# MENTAL HEALTH BOARD Executive Committee Meeting MINUTES VIRTUALLY ZOOM WEBINAR

# Wednesday, February 1, 2023

# 10:30 to Noon

In accordance with Executive Orders N-25-20 and N-29-20 the Mental Health Board Executive Committee meeting will be held virtually.

### MEMBERS OF THE PUBLIC MAY NOT ATTEND THIS MEETING IN PERSON

### Email Public Comment Prior to the Meeting:

You may email public comment to <u>DHS-MHB@sonoma-county.org</u> no later than five days prior to the meeting. All emailed public comments will be forwarded to all Board Members. During the meeting, if you have joined as a member of the public in the Zoom app or by calling in, there will be specific points throughout the meeting assigned to public comment.

### **REASONABLE ACCOMMODATION:**

If you have a disability, which requires an accommodation or an alternative format to assist you in observing and commenting on this meeting, please contact the Clerk of the Mental Health Board at (707) 565-4854 or by email DHS-MHB@sonoma-county.org by 12:00 noon, Friday, October 15<sup>th</sup>, to ensure arrangements for accommodation.

The rules for public observation and comment supersede and replace the standard provisions for the duration of the public health emergency.

#### Mental Health Board Executive Committee Agenda \*Revised 1/25/23

- 1. MHB Treasurer's Report \$1,909.91
- Recruitment and retention of MHB members Vacancies 1 vacancy one in District 2 (Rabbitt; MaryAnn Swanson has submitted her intent to reinstate her seat in District 2) and one in District 5 (Hopkins)
- 3. Ethics Training Reminder; An email will be sent shortly with those that are pending
- 4. \*Representative from Supervisor Gorin's office to present for 3-5 minutes
- 5. Discuss Board Planning: Special Topic Presentation, -
- 6. BH Director's Report/DHS-BH Budget Update/Systems Transformation
- 7. Other Reports Including CALBHB/C and Ad hoc committees; Legislative Agenda Items: PAM and Mental Health Services/Needs at Sonoma County Main Adult Detention Facility PAM (program assessment matrix) matrix and site visits.
- 8. Discuss MHB acknowledging SCBH staff:
- 9. MHB Chair's Report
- 10. Site Visit Committee Michael Reynolds to announce dates and if volunteers are needed
- 11. Future topics to add to agenda
- 12. Public Comment

#### Next MHB Meeting Agenda 2/21/2023-

- Roll Call
- Approval of Minutes for January 17th Board Meeting
- Consumer Affairs Report Consumer news, issues, concerns Michael Reynolds
- Behavioral Health Director's Report/BH Fiscal Update/Mental Health System Transformation
- Mental Health Board Appreciation: Dr. Susie Shin Calandrella;
- Special Presentations: Dr. Donna Broadbent; Family, youth & Health Services MHSA update from Melissa Ladrech/Fabi Espinosa 3-5 minute presentation - Supervisor Gorin's office
- Public Comment/Wrap-Up
- Adjournment

AGENDA ITEM	DISCUSSION	RESOLUTION/ACTION
Treasurer's Report	Balance \$1,909.91	No change
Recruitment and Retention of MHB Members	Two vacancies: One in District 1 (Rabbitt) and One in District 5 (Hopkins).	<ul> <li>Email sent to Nichole LeStrange for update on moving forward to District 5. Michael has moved to District 5 and will request a transfer from Lynda Hopkins. Kathy Smith would give up her seat and become an attendee as/when needed.</li> </ul>
Special Topic 2/21/2023	Dr. Donna Broadbent with Family, Youth & Children's Services – Michael Reynolds will reach out Child Psychiatrist – no name yet; Kathy working on this	<ul> <li>February Special Topic         <ul> <li>Dr. Donna Broadbent, Child</li> <li>Psychiatrist; MHSA Update</li> <li>Melissa Ladrech/Fabi Espinosa</li> </ul> </li> <li>March Special Topic</li> <li>Shelby; TLC Representative</li> <li>April Special Topic</li> <li>North County</li> </ul>
Director's Report/DHS-BH Budget Update/Updates of MH Systems Transformations Link to County of Sonoma, DHS-BH link: http://sonomacounty.ca.gov/Health/Be havioral-Health/	Dr. Jan Cobaleda-Kegler	<ul> <li>Working to prepare for the external quality review coming next week. Good response for participation in our focus group</li> <li>We had a very busy year last year         <ul> <li>Jan came on, we opened the Crewstwood Psych Facility, Started work on the mobile support teams, and all the CalLAIM requirement preparation, working on implications of new electronic health record (Streamline). Wendy Wheelwright stepped up to help on an Interim basis.</li> </ul> </li> <li>Staff Recruitment &amp; Retention – we are consistently at a 25% job vacancy, and yet so many people have joined us. Others however, retire, go to work for other counties, etc. Union is working with county leadership to try to increase salaries as we compete with other counties; one county is offering \$25.00 per hour more than we are at this time. CalMesa is always coming up with great ideas, and they are spearheading the PEER certification process. This will help address shortages of therapists, etc.</li> </ul>

		•	CalMesa also issued an RFP to
		-	universities looking for schools
			who may want do a workforce
			partnership. An agreement has
			been completed with Palo Alto
			University; would consist of 50
			students total (25 of which are in
			rural counties and/or bilingual).
			This student would get a master's
			degree in counseling. Our MHSA
			would pay for that person's
			education with the requirement of
			staying with us for 7 years. This
			really only breaks own into 3 years
			of work since it takes 4 years for
			the education. Kathy Smith stated
			that Maryann Swanson is reaching
			out to SSU on this same topic.
			Dave Kiff is our new Homelessness
		•	
			Division Director; Jan thinks it
			would be great to invite him to
	E.L.		meet the board.
Acknowledgement of SCBH Staff	February	•	Family Youth & Children Services Child Psychiatrists (Dr. Donna
			Broadbent) and the County's
			Youth & Family Services (Dr. Susie
			Shin-Calandrella to represent?)
MHB Site Visits	Michael Reynolds	•	Michael Martin at the Russian
			River Empowerment Center has
			Mondays and Wednesdays after
			2:00 p.m. available. Others are in
			the works still, should have an
			update in the next week or so.
			Michael will send an email out to
			me to send out to get possible
			interests and people can start
			planning.
MHB Chair Report		•	Public Records inquiry – Kathy
			asked if it was resolved (it was).
MH Board Member Discussion	Future Topics	•	Mary Ann Swanson brought up a
	•		question of what our efforts are to
			bring on bilingual social workers.
			She knows of some that have their
			MSW degrees but are not licensed
			and need to put in licensing hours
			"somewhere". Jan advised we are
			looking to develop a contract with
			an LCSW Supervisor that among
			other things, could provide those
			hours.
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