

MENTAL HEALTH BOARD AGENDA

Executive Committee Meeting

Wednesday, February 5, 2020

10:30 to Noon

BH Administration, 2227 Capricorn Way, Galaxy Conference Room, Santa Rosa CA 95407

Present: Kathy Smith, Bob Cobb, Bob Hales, Dick Kirk, Sherry Weyers, Peterson Pierre, Bill Carter, Rhonda Darrow (recorder)

Guests: Michael Johnson (candidate for MHB District 3), Rebecca Fein (candidate for MHB District 4), Rita Larson (CSN), Kym V. (CSN)

- ❖ MHB Treasurer's Report – Balance – **-\$2839.00**
- ❖ Recruitment and retention of MHB members – Vacancy in Districts 2 (Rabbitt), 3 (Zane), and 4 (Gore)
- ❖ Board Planning: Special Topic Presentation: MHS Capacity Assessment, Three-Year Integrated Planning Process and Innovation Project (Presenter: Melissa Ladrech)
- ❖ Supervisor Gore would like to attend MHB but is requesting the April meeting to be changed to either May or June 2020
- ❖ BH Director's Report/DHS-BH Budget Update/Systems Transformation
--RFPs for peer-run support centers and training services were due on 2/7/20; two MHB members requested to take part on the review
- ❖ PAM Ad Hoc Committee Update – Site Visits
--Rita Larson and Kym V of CSN invited to present on CSN programs
- ❖ Spring MHB Retreat will be on Saturday, May 16, 2020
--To show documentary, "RESILIENCE"
- ❖ Conference Attendance Approvals
- ❖ Other Reports, i.e., CALBHB/C
- ❖ Future topics to add to agenda
- ❖ Public Comment

Next MHB Meeting Agenda for February 18, 2020, SCBH-The Hub Conference Room, 2245 Challenger Way, Santa Rosa, CA 95407

- Roll Call
- Approval of Minutes of 11/19/19 and 1/21/20
- Consumer Report – Kate Roberge and/or Guests
- Public Comments/Concerns/Accomplishments
- Special Presentation: **MHSA Capacity Assessment, Three-Year Integrated Planning Process and Innovation Project (Presenter: Melissa Ladrech)**
- BH Director's Report/DHS-BH Fiscal Update/Mental Health Systems Transformation
- PEERS Coalition Intern Report
- Other Reports [i.e., CALBHB/C and Program Assessment Matrix (PAM) Ad Hoc Committee]
- Board Planning
- MHB Chair's Report/Committee Reports
- Board Comments
- Wrap-Up
- Adjournment

AGENDA ITEM	DISCUSSION	RESOLUTION/ACTION
Treasurer's Report	Balance \$2839.00	Reimbursement of \$150 registration fees for Kathy Smith's and Sherry Weyers' attendance to the Hanna Institute's Trauma-informed Care event, 1/29 to 1/31/20.
Recruitment and Retention of MHB Members	David Rabbitt, District 2 Seat is Available Shirlee Zane, Two (2) District 3 Seats are Available James Gore, District 4 Seat is Available	Carol West is a candidate for District 2 Michael Johnson is a candidate for District 3. Introduction of Rebecca Fein as a candidate for District 4.
Special Topic on 2/18/20		MHSA Capacity Assessment, Three-Year Integrated Planning Process and Innovation Project Presenter: Melissa Ladrech
Director's Report/DHS-BH Budget Update/Updates of MH Systems Transformations Link to County of Sonoma, DHS-BH link: http://sonomacounty.ca.gov/Health/Behavioral-Health/		Bill Carter reported that any discussion of details of BH budget is too early; last year's structural deficit remains in place & we do not yet know how the County will respond. DHS BHD will amend contracts to stagger end dates to better manage the workload. The staff vacancy rate is predicted to reach 8 percent in the next 30-60 days, which is a more normal rate. There is a need to get staff trained. A RFP for staff training is going out: managers on how to manage their program's budget and clinical staff on suicide prevention. There is still a problem in recruiting psychiatrists, as there is a national deficit of doctors—this definitely makes a case to increase psychiatrists' salaries. There is an RFP for Substance Use Disorder services. Additional RFPs are going out for training Youth & Family Services staff and Suicide Prevention. RFPs for the Wellness Centers and Training Services applications are due February 7 th . Bill requested one or two MHB members to participate in the review of the applications. Bob Cobb and Bob Hales will review applications on February 18 th . The County is doing a study regarding a revenue ballot measure for Nov 2020. DHS BHD continues to look at resources to reduce Crisis Stabilization Unit (CSU) "overstays" beyond the 24-hour limit. In particular, there is a need to serve conservatees who are hard to place because IMDs (Institutes for Mental Disease--residential facilities for those unable to live on their own) are not accepting

