

**Mental Health Services Act
Steering Committee Meeting
MINUTES**

Monday, June 3, 2019
9:30 am to 11:30 am

1450 Neotomas Ave, Suite 200, Santa Rosa Room



MHSA Steering Committee Members:

| | | |
|---|---|--|
| <input checked="" type="checkbox"/> Buchignani, Mechelle | <input checked="" type="checkbox"/> Klohe, Erica | <input checked="" type="checkbox"/> Robbins, Bruce |
| <input checked="" type="checkbox"/> Calhoun, Gene | <input checked="" type="checkbox"/> Ladrech, Melissa | <input type="checkbox"/> Salas, Andy |
| <input checked="" type="checkbox"/> Carter, Bill | <input type="checkbox"/> Lee, Maurice | <input checked="" type="checkbox"/> Schweigman, Kurt |
| <input checked="" type="checkbox"/> Chandler, Stephanie | <input checked="" type="checkbox"/> Mackey, John | <input checked="" type="checkbox"/> Silver, Karen |
| <input checked="" type="checkbox"/> Corbin, Mandy | <input checked="" type="checkbox"/> Mason, Debbie | <input checked="" type="checkbox"/> Smith, Kathy |
| <input checked="" type="checkbox"/> Darrow, Rhonda (recorder) | <input checked="" type="checkbox"/> Murphy, Allison | <input type="checkbox"/> Standen, Susan |
| <input checked="" type="checkbox"/> Davila, Christy | <input checked="" type="checkbox"/> Olivares, Ernesto | <input checked="" type="checkbox"/> Struckmann, Angela |
| <input checked="" type="checkbox"/> Dillon-Shore, Angie | <input checked="" type="checkbox"/> Perry, Matt | <input type="checkbox"/> Torres, Jacquelyn |
| <input checked="" type="checkbox"/> Gause, Michael | <input type="checkbox"/> Polston, Selena | <input type="checkbox"/> Tunstall-Lanatti, Kathie |
| <input checked="" type="checkbox"/> Jimenez, Ozzy | <input checked="" type="checkbox"/> Ravitch, Jill | <input checked="" type="checkbox"/> Tuttelman, Sam |
| <input checked="" type="checkbox"/> Kawahara, Julie | <input checked="" type="checkbox"/> Reiff, Ellisa | |

| | Agenda Item | Details | Decisions, Items for follow-up |
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| I. | Welcome, Introductions and Operating Agreements | <p><i>Handouts:</i></p> <ul style="list-style-type: none"> A. Mental Health Services Act (MHSA) Steering Committee Meeting Agenda, April 22, 2019 B. Mental Health Services Act (MHSA) Steering Committee Meeting Minutes, March 25, 2019 C. MHSA Steering Committee June 3, 2019 PowerPoint Presentation Slides D. 2019 Calendar and Important Dates for Sonoma County Behavioral Health Division/Mental Health Services Act Steering Committee E. No Place Like Home Plan F. Sonoma County MHSA Steering Committee, Capacity Assessment Advisory Group, Roles and Responsibilities <p>Please see all MHSA postings on the County of Sonoma internet website: https://sonomacounty.ca.gov/Health/Behavioral-Health/Mental-Health-Services-Act/</p> | |

