EVENT DETAILS

SUNDAY

10 SEPTEMBER 2023

Old Courthouse Sq, Santa Rosa, CA 95407

10:00am - 1:00pm





THE POWER OF CONNECTION:

10:00am - 10:15am Opening Ceremony

10:15am - 10:30am Opening Remarks

10:30pm - 10:50am Mind-Body Skill Workshop

10:50am - 11:00am Speak Life: Open Mic

11:00am - 11:15am Mid-Day Remarks

11:15am – 11:45am Advance Care Plan Workshop

11:45am - 12:00pm Speak Life: Open Mic

12:00pm - 12:15am Community Presentation*

12:15pm - 12:30pm Mind-Body Skills Workshop*

12:30pm - 1:00pm Closing Remarks / Ceremony

*En Español

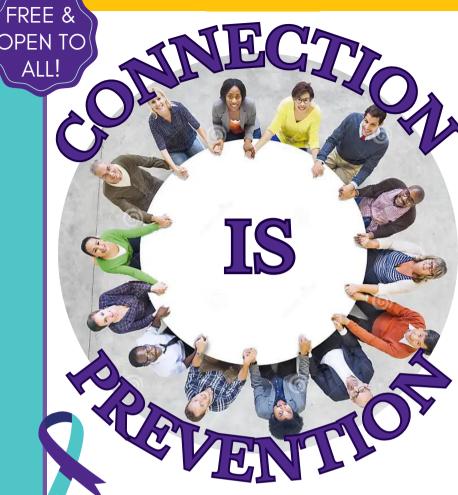
Share Hope Together FOR SUICIDE PREVENTION

SUICIDE PREVENTION WEEK: SEPTEMBER 10TH - 16TH, 2023 WORLD SUICIDE PREVENTION DAY: SEPTEMBER 10TH, 2023

TAKE ACTION CAIMHSA (KNOW

KNOW THE SIGNS. FIND THE WORDS. REACH OUT.

Join Us!



CONNECTION IS PREVENTION WITH COMMUNITY

♦ Community

RESOURCES

ENGAGING

WORKSHOPS

♦ INTERACTIVE

ACTIVITIES

♦ SELF-CARE

SKILLS

Come be a part of this enriching experience and discover how fostering connections can be the key to preventing mental health challenges. Together, lets thrive and create a stronger, more supportive community.

