

Consumer Run Services

SCBH contracts with *Goodwill Industries of the Redwood Empire (GIRE)* and *West County Community Services* to sponsor four consumer run self-help centers throughout Sonoma County.

- **The Wellness and Advocacy Center** - Santa Rosa
(707) 565-7800
www.wellnessandadvocacy.org
- **Interlink Self-Help Center** - Santa Rosa
(707) 546-4481
www.interlinkselfhelpcenter.org
- **Petaluma Peer Recovery Project** - Petaluma
(707) 769-5299
prrp@gire.org
- **Russian River Empowerment Center** - Guerneville
(707) 604-7264
empowerment@community-family-services.org

Family Driven Services

SCBH contracts to provide support services to family members, loved ones, and allies of mental health clients throughout Sonoma County.

Bucklew Programs Family Services Coordination

provides support, navigation, education and advocacy for family members of adults with mental illness to help access both public and private mental health services. For more information, call (707) 571-8452.

National Alliance on Mental Illness (NAMI) Sonoma County

provides education, support, and advocacy through groups, Warmline, lending library, workshops, training, and advocacy to family members and loved ones with mental health issues. For more information, call (707) 527-6655.

Consumer Relations Program

SCBH contracts with GIRE to sponsor the Consumer Relations Program, which is designed to include the voices of people with lived experience as mental health clients to improve access and participation. For more information, visit:

www.consumer-relations.org

(Revised 06/16)



sonoma county
DEPARTMENT OF HEALTH SERVICES

BEHAVIORAL HEALTH DIVISION

Mental Health & Substance Use Disorder Treatment & Recovery Services



Access Mental Health Services

(707) 565-6900

Substance Use Disorder Services

(707) 565-7450

24/7 Mental Health Crisis Services:

24 Hour Hotline: 1 (855) 587-6373

Crisis Stabilization Services: 1 (800) 746-8181

24/7 Substance Use Disorder Detox Services:

Orenda Center: (707) 565-7460

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www.sonoma-county.org/behavioralhealth

Service Philosophy

The mission of the **Sonoma County Behavioral Health Division (SCBH)** is to promote recovery and wellness to Sonoma County residents.

SCBH embraces a recovery philosophy that promotes the ability of a person with mental illness and/or a substance use disorder to live a meaningful life in a community of his or her choosing, while striving to achieve his or her full potential. The principles of a recovery-focused system include: self direction, individualized and person-centered care, empowerment and shared decision-making, and a holistic approach that encompasses mind, body, spirit, and community; strengths-based, peer support; and focus on respect, responsibility, and hope.*

SCBH fosters a collaborative approach by partnering with clients, family members, and the community to provide high quality, culturally responsive services.

Services are provided in all languages.

*adapted from the Substance Abuse and Mental Health Services Administration (SAMHSA)

Our Programs and Services

SCBH provides mental health and substance use disorder services across the service spectrum, from prevention, early intervention and treatment, to aftercare and recovery. SCBH provides these services directly or through partnerships with community based agencies.

SCBH directly administers specialty mental health treatment services to Sonoma County residents whose mental health needs are determined to be medically necessary as defined by CCR Title 9 and W&I Code 5600.

SCBH provides oversight, quality assurance, training, and site monitoring for contracted services.



For general information about services, call **(707) 565-4850**.

Crisis Services

Crisis Stabilization Unit (CSU) provides 24 hour-a-day, 7 day-a-week crisis intervention, assessment, medication, and up to 23 hours of supportive care for individuals in an acute mental health crisis. Services are available at CSU for children, youth, adults, and their families. Referrals are made to Crisis Residential Services or inpatient mental health facilities for those needing a higher level of psychiatric inpatient care.

Crisis Residential Services, contracted through *Progress Foundation*, provide around-the-clock treatment for people experiencing an acute mental health crisis. Services are voluntary.

Orenda Detox Services, contracted through *Drug Abuse Alternatives Center (DAAC)* is a 3-5 day non-medical detoxification program where adults under the influence of alcohol and/or drugs can safely withdraw from the ill effects of intoxication. Clients are assisted through the detoxification process with rest, proper diet, and education about the disease of addiction.

24 Hour Hotline is available to any Sonoma County resident who needs help. The hotline is a vital resource to any family member, loved one, friend or ally who may be worried about someone who may be suicidal. The hotline is administered by the *North Bay Suicide Prevention Program*.

Mobile & Community Response

Crisis Assessment, Prevention, and Education (CAPE) Team provides crisis response to transition age youth (ages 16-25) who may be experiencing first onset of mental illness. Services are located in fifteen Sonoma County high schools, Santa Rosa Junior College, Family Justice Center Sonoma County, Positive Images, and VOICES. CAPE also provides training and education to students, family members, teachers, and other school personnel.

Mobile Support Team (MST) responds in the community by law enforcement request to support people who may be experiencing a mental health or substance use disorder crisis. MST provides

support, referral, and follow up post-crisis to the individual experiencing the crisis, as well as to family members and loved ones, in an effort to prevent the need for future crisis response.

