

Human Services Department

COUNTY OF SONOMA



SONOMA COUNTY AREA AGENCY ON AGING

3725 Westwind Blvd., Ste. 101 Santa Rosa, CA 95403

Karen Fies **Department Director**

Paul Dunaway Division Director, Adult & Aging



AAA ADVISORY COUNCIL MEETING

Wednesday, March 20, 2019 Carnelian Room 1:00 p.m.

MINUTES

PRESENT: Jen Arent, Richard Baum, Lea Black, Dorothy Fried, Jenny Helman, Terry Kelley, Bonnie Koagedal, Joy Lovinger, Bob Picker, Jim Redding, Judy Rice, Rabon Saip, Cynthia Scarborough, Diane Spain, Don Streeper

ABSENT: Peter Holewinski, Sean Madison, Alan Serkissian, Deanna Shaat, Erin Stroud GUESTS: Helen Baum (Gravenstein Health Center), Steven Bowise (Public), Linda Civitello (Sebastopol Area Senior Center – SASC), Melanie Hall (Cloverdale Senior Center), Diana Murray (Federated Indians of Graton Rancheria), Crista Nelson (Senior Advocacy Services), Michele Osmon (Catholic Charities, Shaw Center for Memory Care), Nancy Powers-Stone (Redwood Caregiver Resource Center – RCRC), Holly Rylance (Alzheimer's Association), Anita Tanenberg (Petaluma People Services Center – PPSC), Renee Tolliver (Council on Aging – COA)

STAFF: Tracy Repp, Katie Parrish MINUTES: Victoria González-Allen

- 1. WELCOME & INTRODUCTIONS/ANNOUNCEMENTS (Kelley) meeting called to order at 1:00 PM all welcome and introductions made.
 - Welcome Richard Baum: Supervisor Gorin Appointee to the Area Agency on Aging Advisory Council - Rick introduced himself with a brief biography.

PUBLIC HEARING - APPROVAL OF FY 2019-2020 AREA PLAN UPDATE

- Public Hearing (Kelley) opened at 1:06 PM
- Review FY 2019-20 Area Plan Update (Helman/Repp) PowerPoint Presentation
 - o Audience and Committee members were advised of the four goals and objectives.
 - Reviewed proposed contracted service unit levels (increases, decreases, no change)
 - o Repp reviewed requirement to meet mandated "Adequate Proportions" of Older Americans Act category IIIB supportive services. Advised a need to increase the "legal services" percentage of to meet the 8% minimum allocation to Legal Aid which saw a decrease to 5.9% when additional funding was received for the FY1819 contract amendment from the California Department of
 - Requesting approval to submit the Fiscal Year 2019-2020 Area Plan Update to the Board of Supervisors for approval.
- Public Comment (limited to three minutes per person)
 - o Repp read email comment from Elizabeth Olson; and read the AAA email response provided.
- No further public comment from the floor.

ADJOURN PUBLIC HEARING – Advisory Council Chair, Terry Kelley, adjourned the Public Hearing at 1:33 PM.

- Discussion by Council Members regarding the Area Plan as presented.
 - o Lovinger Add a statement to have a designated place for emergency housing. Repp will add

- housing as a need in the objectives.
- Spain Agreed housing should be included in next 4 year plan.
- Scarborough Inquired if adjustments to the service units to some providers affect the funding amount. Repp advised some programs received additional funding with the increase received.
- Baum Asked about flexibility funding for Adequate Proportions as well as asked how funding is affected when there are decreases in service unit measurements. Repp advised funding for Adequate Proportions is allocated to meet the percentages approved by the California Department of Aging. Setting attainable realistic service units are discussed during monitoring and decisions on decreasing funding would be discussed by the Planning & Funding Committee and brought to the full Advisory Council.
- Saip Asked how to have objectives/new programs included in the Area Plan for 2020-24. Repp advised to contact AAA staff or the Planning & Funding committee chair Jenny Helman. Saip interested in integrating what he has learned through the Center for Mind-Body Medicine.
- Rice Commented that she would like to have Advisory Council work to increase interpersonal connections for all ages (intergenerational activities).
- o Koagedal Age Friendly Cities includes intergenerational activities; AAA could collaborate.
- Approval of FY 2019-20 Area Plan Update (ACTION) Motion to approve 2019-2010 Area Plan
 Update.
 - Rice/Streeper MSC to approve Area Plan as presented; motion approved unanimously, AYES –
 14, NOES 0, Scarborough abstained.
- 2. APPROVAL OF FEBRUARY ADVISORY COUNCIL MINUTES (ACTION): (Kelley) motion to approve the February 20, 2019 meeting minutes.
 - Fried/Helman (MSC) to approve as presented; minutes approved unanimously. AYES 14, NOES 0, Scarborough abstained.

