## Overview

Monitoring trends in birth rates over time helps project potential needs for prenatal, maternity, and obstetric services as well as for education, child care, health care, and other services for children. Understanding the demographic composition of mothers and children provides important insight into the needs of these populations today and guides policies that will best support them in the future.

According to data from the National Center for Health Statistics ${ }^{1}$ in 2013, the number and rate of births declined in the United States, a trend also seen in the county.

Figure 1. Birth rate per 1,000 population, three year moving average- Sonoma County and California 2000-2013


## Trend

- The Sonoma County birth rate remained significantly lower than the California birth rate (Figure 1).
- The Sonoma County and California birth rates decreased significantly from 2000-2002 to 2011-2013-a decrease of about $13 \%$ over the time period.
- On average, there were about 600 fewer births to Sonoma County residents annually from 2011-2013 than in 20002002.

Figure 2. Birth rate by race/ethnicity per 1,000 population, three year moving average - Sonoma County 2000-2013


## Race/Ethnicity

- The birth rate decreased most significantly among Hispanic (33\%) and Asian/Pacific Islanders (28\%) residents in Sonoma County (Figure 2).
- The number of births to white residents decreased by more than 750 annually (19\%) since 2000-2002.
- The birth rate among the multi-racial population increased from 2000-2002 to 2007-2009 (36\%) but then decreased by almost $18 \%$ over the four subsequent time periods.


## Age-Specific Birth Rate

- Birth rates among Sonoma County women aged 15-19 and 2029 continued their decreasing trend. Teen birth rates have decreased $42 \%$ since 2000-2002 while the rate for women 20 29 years has decreased by almost 28\% (Figure 3).
- Birth rates for older women in Sonoma County have increased. The rate for women 30-39 and 40+ years increased by $15 \%$ and $19 \%$, respectively, over the time period.

Figure 3. Age-specific birth rate per 1,000 women , three year moving average- Sonoma County 2000-2013


Table 1. Birth rate per 1,000 population, three year moving average-Sonoma County 2000-2013

|  | $\begin{aligned} & 2000- \\ & 2002 \\ & \hline \end{aligned}$ | $\begin{gathered} 2001- \\ 2003 \\ \hline \end{gathered}$ | $\begin{aligned} & 2002- \\ & 2004 \\ & \hline \end{aligned}$ | $\begin{aligned} & 2003- \\ & 2005 \\ & \hline \end{aligned}$ | $\begin{gathered} 2004- \\ 2006 \\ \hline \end{gathered}$ | $\begin{aligned} & 2005- \\ & 2007 \\ & \hline \end{aligned}$ | $\begin{gathered} 2006- \\ 2008 \\ \hline \end{gathered}$ | $\begin{aligned} & 2007- \\ & 2009 \\ & \hline \end{aligned}$ | $\begin{aligned} & 2008- \\ & 2010 \\ & \hline \end{aligned}$ | $\begin{aligned} & 2009- \\ & 2011 \\ & \hline \end{aligned}$ | $\begin{aligned} & 2010- \\ & 2012 \\ & \hline \end{aligned}$ | $\begin{gathered} \text { 2011- } \\ 2013 \\ \hline \end{gathered}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sonoma County | 12.1 | 12.1 | 12.3 | 12.2 | 12.2 | 12.0 | 12.0 | 11.7 | 11.4 | 11.0 | 10.7 | 10.4 | v |
| California | 15.3 | 15.2 | 15.2 | 15.3 | 15.3 | 15.4 | 15.5 | 15.0 | 14.4 | 13.7 | 13.4 | 10.2 | v |
| Race/ethnicity |  |  |  |  |  |  |  |  |  |  |  |  |  |
| White non-Hispanic | 9.0 | 8.9 | 8.8 | 8.5 | 8.3 | 8.2 | 8.0 | 7.9 | 7.9 | 7.8 | 7.5 | 7.4 | v |
| Hispanic | 24.0 | 24.0 | 24.3 | 24.1 | 24.4 | 23.9 | 23.9 | 22.5 | 20.9 | 19.1 | 17.6 | 16.1 | v |
| Asian/Pacific Islander | 16.8 | 17.3 | 16.6 | 16.1 | 14.8 | 13.7 | 12.8 | 12.1 | 11.1 | 10.8 | 11.1 | 12.0 | v |
| African American | 11.1 | 10.8 | 11.5 | 9.6 | 9.1 | 8.4 | 9.3 | 9.6 | 9.1 | 8.9 | 8.7 | 8.2 | v |
| American Indian | 12.7 | 11.0 | 12.5 | 12.5 | 11.3 | 9.9 | 10.8 | 10.9 | 10.5 | 10.4 | 11.4 | 12.5 |  |
| Multi-Race | 8.2 | 7.8 | 8.5 | 8.3 | 9.2 | 9.5 | 11.1 | 11.2 | 11.0 | 10.5 | 9.9 | 9.5 | $\wedge$ |
| Mother's age |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $15-19 \mathrm{yr}$ | 27.8 | 26.8 | 27.5 | 26.2 | 26.1 | 24.1 | 25.1 | 23.2 | 22.6 | 19.9 | 18.7 | 16.1 | v |
| $20-29 \mathrm{yr}$ | 102.2 | 100.7 | 97.3 | 94.4 | 92.1 | 89.4 | 88.0 | 84.6 | 79.6 | 77.0 | 74.9 | 73.8 | $v$ |
| 30-39 yr | 69.9 | 73.7 | 78.9 | 81.8 | 84.1 | 84.9 | 85.4 | 85.7 | 85.3 | 83.4 | 81.6 | 80.7 | $\wedge$ |
| 40+ yr | 5.4 | 5.6 | 6.0 | 6.0 | 6.2 | 6.0 | 6.3 | 6.6 | 7.2 | 7.3 | 6.6 | 6.5 | $\wedge$ |

v Significant decrease from 2000-2002 to 2011-2013 p<. 05
^ Significant increase from 2000-2002 to 2011-2013 p<. 05

Table 2. Birth rate per 1,000 population, three year averageSonoma County 2011-2013

|  | Annual <br> average | Rate | 95\% <br> Confidence <br> interval |
| :--- | :---: | :---: | :---: |
| Sonoma County | 5092 | 10.4 | $10.2-10.4$ |
| California | 50017 | 13.2 | $13.2-13.3$ |
| Race/ethnicity |  |  |  |
| White non-Hispanic | 2371 | 7.4 | $7.2-7.5$ |
| Hispanic | 1999 | 16.1 | $15.7-16.5$ |
| Asian/Pacific Islander | 232 | 12.0 | $11.1-12.9$ |
| African American | 62 | 8.2 | $7.1-9.5$ |
| American Indian | 45 | 12.5 | $10.5-14.8$ |
| Multi-Race | 122 | 9.5 | $8.5-10.5$ |
| Mother's age |  |  |  |
| 15-19 yr | 258 | 16.1 | $15.0-17.3$ |
| 20-29 yr | 2284 | 73.8 | $72.2-75.5$ |
| 30-39 yr | 2328 | 80.7 | $78.9-82.5$ |
| 40+ yr | 212 | 6.5 | $6.0-7.0$ |

## References

1. Martin JA, Hamilton BE, Osterman MLK, et al. Births: Final data for 2013. National vital statistics reports; vol 64 no 1. Hyattsville, MD: National Center for Health Statistics. 2015.