Community Intervention Program (CIP) provides services countywide to Sonoma County's most vulnerable populations, in their homes and at places where they congregate, on the street, or where they seek services. Populations include: people who are homeless, people with substance use disorders, ethnic and cultural communities, veterans, and people who are Medi-Cal beneficiaries or indigent, who have recently experienced a psychiatric hospitalization. **CIP** is available to law enforcement for pre-arranged community response.

Access to Mental Health Services

Access Team is the first contact to request mental health services. The **Access Team** determines individuals' level of need for mental health services. The **Access Team** provides assessment, linkage, and information and referral for mental health services for children, youth, and adults. Referrals are made to community providers or to **SCBH** treatment teams.

Adult Community-Based Services

SCBH provides the following services to people with severe and persistent mental illness: assessment, case planning and management, crisis intervention, medication support, therapy, rehabilitation (including supportive housing and employment), referral, and linkage. Services are provided on multidisciplinary teams. These teams include:

- **Integrated Health Team (IHT)**
- **Older Adult Team (OAT)** for people aged 60+ years
- **Community Mental Health Centers (CMHCs)** located in Sonoma, Petaluma, Cloverdale, and Guerneville

Full Services Partnerships (FSPs) are multidisciplinary teams that provide intensive field based specialty mental health services targeted at specific populations with a service commitment of doing "whatever it takes". These focal populations include:

- **Transition Age Youth (TAY) Team** - Services to youth ages 18-25
- **Integrated Recovery Team (IRT)** - Services for people who have co-occurring (substance use and mental health) disorders
- **Older Adult Intensive Team (OAIT)** - Services for older adults who are at risk of being placed out of their home

Assertive Community Treatment, contracted through *Telecare Sonoma ACT*, provides intensive specialty mental health services similar to an FSP, targeting mental health clients with serious mental illness who are at risk for placement at an extended care facility.

SonomaWORKS provides mental health and substance use disorder services to adults referred from Sonoma County Human Services Department as part of the Welfare to Work program.

Substance Use Disorder Treatment

- Residential treatment for Sonoma County residents who need substance use treatment
- Outpatient substance use disorder treatment for Sonoma County residents with Drug Medi-Cal or coverage through Partnership Health Plan - Substance use treatment is provided in groups and individually. Treatment for narcotic treatment programs (methadone) is for Drug Medi-Cal beneficiaries only.

Adult Forensic Services

Forensic Services offers specialty services to help people who present a risk to the public as determined by the Court.

Forensic Mental Health Services

- **Forensic Assertive Community Treatment (FACT) Team** is an FSP that works with a probation officer to provide community-based specialty mental health services to people referred through Mental Health Court.
- **AB 109 Mental Health/Probation Program** provides services for adult offenders.
- **1370 Restoration Program** provides restoration services to individuals deemed incompetent to stand trial.

Forensic Substance Use Disorder Services

- **Driving Under the Influence Program** works with the Court to provide services to first time and multiple offenders, with offices in Santa Rosa, Petaluma, Sonoma, and Guerneville.
- **Drug and DUI Court** provides case management and residential community treatment for people under Court supervision.
- **Drug Testing** provides drug testing for Sonoma County individuals enrolled in case management programs.
- **Treatment Accountability for Safer Communities (TASC)** provides case management services to Sonoma County residents transitioning from the criminal justice system into substance use residential services.

Adult Detention Services

Mental Health and Substance Use Disorder Services provided at the Main Adult Detention Facility and North County Detention Facility include:

- Mental health program focusing on inmates identified as needing mental health services while in custody
- **Starting Point** for people who may need community Substance Use Disorder (SUD) treatment

Adult Transitional Recovery Services

Transitional Recovery Program provides ongoing supervision and support to adults who require extended facility-based treatment, offering an opportunity to stabilize and prepare for community discharge.

Adult Supportive Services

Supportive Services are available only to qualifying clients with serious and persistent mental illness, as determined by the **Access Team**.

- **Housing:** **SCBH** provides a variety of residential treatment and housing options to clients receiving specialty mental health services. These options are offered in collaboration with community providers.
- **Employment:** **SCBH** works closely with

community providers to create a variety of employment options for mental health clients who are receiving specialty mental health services.

Youth & Family Community-Based Services

Specialty Mental Health Teams are multidisciplinary teams that provide services for children and youth with serious emotional disturbances. Services include medication support, case management, therapy, and referral to residential care. Services are geographically based to provide access to all Sonoma County residents.

Family Advocacy, Stabilization and Support Team (FASST) is an FSP that provides family-centered wraparound specialty mental health services for children who are at risk for out of home placement.

Substance Use Disorder Services for Children and their Families

- **Dependency Drug Court** provides court-supervised case management and referral to treatment programs for parents and guardians whose children have been, or are in danger of being, removed from the home due to substance use issues.
- **Drug Free Babies** case management program is for pregnant and delivering women to reduce the negative impact of prenatal tobacco, alcohol, and other drug exposure.

Embedded Youth & Family Services

Specialty mental health services including assessment, crisis intervention and stabilization, and medication monitoring are provided to adolescents receiving services through other Sonoma County Department of Human Services programs:

- Los Guilicos Juvenile Hall
- Valley of the Moon Children's Home
- Child Protective Services

Patient Rights Advocacy



For information about mental health rights, education, client advocacy, and complaint resolution, please call **(707) 565-4978**.