

**MENTAL HEALTH BOARD
Executive Committee Meeting
AGENDA**

VIRTUALLY ZOOM WEBINAR

Wednesday, March 3, 2021

10:30 to Noon

In accordance with Executive Orders N-25-20 and N-29-20 the Mental Health Board Executive Committee meeting will be held virtually.

MEMBERS OF THE PUBLIC MAY NOT ATTEND THIS MEETING IN PERSON

The Mental Health Board Executive Committee Meeting will be facilitated virtually through Zoom.

Members of the public can watch or listen to the meeting using one of the two following methods:

1. Join the Zoom meeting application on your computer, tablet or smartphone:

Go to: <https://zoom.us/>Please click this URL to join the webinar:

<https://sonomacounty.zoom.us/j/92385075311?pwd=d0FJUnFPaG0vNDB3Nk9KL3N2K1dtUT09>

2. Call-in and listen to the meeting:

Dial **+1 (669) 900 9128**

Enter Webinar ID:

Enter password: **609537**

Email Public Comment Prior to the Meeting:

You may email public comment to DHS-MHB@sonoma-county.org no later than five days prior to the meeting. All emailed public comments will be forwarded to all Board Members. During the meeting, if you have joined as a member of the public in the Zoom app or by calling in, there will be specific points throughout the meeting assigned to public comment.

REASONABLE ACCOMMODATION:

If you have a disability, which requires an accommodation or an alternative format to assist you in observing and commenting on this meeting, please contact the Clerk of the Mental Health Board at (707) 565-4854 or by email DHS-MHB@sonoma-county.org by 12:00 noon, Friday, February 26th, to ensure arrangements for accommodation.

The rules for public observation and comment supersede and replace the standard provisions for the duration of the public health emergency.

Mental Health Board Executive Committee Agenda

1. MHB Treasurer's Report – Balance –\$3,275
2. Recruitment and retention of MHB members – two vacancies one in District 4 (Gore) and one in District 5 (Hopkins).
3. Approval of Minutes of 2/16/21 MHB meeting at 03/16/21 general meeting. Draft minutes sent out to Board members.
4. Discuss Board Planning: Special Topic Presentation: Dr. Daniela Dominguez the Research Director at the Hanna Institute in Sonoma Valley. She is also an Assistant Professor in the counseling Psychology Department at the University of San Francisco. She will be addressing racism and racial trauma in Sonoma County and presenting strategies to achieve racial healing.
April special topic: North County, Bob Cobb heading up presenters.
5. BH Director's Report/DHS-BH Budget Update/Systems Transformation:
6. Discussion on inviting BOS representative to MHB meetings twice a year. **Dates for MHB to present to BOS March 16, 2021**
7. Other Reports Including CALBHB/C and Ad hoc committees; Legislative Agenda Items: PAM and Mental Health Services/Needs at Sonoma County Main Adult Detention Facility PAM matrix and site visits. **Ideas for facilities to visit and volunteers**
8. Discuss MHB acknowledging SCBH staff: **next staff person to acknowledge.** Person at the Baptist Community Church to present a poem or a presentation. They are MHSA funded.
9. Confirm scheduling of the special presentations: **Racial Disparities/Anti-racism presenter, outline and fee**
10. MHB Retreat-**discuss the Jam Board and retreat follow up** move to next MHB Exec agenda
11. Discuss moving MHB meetings to Wednesday evenings so Supervisors can attend
12. Conference Attendance Approvals
13. MHB Chair's Report –
 - Required meeting attendance for board members.
14. Future topics to add to agenda-
15. Public Comment

Next MHB Meeting Agenda 03/16/2021 –

- Roll Call
- Recruitment and retention of MHB members – two vacancies one in District 4 (Gore) and one in District 5 (Hopkins).
- Approval of Minutes for 2/16/21 MHB Meeting
- Consumer Affairs Report - Consumer news, issues, concerns – Kate Roberge/Guests
- Public Comments/Concerns/Accomplishments/Impact of Racial Disparities
- Special Presentation: Dr. Daniela Domínguez, addressing racism and racial trauma in Sonoma County and presenting strategies to achieve racial healing
- Behavioral Health Director's Report/BH Fiscal Update/Mental Health System Transformation
- PEERS Coalition Intern Report on Activities at SRJC
- Other Reports Including CALBHB/C and Ad hoc committees; Legislative Agenda Items: PAM and Mental Health Services/Needs at Sonoma County Main Adult Detention Facility,
- MHB Chair's Report
- Wrap-Up