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| | | <p>Welcome/Introductions Melissa Ladrech welcomed everyone and asked for attendees' re-introductions.</p> <p>Meeting minutes, March 25th and April 22, 2019</p> <p>Updated Calendar</p> <ul style="list-style-type: none"> • Innovation Subcommittee Meeting: Wednesday, June 12, 2019, 1:00-3:00 PM 2227 Capricorn Way, Second Floor • Public Hearing with Mental Health Board on Expenditure Plan, Tuesday, June 18, 2019, 5:00 PM 1450 Neotomas Avenue, Suite 200 (Santa Rosa Conference Room) • Capacity Subcommittee Meeting: Wednesday, June 19, 2019, 10:00 AM- 12:00 PM 2227 Capricorn Way, Second Floor • Public Hearing with Mental Health Board and Stakeholders Meeting: Wednesday, August 21, 2019, 5:00 PM, Finley Center, Person Senior Wing, 2060 West College Avenue, Santa Rosa • MHSA Steering Committee Meeting: Monday, August 26, 2019, 9:30-11:30 AM 1450 Neotomas Avenue, Suite 200 (Santa Rosa Conference Room) • MHSA Steering Committee Meeting: Monday in November meeting has been changed to December 2, 2019, 9:30-11:30 AM 1450 Neotomas Avenue, Suite 200 (Santa Rosa Conference Room) | <p>Minutes approved as written.</p> |
| II. | Proposed Expenditure Plan FY 19-20 | <p>A. Proposed Expenditure Plan FY 19-20</p> <ol style="list-style-type: none"> 1. Proposed Expenditure Plan FY 19-20 posted on the MHSA website as of May 18, 2019. 2. Please note Proposed Expenditure Plan FY 19-20 will be presented at the Mental Health Board on June 18, 2019, at the Santa Rosa Conference Room, 1450 Neotomas Avenue, Suite 200, unless a venue can be located near The Lakes Corporate Center. 3. Review Expenditure Plan <ul style="list-style-type: none"> • Behavioral Health is short about \$8 million • DHS proposed reduction impacts: | <ol style="list-style-type: none"> 2. The public hearing was relocated to Bayside Church at 3175 Sebastopol Road, which is across the street from The Lakes campus. 3. DHS is working on setting up strategies, i.e., a new tax on the ballot for behavioral health services. There are changes year to year. |

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| | | <p>--Eliminate board and care supplemental payments (SCBH has about 250 clients in board and care facilities – about \$4 million cut)</p> <p>--Reduce peer and family contracts (about \$1.2 million cut)</p> <p>--Reduce Crisis Stabilization Unit from 16 beds to 12 beds</p> <p>--Reduction of adult services team and outpatient contracts --Eliminate Crisis, Assessment, Education and Training services (CAPE)</p> <p>--Reduce Workforce Education and Training Program</p> | <p>Question: Is there an opportunity to expand MST services to the North County?</p> <p>Answer: Not at this time, as SCBH is currently having to cut core services.</p> <p>Question: Are the schools being notified of the elimination of CAPE services?</p> <p>Answer: Yes, Santa Rosa City Schools are working on building internal capacities to cover these services.</p> <p>Department of Health Services Priority Add Backs: Behavioral Health Division</p> <ul style="list-style-type: none"> • Board and care services • Adult Services Team and Outpatient Services Team |
| III. | No Place Like Home | <p>A. Review No Place Like Home Plan</p> <p>1. Handout: “No Place Like Home Plan Meeting with Public Health, May 31, 2019”</p> <p>Two proposals were submitted January 2019 in the first round of competitive funding, and have both passed threshold review. The two projects, Caritas Homes and Danco Permanent Supportive Housing, are going through a due diligence process and are likely to bring \$15 million in capital development funds for 114 total units, of which 54 will be dedicated to the NPLH target population.</p> <p>For the non-competitive allocation, the County stands to bring in \$3.9 million for additional housing projects, to be determined through a local competitive process. The “acceptance of funds” submission is due August 15th. One requirement is a “No Place Like Home Plan,” or equivalent homeless services action plan, as long as it’s no more than 5 years old. We have a 2014 update to Sonoma County’s 10-Year Homeless Action Plan, so decided it was appropriate to create a No Place Like Home Addendum to the existing 10-Year Homeless Action Plan.</p> <p>The No Place Like Home Plan/Addendum is essentially a plan for ending homelessness. The required elements include:</p> | |

