Coverage Period: 06/01/2019 – 05/31/2020 Coverage for: Individual + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage contact the County of Sonoma Human Resources Department, Benefits Unit, at (707) 565-2900, or call Anthem at (855) 333-5730. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call (855) 333-5730 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$300/member or \$900/family. All Providers.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> , Primary Care visit, <u>Specialist</u> visit, mental/behavioral health or substance use disorder office visit, and <u>Urgent Care</u> for PPO <u>Providers</u> . Outpatient <u>prescription</u> <u>drugs</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No. There are no other specific <u>deductibles</u> .	You don't have to meet <u>deductibles</u> for specific services.
What is the out-of-pocket limit for this plan?	For Medical Plan: \$2,300/member or \$4,900/family. All <a href="Providers">Providers</a> .  For outpatient <a href="prescription drugs">prescription drugs</a> : \$1,100/member or \$1,700/family. All <a href="Providers">Providers</a> .	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	For Medical Plan: Premiums, balance-billing charges, outpatient prescription drugs, penalties for failure to obtain preauthorization, and health care this plan doesn't cover.  For outpatient prescription drugs: Premiums, balance-billing charges, penalties for failure to obtain preauthorization, medical plan expenses, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a network provider?	Yes, Prudent Buyer PPO. See <a href="https://www.anthem.com/ca">www.anthem.com/ca</a> or call (855) 333-5730 for a list of <a href="https://www.anthem.com/ca">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All  $\underline{\text{copayment}}$  and  $\underline{\text{coinsurance}}$  costs shown in this chart are after your  $\underline{\text{deductible}}$  has been met, if a  $\underline{\text{deductible}}$  applies.

Common Medical Event	Services You May Need	What You <u>Network Provider</u> (You will pay the least)	Will Pay  Out-of-Network Provider  (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a	Primary care visit to treat an injury or illness	\$20 <u>copayment</u> /visit <u>deductible</u> does not apply	40% <u>coinsurance</u>	None
health care provider's office	Specialist visit	\$20 <u>copayment</u> /visit <u>deductible</u> does not apply	40% <u>coinsurance</u>	None
or clinic	Preventive care/screening/immunization	No charge, <u>deductible</u> does not apply.	40% <u>coinsurance</u>	You may have to pay for services that aren't preventive.  Ask your provider if the services needed are preventive.  Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	10% <u>coinsurance</u>	40% <u>coinsurance</u>	None
	Imaging (CT/PET scans, MRIs)	10% <u>coinsurance</u>	40% <u>coinsurance</u>	Preauthorization of certain imaging tests is required to avoid a financial penalty.

C	Common Services Vov. What You Will Pay		Limitations Essentians	
Common Medical Event	Services You May Need	Network Provider	Out-of-Network Provider	Limitations, Exceptions, & Other Important Information
	Generic	(You will pay the least)  Retail pharmacy for 34-day supply: \$5 copayment / prescription; Mail Order for 90-day supply: \$10 copayment / prescription.  No charge for FDA-approved generic contraceptives.	(You will pay the most)	<ul> <li><u>Deductible</u> does not apply.</li> <li>You pay the lesser of the <u>copayment</u> or the drug cost.</li> </ul>
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.caremark.com	Preferred / Brand	Retail pharmacy for 34-day supply: \$20 copayment / prescription; Mail Order for 90-day supply: \$40 copayment / prescription. No charge for FDA-approved brand name contraceptive if a generic is medically inappropriate or unavailable.	If you fill a prescription at an Out-of-Network pharmacy, you pay 100% for the drug at the time of purchase and file a claim with Caremark for reimbursement and Plan reimburses no more than it would have paid had you used a network pharmacy.	<ul> <li>Some prescription drugs are subject to preauthorization (to avoid non-payment), quantity limits or step therapy requirements.</li> <li>The Plan provides a mandatory generic program meaning that if a brand name drug is dispensed in place of a generic, regardless of whether you or your doctor request it, you will pay the brand copayment plus the difference in cost between the generic and brand name drug.</li> <li>Certain over-the-counter (OTC) and prescription drugs</li> </ul>
or call 1-800-966- 5772.	Non- <u>Preferred</u>	Retail pharmacy for 34-day supply: \$40 copayment / prescription; Mail Order for 90-day supply: \$80 copayment / prescription.		are payable at no charge with a prescription.
	<u>Specialty</u>	You pay the same <u>copayment</u> as applies above for Generic, Preferred Brand and Non-preferred brand drugs.	Specialty drugs not covered if obtained from an Out-of-Network non-PPO retail or mail order pharmacy.	Specialty drugs require preauthorization (to avoid non-payment) by calling Caremark at 1-800-237-2767.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% <u>coinsurance</u>	40% <u>coinsurance</u>	None
surgery	Physician/ surgeon fees	10% <u>coinsurance</u>	40% <u>coinsurance</u>	None

