



# SONOMA COUNTY MENTAL HEALTH BOARD

## Minutes of December 15, 2020



This Meeting:  
Virtually Zoom Webinar

Minutes are posted in draft form and after approval at <https://sonomacounty.ca.gov/Mental-Health-Board/>  
Email: [dhs-mhb@sonoma-county.org](mailto:dhs-mhb@sonoma-county.org)

**Please Note: A list of commonly used abbreviations and acronyms is attached**

This meeting's Zoom webinar audio recording will also be posted on the Mental Health Board web page as an attachment to these minutes.

### CALL TO ORDER

Meeting called to order at 5:04 PM by Chair Kathy Smith.

### ROLL CALL

**Present:** Kathy Smith, District 5                      Mary Ann Swanson, District 2                      Michael Johnson, District 3  
Bob Cobb, District 4                                      Bob Hales, District 5                                      Betzy Chavez District 1  
Fran Adams, District 2                                      Carol West, District 2                                      Becky Ennis, District 3

**Excused:** Peter McAweeney, District 4

**Absent:** Patricia Gray, District 1; Peterson Pierre, District 1; Sherry Weyers, District 5; Shannon Barton-Wren, District 4

**SRJC PEERS Coalition Representative:**

**Sonoma County Board of Supervisor:**

**County of Sonoma DHS, Behavioral Health Division:** Bill Carter (BH Director)

**Community Members:** Melissa Ladrech, Debbie Howell, Julie Kawahara, Natalie Stockton, Sean Bolan, Annabel Nygard, Chris Kughn, Interlink representative, Jessica Carroll, Natalie Stockton, Michele Rogers, Tina Moss, Katie Swan, Kathy Littman, Kerry Ahern, Erika Klohe, Lupe Navarro, Saraisabel Virgen, Michael Reynolds, Ariana Ibarra, Mary-Frances Walsh, Javi Cabrera-Rosales, Gary Fontenot, Jennifer Law, CB Wohl, Christy Davila, Mandy Corbin, other community members

### ANNOUNCEMENTS /PUBLIC INTRODUCTIONS & COMMENTS

- 1) You may submit agenda items for consideration prior to the Executive Committee meeting, normally held on the first Wednesday of each month, 10:30 AM to Noon. Email or call MHB clerk Tori Bartholomew (565-4850), [Tori.Bartholomew@sonoma-county.org](mailto:Tori.Bartholomew@sonoma-county.org) to verify the next meeting date.
- 2) There is one (1) vacancy in District 3. If you are interested in serving on the Board, please contact Tori Bartholomew (565-4850), [Tori.Bartholomew@sonoma-county.org](mailto:Tori.Bartholomew@sonoma-county.org). **There is one seat available on the MHB for District 3 (Supervisor Shirlee Zane). Kathy expressed the need for representation of the lived-experience peer voice.**
- 3) Please direct all your questions to the Chair.

### APPROVAL OF MINUTES

There was a quorum of the MHB membership. The DRAFT minutes were approved: November 15, 2020

- Motion to approve the minutes from Robert Hales, Fran Adams second.

**CONSUMER AFFAIRS REPORT** – no report

## **PUBLIC COMMENTS/CONCERNS/ACCOMPLISHMENTS**

**Carol West** AB1976- legislation that passed that will remove the sunset clause for Laura’s law. It will require Counties to support assisted outpatient treatment unless counties opt out. Looking for input on the process and the decision. Decision to be made by July 2021.

**Michael Reynolds** West County Peer Services Coordinator. Interlink held an outdoor art group last month. Continuing to offer charging stations to assist staying in contact with providers and family members. Offering a Zoom support group to learn how to navigate the program. Wellness is still offering showers and just launched several new groups.

