



SONOMA COUNTY

AGING & DISABILITY COMMISSION

Executive Committee Meeting

Location: Carnelian Conference Room,
3725 Westwind Blvd. Santa Rosa 95403

Date: Tuesday, September 10, 2024

Time: 11:00 am – 12:30 pm

Public Zoom Link: <https://zoom.us/j/98787194393?pwd=qszyalg9rErMcGllbMj3LKbjbZmaU8.1>

Agenda

- | | | |
|-------|---|-------------------------------|
| 11:00 | 1. Welcome and Introductions | Helman |
| 11:00 | 2. Approval of the 8.2.2024 Executive Committee Minutes | Helman |
| 11:05 | 3. Public Comment and Council Member Open Forum | |
| 11:10 | 4. No Wrong Door Standing Committee of Commission | Betsey Harper/
Jordan Rico |
| 11:25 | 5. Chair Updates | Helman |
| | <ul style="list-style-type: none">• Commission Representation on TACC• Orientation and Mentorship of New Members• Attendance Accountability & Reporting Plan: <i>To be added as a quarterly Executive Committee Agenda Item</i> | |
| 11:30 | 6. Staff updates | Avery |
| | <ul style="list-style-type: none">• <i>Program Manger Recruitment Update</i>• <i>Role of Commission in MPA</i>• <i>Status of MOW Waitlists</i> | |

11:40	7. 24-25 Objectives	Beards
11:50	8. Standing & Ad Hoc Committee Report—Action <ul style="list-style-type: none"> • Community Engagement Ad Hoc Committee • Leg Rep Visit Content Planning-Action 	Helman/Beards
12:00	9. Planning Day Follow-Up 24-25 Priorities Funding Presentation	Helman
12:20	10. Aging & Disability Commission Agenda Review	Helman
12:30	11. Adjourn	Helman

Attachments

Minutes (8.2.2024), Aging & Disability Commission Draft Agenda, Planning Day Report: Commission 24-25 Priorities

Supplemental materials related to an agenda item are available for public inspection during normal business hours at the Adult & Aging Office, 3725 Westwind Blvd., Suite 101, Santa Rosa. All listed times are approximate and subject to change. Agenda items are scheduled for consideration by the Commission, which may or may not choose to act. Breaks may be called at the discretion of the Chair. If you need any accommodation to effectively participate, please contact aaa@schsd.org or (707) 565-5238 at least 48 hours prior to the meeting. To receive the AAA Newsletter: AAA@schsd.org.

<p>Executive Committee:</p> <p>Chair: Jenny Helman</p> <p>Vice Chair: Robin Thompson</p> <p>Secretary: Deanna Shaat</p> <p>Former Chair: Diane Spain</p> <p>Parliamentarian: Trayce Beards</p>



Sonoma County
Aging & Disability Commission
Executive Committee Meeting

Minutes

Tuesday, August 6, 2024 | 11:00 am – 12:30 pm

Carnelian Conference Room, 3725 Westwind Blvd. Santa Rosa 95403

In-Person Attendance: Robin Thompson, Jenny Helman, Trayce Beards, Deanna Shaat | **Zoom Attendance:** Diane Spain, Cynthia Scarborough (Guest) | **Absent:** N/A | **Staff:** Sara Avery, Cassandra Denson (Zoom Moderator & Notetaker)

- 1. Welcome & Introductions (Helman)(11:06am)**
- 2. Approval of 06.11.2024 Executive Committee Minutes (Helman)**
 - Approved as written.
- 3. Public Comment and Council Member Open Forum**
 - Cindy Scarborough- SSU received a grant from the National Institute of Health regarding Chromosome Ordering which could be useful in combating aging diseases.
- 4. Staff Updates (Avery)**
 - Community & Administrative Services Program Development Manager Position is open for applications. Looking at onboarding by October.
 - (Time Limited) Master Plan for Aging Program Manager is also open for applications.
- 5. Planning Day Agenda Review (Helman)**
 - Committee: Robin Thompson, Priyanka Varma, Jenny Helman
 - Reviewed Agenda updates/changes
 - Reviewed the plan for activities
 - Sara Avery will consult with Paul Dunaway on the requirement for a Public Zoom option.
 - Cindy Scarborough plans to join Planning Day as a community member.
 - Robin Thompson will send any printed materials to Sara Avery in advance so A&A staff can print items.
- 6. National Senior Center Month Planning (Helman)**
 - Senior Centers will be invited to the September A&D Commission Meeting.
 - Commissioners will be doing site visits to learn more about their assigned center. They will present four (4) pre-determined questions/topics.
 - Jenny Helman will email Sara Avery the Questions/Topics.
- 7. Membership Status Updates (Helman)**