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| | | <ul style="list-style-type: none"> • Goals, strategies and activities to reduce homelessness and make it non-recurring • A description of homelessness county-wide, in this case including estimates of homeless persons experiencing serious mental illness, homeless persons with co-occurring disorders, and children with serious emotional disturbance • A description of special challenges/barriers to serving people who are members of the NPLH target population • Resources to address homelessness; an outline of partners in ending homelessness, proposed solutions to end homelessness • Systems in place to collect data • Efforts to ensure eligible homeless persons are appropriately referred to NPLH-funded units through Coordinated Entry. <p>Subjects where we need input:</p> <ol style="list-style-type: none"> 1. Description of efforts and barriers to collecting data regarding changes to health care outcomes and utilization: If the information is readily available, describe planning efforts to provide aggregated data on the following: <ol style="list-style-type: none"> a. Emergency room visits for NPLH tenants before and after move-in b. Average number of hospital and psychiatric facility admissions and in-patient days before and after move-in | <ol style="list-style-type: none"> a. Erika Klohe to look into current collection of emergency room visits with mental health issues <ul style="list-style-type: none"> *Data collections: --Criminal Justice System --Whole Person Care --Law enforcement, EMTs and fire department --Sober Circle in Petaluma --9-1-1 logs (Sheriff's Dept. could do key word check) --2-1-1 system --Positive Images has been collecting data of LGBTQ community b. Data collections of average number of inpatient days: <ul style="list-style-type: none"> --Whole Person Care --Sheriff's Department |

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| | | <p>2. Challenges or barriers the County anticipates in providing service to No Place Like Home-eligible individuals and families. This could include:</p> <ul style="list-style-type: none"> • Transportation barriers • Knowledge base or lack of partner agencies • Inadequate housing and services resources • Need for increased coordination among services providers • Need for increased data collection and analysis capacity • Emerging implementation of a Coordinated Entry System • Implementing a referral process and services plan for people At-Risk of Chronic Homelessness | <p>--Hospitals, but maybe easier to contact Partnership HealthPlan --City of Santa Rosa, Housing and Community Services --Federally Qualified Health Centers</p> <p>2. Challenges or barriers:</p> <ul style="list-style-type: none"> --Reminder that there are heart-break situations where individuals do not want services --Intensive data collecting in focus groups in the peer-run centers to engage the peers --Focus groups of the homeless at COTS and Catholic Charities--trust building --Some individuals do not qualify for SCBH services—lacking continuum of services --How to engage individuals in case management based in trauma and the need for higher level of services, need for outreach --How to have wraparound services for the homeless or in the housing communities; mild to moderate level needs is 80-85% of community --Individuals with co-occurring issues --Risk of homelessness --Single-parent families --Childcare issues and not wanting to leave the school area --Individuals living in their cars are homeless --Social Advocates for Youth would have some data |
| IV. | Group Picture Taken | MHSA Steering Committee picture taken to place in MHSA Three-Year Integrated Planning Report | |

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| V. | Three-Year Planning Process and Capacity Assessment | <p>A. Three-Year Planning Process FY 20-23 WIC § 5847 and CCR §3310 state that a Three Year Program and Expenditure Plan shall address the MHSA components:</p> <ul style="list-style-type: none"> • Community Services and Supports (CSS) for children and youth, transition age youth, adults and older adults • Prevention and Early Intervention (PEI) • Innovation • CFTN and WET • Prudent Reserves <p>Why develop a Three Year Plan?</p> <ul style="list-style-type: none"> • To collaboratively and thoughtfully plan for the mental health needs of the county and provide services to the community • Obtain the necessary approvals in accordance with Welfare and Institutions Code Sections 5830, 5846 and 5847 – <ul style="list-style-type: none"> • 30-Day Public Notice • Public Hearing with Mental Health Board • Board of Supervisors Approval • To receive Mental Health Services Act funds the County shall submit a Three-Year Program and Expenditure Plan or update; <p>How is a Three-Year Plan different from an Annual Update? Plan Will Be Developed with Community Stakeholders</p> <ul style="list-style-type: none"> • Plan will work in partnership with County Behavioral Health constituents and stakeholders throughout the process that includes meaningful stakeholder involvement. • Plan will adhere to the MHSA principles <p>B. Capacity Assessment</p> <ul style="list-style-type: none"> • A comprehensive assessment of Sonoma County's MHSA-funded system of care and community needs. • The specific goals of the assessment are to explore: <ol style="list-style-type: none"> 1. The current landscape of MHSA-funded services and what has been accomplished. 2. How people experience MHSA-funded services; and 3. Opportunities to address service gaps and remaining community needs. <p>Handout "Roles and Responsibilities":</p> | <p>Question: Erika asked if a subject matter expert (St. Joseph's Behavioral Health Data Analysis</p> |