## **DISCUSSION ON IMPACT OF RACIAL DISPARITIES AND OTHER SOCIAL INJUSTICES**

No discussion or comments

## **SPECIAL PRESENTATION/PUBLIC COMMENTS/CONCERNS/ACCOMPLISHMENTS:**

**Presenters of Special Topic:** MHSa Innovation Projects presented by Melissa Ladrech

Innovation projects:

- ❖ **Instructions Not Included** (Provided by Early Learning Institute)–home visiting program for first time fathers, screening for Adverse Childhood Experiences ACEs) and depression and providing referrals.
- ❖ **New Parent TLC** (Provided by First 5 Sonoma County)– gatekeeper training for early intervention of maternal and paternal mental health issues.
- ❖ **Nuestra Cultura Cura Social Innovations lab** (Provided by On the Move/VOICES)-a partnership of community organizations will engage a diverse cohort from the Latinx communities to determine root causes of mental health stigma and inaccessibility for their communities.
- ❖ **Collaborative Care Enhanced Recovery Project: Advancing Older Adult Depression Care through Extended Supportive Services (CCERP)** (Provided by Sonoma County Human Services Adult & Aging and Santa Rosa Community Health Center)-combines an established short-term 12 week intervention with 9-months of in – home case management, to improve outcomes for adults from 50-64 years old with depression.

PowerPoint posted on website

Comments from:

Michele Rogers Early Learning Institute

Sean Bolan Wellness and Advocacy Center

Kate Roberge West County Community Services

Sean Kelson West County Community Services

Michel Johnson Dist. 3-MST expansion, when will this roll out?

Carol West Dist. 2-EMS work

Becky Ennis Dist 3-some applications are being denied?

Mary-Frances Walsh-is there a process to rank the innovations by importance?

Betsy Chavez Dist 1-question regarding youth/student mental health funding (Youth Truth)

Chat notes have links and more comments.

**BEHAVIORAL HEALTH DIRECTOR’S REPORT/HBH FISCAL UPDATE/MENTAL HEALTH SYSTEM:** *Bill Carter or Designee Sonoma County’s Mental Health Services Act [MHSa]* newsletter is available at the link <http://www.sonoma-county.org/health/about/pdf/mhsa/>

**Measure O planning-** Because it was a ballot measure, it comes with many legal parameters. The Board of Supervisors and CAO are working on implementing it.

**AB1976** – legislation that passed that will remove the sunset clause for Laura’s law. It will require Counties to support assisted outpatient treatment unless counties opt out. Looking for input on the process and the decision. Decision to be made by July 2021.

**PEERS (PEOPLE EMPOWERING EACH OTHER TO REALIZE SUCCESS) COALITION INTERN REPORT –**

(Maria Arreguin) Link to SRJC’s webpage about current health events around the campus:  
<https://events.santarosa.edu/calendar-events>; <https://shs.santarosa.edu/health-promotion-wellness>

No report

**OTHER REPORTS (INCLUDING CALBHBC and Program Assessment Matrix (PAM) Ad-Hoc Committee Reports:**

This is the link to California Association of Local Behavioral Health Boards and Commissions website:  
<http://www.calbhbc.org/>

**PAM** – Robert Hales and Bill Carter to discuss sites to set up zoom visits.

**Jail MH Services** – Carol West, Robert Hales and Mary-Frances Walsh are continuing with next steps to establish the next person to communicate with at the jail. Sid McColley gave the name of Robert Travelstead and we are trying to connect with him. The current focus is on service provision as opposed to the physical structure of the jail, which is under a different lieutenant. Also trying to connect with people who have been through the jail process however we haven’t decided on how we will do that. The Board held a vote to publish the report on the Mental Health Board website, Becky Ennis motioned, Betzy Chavez second to release report, one abstention Michael Johnson.

**2020 Data Notebook** completed and will be submitted. Both 2019 and 2020 Data Notebooks will be posted on the Mental Health Board website.

**AB1976-** legislation that passed that will remove the sunset clause for Laura’s law. It will require Counties to support assisted outpatient treatment unless counties opt out. Looking for input on the process and the decision. Decision to be made by July 2021.

**MHB CHAIR’S REPORT:**

Robert Hales moved to approve 2020 Data notebook Bob Cobb seconded. Approved to submit and post on the Mental Health Board website.

MH Board Retreat facilitator, Sarah Rock’s proposed fee is \$1,000. It is requested that all board members watch the videos prior to the retreat. Board Secretary will send out links to the videos as well as a new doodle poll to choose a retreat date.

**BOARD AND PUBLIC COMMENTS:**

No comments

Meeting adjourned at 7:08 p.m. Robert Hales motioned and Bob Cobb seconded.