Sonoma County
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Executive Committee Meeting

- Emeritus Status will be given to Don Streeper. He plans on attending the Planning Day. Recognition will be given to him during the September Meeting.
- Monte Cimino applied for Commission membership. Jenny Helman Action: Move to bring Monte Cimino's application to a vote at the full Commission meeting. 1st Motion: Robin Thompson, 2nd Motion: Deanna Shaat

8. Attendance Accountability & Reporting Plan (Helman)

- Jenny Helman will announce attendance requirements at Planning Day.
 - Attendance will be regularly reviewed by the Executive Committee.
- 9. Adjourn (Helman) (11:55am)**

DRAFT

1. Inclusion and Equity

I feel comfortable	I feel semi-comfortable	I am not comfortable
10	10	10

List of Priorities:

1. Increase communication with BIPOC community + relationship building - 4 votes
2. Diversity on commission – 4 votes
3. Work from home opportunities – 3 votes
4. Mental health services – 7 votes
5. Online resource navigation through the HUB – 6 votes
6. Culturally and linguistically competent services – 9 votes

2. Housing for All Ages & Stages

I feel comfortable	I feel semi-comfortable	I am not comfortable
14	5	3

List of Priorities:

1. Advocacy for: More affordable housing money for senior housing, more dedicated senior housing, extend assisted living waiver program – 9 votes
2. More money to keep people in their homes – 5 votes
3. Stabilize mobile home rents – 3 votes
4. Mental health services – 5 votes
5. Better coordination of affordable housing resources – 4 votes
6. Housing without long application and waiting period – 4 votes

3. Affording Aging

I feel comfortable	I feel semi-comfortable	I am not comfortable
8	3	14

List of Priorities:

1. Advocate for policies and infrastructure – 6 votes
2. Grants for low-income seniors – 10 votes
3. Communicate to Board of Supervisors key initiatives re: gaps in service support system – 13 votes

4. Caregiving that Works

I feel comfortable	I feel semi-comfortable	I am not comfortable
10	9	5

List of Priorities:

1. Services that meet the needs of caregivers such as insurance options for caregivers– 7 votes
2. Training for caregivers – 5 votes
3. Increase coordination between County and private/non-profit providers – 14 votes
4. More agencies eligible to bill VA insurance for those not IHSS eligible – 4 votes

5. Health Reimagined

I feel comfortable	I feel semi-comfortable	I am not comfortable
8	4	3

List of Priorities:

1. Streamlining all facets of healthcare (Rohnert Park Health Center as example)– 4 votes
2. Accessible and transparent sliding scale healthcare – 3 votes
3. Immediate access to healthy food and education on aging, diet, exercise, etc. – 4 votes
4. Safety in home fall risk reduction – 6 votes

Parking Lot

List of Priorities:

1. Clear vision and values
2. Continued communication and outreach re: existence of commission and commission's mission
3. Reporting to Board of Supervisors
4. Welcoming new Program Manager



SONOMA COUNTY AGING & DISABILITY COMMISSION

Commission Meeting

Location: Carnelian Conference Room,
3725 Westwind Blvd. Santa Rosa 95403

Date: Wednesday, September 18, 2024

Time: 1:00 pm – 3:00 pm

Public Zoom Link: [Zoom Link](#)

Agenda

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|--------------|--|--------------------|
| 1:00 | 1. Welcome and Introductions | Helman |
| 1:00 | 2. Approval of Minutes (8.21.2024) | Helman |
| 1:05 | 3. Public Comment and Council Member Open Forum | |
| 1:15 | 4. National Senior Center Month Showcase
<i>September is National Senior Center Month. We see this as an opportunity to promote a positive image of aging, highlight how Sonoma County senior centers improve the lives of older adults, and to show the importance in the community.</i> | Commission Members |
| Break | | |
| 2:15 | 5. Chair Updates
• <i>Member Updates</i> | Helman |
| 2:20 | 6. Director/Staff updates
• <i>Program Manger Recruitment Update</i>
• <i>Role of Commission in MPA</i>
• <i>Meals on Wheels Waitlists Update</i> | Dunaway/Avery |

2:30	7. No Wrong Door Standing Committee of Commission	Jordan Rico
12:00	10. Adjourn	Helman

Attachments

Minutes (08.21.2024)

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