

## CSU Service Notes

**P - (Purpose):** Crisis stabilization for Sonoma County 5350 conserved client dx'd with Schizoaffective d/o bipolar type who is currently awaiting a new IMD placement.

**I - (Intervention):** Reviewed charting, spoke to Transitional Recovery manager, Charles Alarie about placement for Anthony, spoke to Charge RN about referral to Sonoma Crestwood Healing Center PHF. Met with him on the unit to reassess acuity, safety, MH status. I spoke to Anthony about his possible placement at the PHF. Encouraging him to cooperate with staff at the PHF and take his medications.

**R - (Response):** Anthony was appropriate on the unit today, friendly, internally occupied, talks to himself- however, he agrees to give it a try and to take his medications as prescribed by the MD.

**PL - (Plan):** Continue to provide crisis stabilization services to reduce symptoms of schizoaffective disorder, bipolar type while client awaits placement.

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**P - (Purpose):** Crisis Stabilization Services to decrease Andrea's risk of suicide.

**I - (Intervention):** Discussed Andrea's suicide attempt and started to develop safety plan.

**R - (Response):** Andrea was pleasant and made more eye contact than last night. She reported feeling less suicidal and had a clear plan to keep herself safe. Because of her current psychiatric fragility and recent suicide attempt, she continues to meet CSU criteria.

**PL - (Plan):** Andrea will remain at CSU until morning shift when she will be re-evaluated.

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**P - (Purpose):** Crisis Stabilization Services to maintain client safety while finding hospital placement for Bill.

**I - (Intervention):** Called Marin General to ask about any available beds. Advocated for Bill with social worker, despite Bill's previous unsuccessful hospitalizations at Marin General.

**R - (Response):** Marin General social worker was hesitant to accept Bill given previous hospitalizations. She said to send in a referral packet, and she would discuss it with her supervisor.

**PL - (Plan):** Clinician will complete referral packet for Marin General. Client will remain at CSU while awaiting hospital placement.

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**P - (Purpose):** Crisis Stabilization to address Andrea's suicidal behavior due to symptoms of Major Depressive Disorder.

**I - (Intervention):** Checked on Andrea to determine if she was safe.

**R - (Response):** Andrea is currently sleeping.

**PL - (Plan):** Andrea to remain at CSU through the night to ensure her safety. Will be reassessed at morning shift.