3. CHAIR REPORT (Kelley)

- Capitol Day February 28, 2019 (Kelley/Fried/Parrish)
 - o c4a event for Area Agencies on Aging (AAA) heard from staff of the Governor's office (Finance Department, Legislative Analyst Office, Adrin Nazarian, chair of the Long-Term Care Committee). Afternoon meetings scheduled with the offices of Sonoma County elected officials. Very informative and productive day. Encouraging Advisory Council members to attend next year.
- TACC Triple A Council of California (Kelley)
 - Ouarterly meeting held on 2/27/19 and attended Capitol Day on 2/28/19. TACC provides opportunity for AAAs statewide to present and update their local activities. Kelley advised Don Streeper is designated as his back-up and will attend the September TACC meeting. Reported that Sonoma County does an excellent job compared to some other counties who don't have the level of community coordination. TACC is looking to create a social media committee. Housing issues affect all areas. Reported the SHARE (Share Housing and Resource Exchange) program implemented in Sonoma and Marin County.
- Advisory Council Engagement Plan (All)
 - Kelley continue planning to create a plan outlining ways for Advisory Council members to engage in the community and talk about the AAA as well as relevant and topical subject.
 Part of plan will be the creation of a Speakers Bureau.
 - o Repp Advisory Council Engagement Plan will be a standing item on agenda.
 - o Rice asked status of Speakers Bureau and volunteered to be part of planning group.
- Advisory Council Membership Update (Kelley)
 - o Don Streeper to move from Advisory Council District 2 Appointee to At-Large.
 - o Diane Spain to move from At-Large position to Advisory Council District 5.

4. CORRESPONDENCE (Black)

No Correspondence

5. DIRECTOR'S REPORT (Repp for Dunaway)

 During February flood the Santa Rosa Fairgrounds was opened as a shelter. The Guerneville shelter was closed due to flooding and individuals were transported to Santa Rosa. West County Community Services (WCCS) staff were incredible in managing the participants. Human Services Department staff did great work as shelter staff as well.

6. PROJECT UPDATES: (Repp/Parrish)

- Parrish
 - o My Care My Plan workshop scheduled for 4/16/19 at Partnership HealthPlan in Santa Rosa.
 - o Other Advance Health Care directive workshops are being held at Vintage House in Sonoma.
 - o LGBTQ Caregiver Trainings are being scheduled; flyer distributed, and link to Sonoma County website for more information provided.
- Repp
 - Finalizing the 2020-24 Area Plan Needs Assessment Survey to be released 5/1/19 and run through 6/30/19.
 - Links to the on-line Survey as well as the Focus Groups locations and registration option will be on the Sonoma County Area Agency on Aging website. Requested AC members sign-up to be Focus Group facilitators.
 - Parrish will be scheduling a Focus Group Facilitator Training in early April, can also provide individual training. Materials will be distributed.