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| | | <p>Purpose: The Capacity Assessment Advisory Group supports the development and implementation of the Sonoma County Capacity Assessment that will be conducted as a precursor to the development of the required MHSA Three-year Integrated Plan for 2020-2023.</p> <p>The Capacity Assessment Advisory Group will be responsible for the following:</p> <ol style="list-style-type: none"> 1. Provide feedback on the capacity assessment process and assure community engagement of clients, family members and unserved/underserved populations; 2. Provide resources to the process (contacts, data, locations for public meetings, staffing support, outreach); 3. Monitor the implementation of the capacity assessment process; 4. Review data, findings, and recommendations in coordination with staff; 5. Provide recommendations for the Three-year Integrated Plan 2020-2023; 6. Report back to the MHSA Steering Committee, Mental Health Advisory Board and any other governing bodies as necessary. <p>Proposed time commitment: The Capacity Assessment Advisory Group will have their initial meeting on June 19, 2019. The Capacity Assessment Advisory Group, at minimum, will meet monthly.</p> <p>C. Interested members to join the Capacity Assessment Subcommittee</p> | <p>Coordinator) could be part of this committee. Answer: Yes, and the majority of the committee approved.</p> <p>Question: What about the services that are already being proposed as eliminations or reductions? Answer: Bill said that we will know by July 1 for FY 19-20. Bill invited this committee to help in determining how to spend the MHSA monies.</p> <p>Question: To look at shortfalls and gaps in current services? Answer: What kind of planning process to put in place and think about models or repairs in restoring these gaps in services.</p> <p>Members may be on both subcommittees—Innovation and Capacity Assessment. Subcommittee members can take a deeper dive in the Capacity Assessment Group.</p> <p>C. Interested members: Angie Dillon-Shore; John Mackey, M.D.; Ernesto Olivares; Stephanie Chandler; Erika Klohe; Kurt Schweigman; Sam Tutelman (if he can end participation in Innovation Subcommittee); Karen Silver; and Natalie Kramer, St. Joseph's Behavioral Health Data Analysis</p> |

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| | | | Coordinator (natalie.kramerstjoe@gmail.com) Melissa and Julie will follow up with this group. |
| IV. | Closing and Next Steps | A. Plus/Delta Plus+: <ul style="list-style-type: none"> • Picture taken of MHSA Steering Committee • Detail of Bill Carter’s PowerPoint Presentation • Representative of CDC is here to share No Place Like Home Plan • No Place Like Home discussion • Opportunity for discussions • Leadership and transparency • Participatory valuable to committee • Budget presentation • Promise of vision of a well-functioning system and solutions Delta Δ <ul style="list-style-type: none"> • Challenged with acronyms – reminder to spell out and/or say out loud • System patchwork does not work; how to create; practice and structure to be more pro-active • What’s the long view?? • Ratify Mission Statement • Ambitious timeline for Capacity Assessment A. Next Meeting August 26, 2019, 9:30 – 11:30 AM, 1450 Neotomas Ave., Suite 200, Santa Rosa Conference Room | Minutes will be sent to members and posted on the MHSA website: https://sonomacounty.ca.gov/Health/Behavioral-Health/Mental-Health-Services-Act/ |