Respectfully submitted,  
Tori Bartholomew, Mental Health Board Clerk

**ABBREVIATIONS & ACRONYMS**

5150	Declared to be a danger to self and/or others
AB3632	Assembly Bill - State-mandated MH services for seriously emotionally disturbed youth - discontinued by State
ACA	Affordable Care Act
ACL	All County Letter
ACT	Assertive Community Treatment (program run by Telecare)
ANSA	Adult Needs and Strengths Assessment – a “tool” for determining which services are needed by each particular adult client
AODS	Alcohol and Other Drugs Services – now a part of the Mental Health Division and called SUDS
ART	Aggression Replacement Therapy
BHD	Behavioral Health Division (Sonoma County)
CADPAAC	County Alcohol and Drug Program Administrators’ Association of California
CAHPS	Consumer Assessment of Healthcare Providers and Systems
CalEQRO	California External Quality Review Organization

CALMHB/C	California Association of Local Mental Health Boards & Commissions - comprised of representatives from many MHBs in the State
CANS	Child, Adolescent Needs and Strengths (Assessment) – helps determine which services are needed by each child client
CAPE	Crisis Assessment, Prevention, and Education Team; goes into the schools when called to intervene in student mental health matters
CAPSC	Community Action Partnership-Sonoma County
CARE	California Access to Recovery Effort
CBT	Cognitive Behavioral Therapy
CCAN	Corinne Camp Advocacy Network - Peers involved in mental health advocacy
CDC	Sonoma County Community Development Commission
CDSS	California Department of Social Services
CFM	Consumer and Family Member
CFR	Code of Federal Regulations
CFT	Child Family Team
CHD	California Human Development
CHFFA	California Health Facilities Financing Authority
CIP	Community Intervention Program
CIT	Crisis Intervention Training (4-day training for law enforcement, to help them identify and respond to mental health crisis situations)
CMHC	Community Mental Health Centers, Located in Petaluma, Guerneville, Sonoma, and Cloverdale (part of SCBH))
CMHDA	California Mental Health Directors Association
CMHL	SCBH's Community Mental Health Lecture series - open to the public - usually takes place monthly
CMS	Centers for Medicare and Medicaid Services
CMSP	County Medical Services Program - for uninsured, low-income residents of the 35 counties participating in the State program
CONREP	Conditional Release Program (State-funded, SCBH-run, but will be turned over to the State 6/30/14)
CPS	Child Protective Service
CPS (alt)	Consumer Perception Survey (alt)
CRU	Crisis Residential Unit (aka Progress Sonoma-temporary home for clients in crisis, run by Progress Foundation)
CSU	Crisis Stabilization Unit (Sonoma County Behavioral Health's psychiatric emergency services at 2225 Challenge Way, Santa Rosa, CA 95407)
CSAC	California State Association of Counties
CSN	Community Support Network (contract Provider)
CSS	Community Services and Support (part of Mental Health Services Act-MHSA)
CWS	Child Welfare Services
CY	Calendar Year
DAAC	Drug Abuse Alternatives Center
DBT	Dialectical Behavioral Therapy
DHCS	(State) Department of Health Care Services (replaced DMH July 1, 2011)
DHS	Department of Health Services (Sonoma County)
DPI	Department of Program Integrity
DSRIP	Delivery System Reform Incentive Payment
EBP	Evidence-basis Program or Practice
EHR	Electronic Health Record
EMR	Electronic Medical Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment (Children's Full Scope Medi-Cal to age 21)
EQRO	External Quality Review Organization (annual review of our programs by the State)
FACT	Forensic Assertive Community Treatment
FASST	Family Advocacy Stabilization, Support, and Treatment (kids 8-12)
FQHC	Federally Qualified Health Center
FY	Fiscal Year
HCB	High-Cost Beneficiary
HIE	Health Information Exchange
HIPPA	Health Insurance Portability and Accountability Act
HIS	Health Information System
HITECH	Health Information Technology for Economic and Clinical Health Act
HSD	Human Services Department
HPSA	Health Professional Shortage Area
HRSA	Health Resources and Services Administration
IHT	Integrated Health Team (medical and MH services for adults)
IPU	Inpatient Psychiatric Unit
IRT	Integrated Recovery Team (for those with mental illness + substance use issues)
IMDs	Institutes for Mental Disease (residential facilities for those unable to live on their own)
INN	Innovation (part of MHSA)
IT	Information Technology
JCAHO	Joint Commission on Accreditation of Healthcare Organizations - accredits hospitals & other organizations
LEA	Local Education Agency
LG	Los Guilicos-Juvenile Hall