7. INFORMATION SHARING/PUBLIC ANNOUNCEMENTS

- Osmon (Catholic Charities) Distributed newsletter. All AAA funded programs are doing well.
 Provided 780 rides last year with 1,400 projected for this year. Using Caltrans funded vouchers when they cannot provide a ride. Advised of tours that Advisory Council can attend.
 Recommendation for the Advisory Council Speakers Bureau is to look at the Benavon Model.
- Civitello (SASC) Reported that the Senior Center attendance has grown over the last 15 years. Having a 50 Year celebration on 6/8/19; details on website. In ten years the transportation program has provided over 35k rides. Dean Brittingham Transportation Coordinator is retiring.
- Tolliver (COA) Opening a new Adult Day site at Church of the Roses in Santa Rosa. Annual Derby Day fundraiser is on 5/4/19. Winding down California Hope Crises Program. Age-Friendly expects Petaluma will receive next Age Friendly City designation.
- Nelson (SAS) Pick of the Vine fundraiser scheduled on 4/6/19.

8. BREAK: recess at 2:22 PM; meeting reconvened at 2:36 PM

Powers-Stone, Civitello, Chelemedos, Bowise, Murray, Rylance, Osmon left meeting at 2:25 PM

9. DISCUSSION: ADVISORY COUNCIL MEMBERS' COMMUNITY AFFILIATIONS/ORGANIZATION MEMBERSHIP

 Repp – AAA Staff will be sending an email to AC members to provide committees, commissions, community meetings, other affiliations, etc. to inventory what each Advisory Council member is associated with. This will identify resources we have within the Council, help with outreach, advocacy, community engagement and will discussed at August Planning Day.

Tolliver left the meeting 2:40 PM

- Needs Assessment Survey distribution sites discussed: Oliver's Markets "senior day", AARP tax assistance sites, Jewish Community Center board luncheons, rotaries, Lions Clubs, Rice requested including homeless and marginalized groups; reach out to West County homeless population.
- Arent –Los Cien Equity and Housing Conference on 3/28/19, flyer distributed.

10. SUB-COMMITTEE AND COMMUNITY MEETING REPORTS:

Advisory Council Sub-Committees

- Executive Committee (Kelley) previously discussed
- Housing Committee (Arent) Presentations from Mark Krug from Burbank Housing discussing
 plans for rebuild at Journey's End and Anthony Tussler from the Visitability Project working with
 Disability Services and Legal Center (DSLC) rebuilding homes with wider doorways and other
 specifications to accommodate disabled. Final stages of Affordable and Attainable Housing
 Workshop.
- <u>Legislative Committee</u> (Streeper) Reviewed outstanding legislative packet created by Parrish.
 Heard updates from Legislative Field Representatives. Announced Senior Rally Day on 5/7/19 in Sacramento, committee members are encouraged to attend.
- <u>Planning and Funding Committee</u> (Helman) Area Plan discussed previously. The 4th year Area Plan update was approved. Helman thanked Repp for the well prepared presentation. Working on needs assessment survey. Focus group schedule to be distributed at April 3 meeting.
- <u>Transportation and Mobility Committee</u> (Fried) Current focus on honoring volunteer drivers for the 10-year anniversary of the volunteer driver program, each driver will receive a certificate of appreciation and a small reception will be held at each volunteer driver site during April and May.
- <u>August Annual Planning Conference</u> (Rice) Scheduled for 8/21/19 from 9AM to 2PM (time could change) would like planning group to start meeting in April.
- Older Americans Month (Spain/AAA Staff) Gold Resolution recognizing May as Older American's Month to be heard at the Board of Supervisors on 4/30/19.

Workgroups

• Newsletter (Kelley) – nothing to report

Community Meetings

- <u>Aging Together</u> (Dunaway/Repp) Made connection with libraries for first intergeneration community conversation in May, topic is s cannabis, venue to be announced.
- Age Friendly Cities (Arent, Spain) no update
- <u>Section on Aging/Santa Rosa</u> (Fried/Holewinski/Koagedal) Speaker Nico Spann, Moonflower Delivery has on-line cannabis delivery business.
- <u>Senior Care Connection/Petaluma</u> (Streeper) Presentation by retired Kaiser doctor; Rite for Life, Dennis Pocekay.
- **11. MOTION TO ADJOURN (ACTION)** (Kelley) motion to adjourn meeting; Black/Fried (MSC) meeting adjourned at 3:10 PM

NEXT MEETING

Wednesday, April 17, 2019 at 1PM