0	Comisso Vou	What You Will Pay		Limitations Eventions	
Common Medical Event	Services You May Need	Network Provider	Out-of-Network Provider	Limitations, Exceptions, & Other Important Information	
		(You will pay the least)	(You will pay the most)		
If you need immediate medical attention	Emergency room care	\$100 <u>copayment</u> /visit plus 10% <u>coinsurance</u>	\$100 <u>copayment</u> /visit plus 10% <u>coinsurance</u>	If admitted, ER <u>copayment</u> is waived. 10% <u>coinsurance</u> for Emergency Room Physician Fee PPO <u>Providers</u> .  40% <u>coinsurance</u> for Emergency Room Physician Fee Non-PPO <u>Providers</u> . For non-emergency use of a non-PPO emergency room: 40% <u>coinsurance</u> .	
	Emergency medical transportation	10% coinsurance	10% <u>coinsurance</u>	None	
	Urgent care	\$20 <u>copayment</u> /visit <u>deductible</u> does not apply	40% <u>coinsurance</u>	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$125 <u>copayment</u> / admission plus 10% <u>coinsurance</u> .	\$125 <u>copayment</u> / admission plus 40% <u>coinsurance</u> .	Elective hospital admission, bariatric surgery and transplant services require preauthorization to avoid a financial penalty.	
nospital stay	Physician/ surgeon fees	10% coinsurance	40% coinsurance	None	
If you need mental health,	Outpatient services	Office Visit: \$20 copayment/ visit deductible does not apply Other Outpatient: 10% coinsurance	Office Visit: 40% <u>coinsurance</u> Other Outpatient: 40% <u>coinsurance</u>	None	
behavioral health, or substance abuse services	Inpatient services	\$125 <u>copayment</u> per admission plus 10% <u>coinsurance</u> .	\$125 <u>copayment</u> per admission plus 40% <u>coinsurance</u> .	Elective hospital and residential treatment facility admission requires <u>preauthorization</u> to avoid a financial penalty. 10% <u>coinsurance</u> for Inpatient Physician Fee PPO <u>Providers</u> . 40% <u>coinsurance</u> for Inpatient Physician Fee Non-PPO <u>Providers</u> .	
	Office visits	No charge, <u>deductible</u> does not apply	40% <u>coinsurance</u>	<ul> <li><u>Cost sharing</u> does not apply for preventive services.</li> <li>Maternity care may include tests and services described</li> </ul>	
If you are pregnant	Childbirth delivery professional services	10% <u>coinsurance</u>	40% <u>coinsurance</u>	<ul> <li>elsewhere in the SBC (i.e. ultrasound).</li> <li>Prenatal care (other than PPO office visits and ACA-required preventive screenings) is not covered for dependent children.</li> </ul>	
	Childbirth delivery facility services	\$125 <u>copayment</u> / admission plus 10% <u>coinsurance</u>	\$125 <u>copayment</u> / admission plus 40% <u>coinsurance</u>	Preauthorization is required to avoid a financial penalty only if hospital stay is longer than 48 hours for vaginal delivery or 96 hours for C-section.	

Common	Services You	What You Will Pay		Limitations, Exceptions,	
Medical Event	May Need	<u>Network Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	& Other Important Information	
If you need help recovering or	Home health care	10% coinsurance	40% <u>coinsurance</u>	Home health and home infusion therapy services require preauthorization to avoid a financial penalty. Maximum of 100 visits/plan year.	
		Outpatient: 10% coinsurance	Outpatient: 40% coinsurance		
	Rehabilitation services	Inpatient: \$125 <u>copayment</u> / admission plus 10% <u>coinsurance</u>	Inpatient: \$125 copayment / admission plus 40% coinsurance	<u>Preauthorization</u> of inpatient rehabilitation admission is required to avoid a financial penalty.	
have other special health	Habilitation services	10% coinsurance	40% coinsurance	None.	
needs	Skilled nursing care	10% coinsurance	40% <u>coinsurance</u>	<u>Preauthorization</u> of skilled nursing facility admission is required to avoid a financial penalty. 100 days limit/benefit period.	
	Durable medical equipment	10% coinsurance	40% <u>coinsurance</u>	While breastfeeding, no charge from <u>network providers</u> for breastfeeding pump and supplies needed to operate the pump.	
	Hospice services	10% coinsurance	40% <u>coinsurance</u>	None	
If your child needs dental or eye care	Children's eye exam	No charge, <u>deductible</u> does not apply when obtained during preventive care office visit.	Not covered	If you elect additional vision coverage it will be available under a separate vision plan.	
	Children's glasses	Not covered	Not covered	1 22 22	
	Children's dental check-up	Not covered	Not covered	If you elect dental coverage it will be available under a separate dental <u>plan</u> .	

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult and Child) (unless you elect Dental coverage)
- Glasses for a child
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)

- Routine foot care unless you have been diagnosed with diabetes
- Weight loss programs (except as required by health reform law)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Abortion
- Acupuncture

- Bariatric Surgery
- Chiropractic care

- Hearing aids (one hearing aid/ear every three years)
- Infertility treatment is covered for diagnosis and surgical repair

Your Rights to Continue Coverage There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x 61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact County of Sonoma Human Resources Department, Benefits Unit, at (707) 565-2900; or Anthem at: ATTN: <u>Grievances</u> and <u>Appeals</u>, P.O. Box 4310, Woodland Hills, CA 91365-4310

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al (855) 333-5730.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (855) 333-5730.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 (855) 333-5730.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section. ------

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the cost sharing amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$300
Specialist copayment	\$20
■ Hospital (facility) copayment	\$125
Other coinsurance	10%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost	\$12,800
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#### In this example, Peg would pay:

\$300
\$150
\$1,100
\$10
\$1,560

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$300
Specialist copayment	\$20
Hospital (facility) copayment	\$125
Other <u>coinsurance</u>	10%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*alucose meter*)

Total Example Cost \$7,400
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# In this example, Joe would pay:

\$190
1,070
\$0
\$210
1,470

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$300
Specialist copayment	\$20
■ Hospital (facility) ER copayment	\$100
Other <u>coinsurance</u>	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$1,900
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#### In this example, Mia would pay:

\$300
\$180
\$120
\$0
\$600