

Date	Time	Activities & Events	Location	Sponsoring Agencies	For more information
May 1	10:00 a.m. - 12:00 p.m.	Mental Health Awareness Tabling Event	Goodwill Stony Point Store, 2007 Sebastopol Rd, Santa Rosa	Goodwill - Redwood Empire	Sean Bolan sbolan@gire.org (707) 565-7804
May 1	11:00 a.m. - 2:00 p.m.	Getting Over Barriers: Learn about Mental Health Chill out, fun activities and free food	Santa Rosa Junior College - Bertolini Quad on SR Campus, 1501 Mendocino Ave, Santa Rosa	Santa Rosa Junior College Student Health Services - PEERS Coalition	Stephanie Sanchez ssanchez2@santarosa.edu (707) 524-1536
May 2	3:00 p.m. - 4:30 p.m.	Mental Health Month Kick- off Event with community partners tabling, a special guest speaker, then Stigma Busting w/ Wendy Wheelwright, MFT, and Mindfulness Exercise with Megan Carlock, Team Leader for Goodwill's Crisis Counseling Program	Wellness and Advocacy Center, 2245 Challenger Way, Suite 104, Santa Rosa	Goodwill - Redwood Empire, County of Sonoma Department of Health Services Behavioral Health Division	Sean Bolan sbolan@gire.org (707) 565-7804
May 2	3:00 p.m. - 4:30 p.m.	Impossible Project - Kicking My Blue Genes in the Butt by Josh Rivedal One-Man Broadway style play and panel discussion on suicide, mental health and diversity	Santa Rosa Junior College - Newman Auditorium, 1501 Mendocino Ave, Santa Rosa	SRJC Student Government Assembly	Enrique Garcia, VP of Student Health studenthealth@santarosa.edu
May 3	5:00 p.m. - 7:00 p.m.	Stomp the Stigma	Sonoma State University, Cooperage, 1801 E. Cotati Ave, Rohnert Park	Lambda Theta Nu Sorority Inc., Latino Service Providers, Humanidad, LGBTQ Connections	Saraisabel Virgen savirgen@latinoserviceproviders.org (707) 837-9577

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May 6	6:00 p.m. - 8:00 p.m.	Mindfulness Program for Parents & Children (ages 10+)	CPI Santa Rosa - Parent Education Center, 3642 Standish Ave, Santa Rosa	Child Parent Institute	Cost - \$90 (6 sessions) www.calparents.org/classes Register online or call (707) 585-6108 ext 1240
May 7	6:00 p.m. - 8:00 p.m.	Embracing Your Child with ADD/ADHD	CPI Santa Rosa - Parent Education Center, 3642 Standish Ave, Santa Rosa	Child Parent Institute	Cost - \$20 (1 session) www.calparents.org/classes Register online or call (707) 585-6108 ext 1240
May 7	8:30 a.m. - 4:30 p.m.	Assessing and Managing Suicide Risk Training (6.5 CEUs available for LMFTs, LCSWs, RNs and AODS Counselors - No cost)	North Coast Builders Exchange, 1030 Apollo Way, Santa Rosa	County of Sonoma Department of Health Services Behavioral Health Division	Melissa Totz Melissa.Totz@sonoma-county.org Space is limited - Please register https://www.eventbrite.com/e/amsr-assessing-and-managing-suicide-risk-tickets-58606474543
May 8	11:00 a.m. - 1:00 p.m.	Getting Over Barriers: Learn about Mental Health Chill out, fun activities and free food	Santa Rosa Junior College - Outdoor Quad on Petaluma campus, Sonoma Mountain Pkwy #680, Petaluma	Santa Rosa Junior College Student Health Services - PEERS Coalition	Stephanie Sanchez ssanchez2@santarosa.edu (707) 524-1536
May 9	4:00 p.m. - 5:30 p.m.	West County Care and Share Education and Support Group Presentation on Buckelew's Co-Occurring Group	First Presbyterian Church, 939 B Street, Petaluma	Buckelew Programs	Katie Swan, Buckelew Programs katies@buckelew.org (707) 583-5284 Please RSVP - Space is limited
May 9	5:30 p.m. - 7:30 p.m.	Parenting Apart Without Tears	CPI Santa Rosa - Parent Education Center, 3642 Standish Ave, Santa Rosa	Child Parent Institute	Cost - \$60 (3 sessions) www.calparents.org/classes Register online or call (707) 585-6108 ext 1240
May 10	10:30 a.m. - 12:30 p.m.	Wellness and Self-Care Resource Education	Sonoma County Family YMCA, 1111 College Ave, Santa Rosa	Sonoma County Family YMCA, Buckelew Programs	Katie Swan, Buckelew Programs katies@buckelew.org (707) 583-5284

Please contact sponsoring agencies for any event changes.

