson
	3:00	11. Adjourn	Helman

Attachments

Minutes (6.19.24, 8.21.2024), Master Plan on Aging Press Release, No Wrong Door Standing Committee of Commission Informational Handout, 24-25 Objectives Report, Aging & Disability Commission Priorities

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