HEPATITIS A VIRUS INFECTION

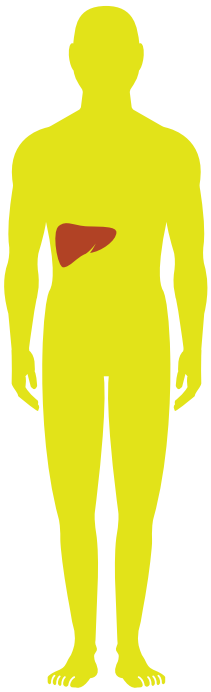
sonoma county
DEPARTMENT OF HEALTH SERVICES

Why Should You Care About Hepatitis A?

Hepatitis A is a liver infection caused by the Hepatitis A virus (Hep A). Hep A is highly contagious. It can cause liver disease lasting a few weeks to a serious illness lasting months. In some cases, people can die. Hepatitis A can be prevented with a safe and effective vaccine and by safe hygiene practices. Most infections result from close personal contact with an infected household member or a sexual partner.

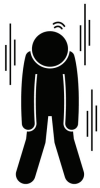
How Does Hepatitis A Spread?

- Touching objects or eating food that someone with Hepatitis A infection handled
- Having sex with someone who has a Hepatitis A infection



What Are the Symptoms of Hepatitis A?

Fever



Fatigue

Nausea

Loss of appetite

Jaundice (yellowing of the skin or eyes)

Stomach pain

Vomiting

Dark urine, pale stools, and diarrhea

If you think you have Hepatitis A because of these symptoms, see your doctor or visit the closest Emergency Room.

How Can You Prevent Hepatitis A?

- Wash your hands frequently, especially after using the bathroom
- Get vaccinated
- Don't share food, drinks, or smokes with other people
- Don't have sex with someone who has Hepatitis A infection

For More Information

- Talk to your healthcare provider
- Visit the Sonoma County Department of Health Services website: SonomaCounty.ca.gov/Health/Services/Hepatitis-A/

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