Date	Time	Activities & Events	Location	Sponsoring Agencies	For more information
May 10	10:00 a.m. - 12:00 p.m.	Mental Health Awareness Tabling Event	Goodwill Petaluma Store, 1000 Lakeville St, Petaluma	Goodwill - Redwood Empire	Sean Kelson skelson@gire.org 707-546-4481 ext 207
May 13	4:00 p.m. - 6:00 p.m.	Sonoma County Behavioral Health Family Education and Support Group Presentation by the Wellness Speakers Panel	Main Conference Room, 2245 Challenger Way, Santa Rosa	County of Sonoma Department of Health Services Behavioral Health Division, Goodwill - Redwood Empire, Buckelew Programs	Katie Swan, Buckelew Programs katies@buckelew.org (707) 583-5284 Please RSVP - Space is limited
May 14	10:00 a.m. - 12:00 p.m.	Mental Health Awareness Tabling Event	Goodwill Rohnert Park Store, 476 Rohnert Park Expressway W, Rohnert Park	Goodwill - Redwood Empire	Sean Bolan sbolan@gire.org (707) 565-7804
May 15	7:00 p.m. - 8:30 p.m.	Teen & Transition Age Youth Mental Health Awareness Night	Petaluma Community Center, 320 N. McDowell Blvd, Petaluma	Petaluma Community and Mental Health Services	Officer Cardenas, Petaluma Police Department rcardenas@cityofpetaluma.org
May 15	6:30 p.m. - 8:00 p.m.	Positive Parenting for Fathers	CPI Santa Rosa - Parent Education Center, 3642 Standish Ave, Santa Rosa	Child Parent Institute	Cost - \$60 (3 sessions) www.calparents.org/classes Register online or call (707) 585-6108 ext 1240
May 17	9:00 a.m. - 12:00 p.m.	Older Adult Depression: An Integrated Approach to Improving Outcomes through Collaborative Care	Petaluma Community Center, 320 N. McDowell Blvd, Petaluma	Sonoma County Human Services and Behavioral Health	Sarah Gross, Program Planning & Evaluation Analyst sgross@schsd.org
May 20	10:00 a.m. - 12:00 p.m.	Mental Health Awareness Tabling Event	Goodwill - Redwood Empire Corporate Offices, 651 Yolanda Avenue, Santa Rosa	Goodwill - Redwood Empire	Sean Kelson skelson@gire.org 707-546-4481 ext 207

Date	Time	Activities & Events	Location	Sponsoring Agencies	For more information
May 23	5:00 p.m. - 7:00 p.m.	Wellness and Self-Care Resource Education	Sonoma County Family YMCA, 1111 College Ave, Santa Rosa	Sonoma County Family YMCA, Buckelew Programs	Katie Swan, Buckelew Programs katies@bucklew.org (707) 583-5284
May 23	11:30 a.m. - 1:00 p.m.	Latino Service Providers, Testimonios Youth Promotores	TBD	Latino Service Providers	Saraisabel Virgen savirgen@latinoserviceproviders.org (707) 837-9577
May 24	3:00 p.m. - 4:30 p.m.	West County Care and Share Education and Support Group Presentation on the Hearing Voices Network	O'Reilly Media, Inc. Tarsier Conference Room, 1005 Gravenstein Hwy North, Sebastopol	Bucklelew Programs	Katie Swan, Buckelew Programs katies@bucklew.org (707) 583-5284 Please RSVP - Space is limited
May 24	1:00 p.m. - 2:30 p.m.	Screening of Healing Voices followed by discussion	Interlink Self-Help Center, 1033 4th Street, Santa Rosa	Goodwill - Redwood Empire	Sean Kelson skelson@gire.org 707-546-4481 ext 207
May 25	10:00 a.m. - 2:00 p.m.	Native Youth Wellness Gathering	Spring Lake, Upper Oak Knolls	Aunties & Uncles Program, Sonoma County Indian Health Project, Inc.	Carolyn Moulton (707) 521-4559; or Dean Hoaglin (707) 565-1032
May 29	12:00 p.m. - 2:00 p.m.	Screening of Crooked Beauty followed by discussion	Petaluma Peer Recovery Center, 5350 Old Redwood Hwy, Suite 600, Petaluma	Goodwill - Redwood Empire	Sean Kelson skelson@gire.org 707-546-4481 ext 207 Please RSVP - Space is limited
June 7	10:00 a.m. - 12:30 p.m.	Maternal Mental Health - Trauma Informed Interventions	Flamingo Hotel, 2777 4th St, Santa Rosa	Child Parent Institute	Grace Harris graceh@calparents.org