Adjournment

AGENDA ITEM	DISCUSSION	RESOLUTION/ACTION
Treasurer's Report	Balance \$3,275.00 FY 20-21	Discussed purchasing supplies for honoring SCBH staff: paper, frames/folders. Tori will investigate if the County will print out certificates or if MHB will need to continue printing and supplying paper, frames and /or folders.
Recruitment and Retention of MHB Members	Three vacancies: one in District 2 (Rabbitt), District 4 (Gore) and one in District 5 (Hopkins).	Outreach to peers and family's to fill vacancies. Carol will create a flyer to send out notifying of the vacancies. Kathy will look into applicable laws to applicants working/volunteering for County contracting agencies.
Special Topic on 03/16/21	Virtual Zoom Meeting Tuesday 03/16/21 4:30-7:00 PM	<p>Dr. Daniela Domínguez is an Assistant Professor at the University of San Francisco and the Chief Executive Officer at On the Margins, LLC. She is a licensed psychologist and professional clinical counselor with a special interest in liberation psychology, anti-racism, migrant justice, and gender and sexuality matters. Previously, her program of research has focused on understanding how Black, Indigenous, and People of Color (BIPOC) cope with stress and use specific strategies to draw upon resiliencies to achieve positive health. In 2019, the Society of Counseling Psychologists honored her with the "Early Career Award for Distinguished Professional Contributions to Counseling Psychology.</p> <p>BOS statement on their website: COMMITMENT TO CIVILITY: The Board of Supervisors has adopted rules of procedures which include a commitment to civility. To assure civility in its public meetings, the public is encouraged to engage in respectful dialog that supports freedom of speech and values diversity of opinion. Board Members, staff and members of the public are expected to establish and maintain a cordial and respectful atmosphere during discussions; and foster meaningful dialogue free of personal attacks. Members of the public must also adhere to the speaking time limit.</p> <p>Kathy and Betzy will discuss the topic with Bill Carter. It will be suggested that Bill share the topic information with Barbie Robinson and Dr. Mase in light of recent incident both were involved in.</p>

<p>Discussion of Inviting BOS Representative to MHB Meetings</p>		<p>Discussion: Supervisor Gore will be invited to the April meeting covering North County. Date for MHB to present to BOS March 16, 2021</p>
<p>Director's Report/DHS-BH Budget Update/Updates of MH Systems Transformations Link to County of Sonoma, DHS-BH link: http://sonomacounty.ca.gov/Health/Behavioral-Health/</p>	<p>Bill Carter, SCBH Director</p>	<p>Drug and Alcohol Board has been disbanded, there is no representation for this board. It isn't mandated that a Drug and Alcohol Board must be in place. It is up to MHB to recommend to the BOS to accept the duties. Some of Measure O money will be used to expand the SUD program and more information will be available later.</p> <p>On boarding new managers within the program. An offer letter was submitted for the CSU manager and the person is in background. Karin Sellite has been selected for the Youth and Family Section Manager and Wendy Wheelwright has been selected to head Adult Services. Interviews next week for manager position to cover Equity, Inclusion and Diversion as well as Work Force Training. Bill will send out a copy of the MH Org Chart. Carol asked Bill about MH Budget and being transparent. Everyone will receive a copy of the first draft budget proposal when the BOS has reviewed it and puts it out for public discussion. Will the PEER Support programs be cut? Unknown at this time, BH is trying not to cut any programs if possible.</p> <p>COVID vaccine-concern for mental health clients who are not living in group housing, is there a plan to get them vaccinated soon? Bill brings this issue up at the State level.</p>
<p>Acknowledgement of SCBH Staff</p>	<p>Erica Klohe will be acknowledged at the March meeting.</p>	<p>List of potential recipients was sent out to members. Requested MBH to prioritize recipients. Carol suggested prioritizing Erica Klohe for March. PEER centers acknowledged next, individuals or group was discussed.</p>
<p>Rescheduling of special presentation Trauma Informed Care</p> <p>Please go to this NAMI link for Navigating a Mental Health Crisis: https://www.nami.org/Support-Education/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis; call the NAMI Helpline at 800-950-NAMI Or in a crisis, text "NAMI" to 741741</p>		

Program Assessment Matrix (PAM) Work Group --MHB Site Visits	Site Visits	Two board members should be attending visits. Please let Robert know if you have interest in attending the visits. Bill suggested visiting the Community Support Network, Crisis Residential Units (Harstad and Progress House). Jail visit update: suggested to invite Sgt. Cleek to summarize the jail program expansion.
Conference and Trainings Attendance and Approvals	Second two hour + retreat in April or May to discuss both DEI presentations and the first retreat jam board	
SRJC PEERS Coalition Report		
CALBHB/C Reports to be Added as Agenda Item with Other Reports Link to website: http://www.calbhbc.com/	A. CALBHB/C B. Conference Reports C. Surveys	Comm Board representation is needed, looking for a volunteer to take over as Sherry steps down from her MHB position.
MHB Executive Committee and General Meetings Schedule and Proposed Topics	May is Mental Health Awareness month	Two options: short letter to the editor of the Press Democrat and/or Close to Home. MHB Meeting on 3/16/21—virtual Zoom webinar meeting Next Executive Committee is Wednesday, 4/7/21, virtual Zoom webinar meeting.

Next MH Board Meeting Agenda	Next MHB Meeting Agenda 03/16/2021 – <ul style="list-style-type: none"> • Roll Call • Recruitment and retention of MHB members – Three vacancies: one in District 2 (Rabbitt), District 4 (Gore) and one in District 5 (Hopkins). • Approval of Minutes of 2/16/20 • Consumer Affairs Report - Consumer news, issues, concerns Kate Roberge/Guests • PEERS Coalition Intern Report on Activities at SRJC • Behavioral Health Director's Report/BH Fiscal Update/Mental Health System Transformation • Mental Health Board Appreciation: Erica Klohe • Special Presentation: Dr. Dominguez will be addressing racism and racial trauma including White Supremacy in Sonoma County and presenting strategies in racial healing. • Other Reports (Including CALBHB/C and Ad hoc committees: PAM and Mental Health Services/Needs at Sonoma County Main Adult Detention Facility) • Wrap-Up • Adjournment
-------------------------------------	---