LGBQQTI	Lesbian/Gay/Bisexual/Queer/Questioning/Transgender/Intersexed (also LGBTQ)
LOS	Length of Stay
LSU	Litigation Support Unit
M2M	Mild-to-Moderate
MADF	Main Adult Detention Facility (Jail)
MDT	Multi-Disciplinary Team
MHB	Mental Health Board
MHBG	Mental Health Block Grant
MHFA	Mental Health First Aid
MHP	Mental Health Plan
MHSA	Mental Health Services Act
MHSD	Mental Health Services Division (of DHCS)
MHSIP	Mental Health Statistics Improvement Project
MHST	Mental Health Screening Tool
MHWA	Mental Health Wellness Act (SB 82)
MOU	Memorandum of Understanding
MRT	Moral Reconation Therapy
MST	Mobile Support Team - gets called by law enforcement to scenes of mental health crises
NAMI	National Alliance on Mental Illness
NBSPP	North Bay Suicide Prevention Project
NOA	Notice of Action
NP	Nurse Practitioner
OSHPD	Office of Statewide Health Planning and Development - the building department for hospitals and skilled nursing facilities in state
PA	Physician Assistant
PAM	Program Assessment Matrix Work Group
PATH	Projects for Assistance in Transition from Homelessness
PC 1370	Penal Code 1370 (Incompetent to Stand Trial, by virtue of mental illness)
PCP	Primary Care Provider (medical doctor)
PES	Psychiatric Emergency Services – (open 24/7 for psychiatric crises – 2225 Challenger Way, Santa Rosa, CA 95407)
PEI	Prevention and Early Intervention (part of Mental Health Services Act-MHSA)
PHF	Psychiatric Health Facility
PHI	Protected Health Information
PHP	Parker Hill Place - Telecare's transitional residential program in Santa Rosa
PHP	Partnership Health Plan
PIHP	Prepaid Inpatient Health Plan
PIP	Performance Improvement Project
PM	Performance Measure
PPP	Triple P - Positive Parenting Program
PPSC	Petaluma People Services Center
QA	Quality Assurance
QI	Quality Improvement
QIC	Quality Improvement Committee
QIP	Quality Improvement Policy (meeting)
QIS	Quality Improvement Steering (meeting)
RCC	Redwood Children's Center
RFP	Request for Proposals (released when new programs are planned and contractors are solicited)
RN	Registered Nurse
RRC	Russian River Counselors
ROI	Release of Information
SAR	Service Authorization Request
SB	Senate Bill
SBIRT	Screening, Brief Intervention, and Referral to Treatment
SCBH	Sonoma County Behavioral Health
SCOE	Sonoma County Office of Education
SDMC	Short-Doyle Medi-Cal
SED	Seriously Emotionally Disturbed
SELPA	Special Education Local Planning Area
SMHS	Specialty Mental Health Services
SMI	Seriously Mentally Ill
SNF (Sniff)	Skilled Nursing Facility
SOP	Safety Organized Practice
SPMI	Serious Persistent Mental Illness (or Seriously Persistently Mentally Ill)
SUDs	Substance Use Disorders Services (formerly AODS)

SWITS	Sonoma Web Infrastructure for Treatment Services
TAY	Transition Age Youth (18-25)
TBS	Therapeutic Behavioral Services
TFC	Therapeutic Foster Care
TSA	Timeliness Self-Assessment
VOMCH	Valley of the Moon Children's Home
WET	Workforce Education and Training (part of MHSA)
WCCS	West County Community Services
WCHC	West County Health Centers
WPC	Whole Person Care
WRAP	Wellness Recovery Action Plan
WRAP (alt)	Working to Recognize Alternative Possibilities (alt)
Wraparound	Community-based intervention services that emphasize the strengths of the child and family
YS/Y&F	Youth Services/Youth & Family (Sonoma County Behavioral Health)
YSS	Youth Satisfaction Survey
YSS-F	Youth Satisfaction Survey-Family Version