		<p>them due to aggressive behaviors. There still is no signed contract for a Psychiatric Health Facility which would contract 14 beds for Sonoma County. Barbie Robinson is now director of both Department of Health Services and Community Development Commission. The Joe Rodota Trail Team is now the High Needs Homeless Team, which is a DHS program, which overlaps with BH.</p>
<p>Request to Change MHB Meeting in Cloverdale from April 21 to June 17, 2020</p>	<p>Cloverdale Regional Library 401 N. Cloverdale Blvd. Cloverdale, CA 95425</p>	<p>Supervisor James Gore requested to change the Cloverdale MHB meeting from April 21 to June 17, 2020, so he can attend. Rhonda to check on rescheduling the meeting to June at the Cloverdale Regional Library.</p>
<p>Request for Changing the MHB Public Hearing/MHSA Plan Update to Wednesday, May 27, 2020</p>	<p>City of Santa Rosa Finley Center – Person Large Auditorium 2060 West College Avenue Santa Rosa, CA 95401</p>	<p>Melissa Ladrech requested that the MHB Public Hearing be changed to May 27th. Rhonda to verify with Finley Center that the Public Hearing will be on May 27th in Person Large Auditorium.</p>
<p>Program Assessment Matrix (PAM) Work Group</p> <p>MHB Site Visits</p>	<p>Members: Shellie Hadley, Dick Kirk, Patricia Gray</p>	<p>Kathy Smith invited CSN representatives, Rita Larson and Kym V, (Opportunity House) to the MHB Executive Committee meeting to share information about CSN programs. They invited the MHB members to schedule site visits.</p> <p><u>Brown Street</u>: Board and care home; 15 women; no time limit of residency; in Santa Rosa.</p> <p><u>A-Step-Up</u>: Dual diagnosis residence for 6 months to a year; has 11 contracted beds with SCBH; intense program; the goal is to go from jail or homelessness to independent living.</p> <p><u>Hope House</u>: Board and care home for 12 men with enhanced services who are in DOR, looking for work or going to work; on North Dutton in Santa Rosa.</p> <p><u>Opportunity House</u>: Has 13 beds contracted with SCBH and has served over 100 people over the past year; this home-like facility is a starting point if has no money, etc.; it is a wrap-around environment; has to be in recovery; has to be in the community between 9:00 am and 3:00 PM to attend appointments, school, groups; is co-ed in a safe environment.</p> <p><u>E Street</u>: Social rehabilitation; community integration from locked facilities; has 9 beds; two staff available 40 hours per week.</p> <p><u>Bridges</u>: Has 10 beds; transitional program; can stay up to one year; learn to take care of self during</p>

		<p>transitions with support and a safety net in helping to independent living;</p> <p>Peterson has also reached out to Social Advocates for Youth (SAY) to initiate when the MHB members can make a site visit.</p> <p>Would like to have list of contractors for site visits and hear from Bill which ones he would request to be visited. Maybe could have these lists available at the retreat?</p>
MHB Spring Retreat	<p>Saturday, May 16, 2020 at The Hub Conference Room, 2245 Challenger Way</p>	<p>Susan Wilson has responded that she is available to be a facilitator/trainer on Saturday, May 16th.</p> <p>To request list of contractors from Bill for possible site visits.</p> <p>Bob Cobb shared that since the MHB has indicated an interest in learning more about trauma-informed care, he has a contact that they can provide a movie, "RESILIENCE," to be shown at the Retreat.</p> <p>The movie synopsis: "the child may not remember, but the body remembers." "The original research was controversial, but the findings revealed the most important public health findings of a generation. RESILIENCE is a one-hour documentary that delves into the science of Adverse Childhood Experiences (ACES) and the birth of a new movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of everything from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development have lifelong effects on health and behavior. However, as experts and practitioners profiled in RESILIENCE are proving, what's predictable is preventable. These physicians, educators, social workers and communities are daring to talk about the effects of divorce, abuse and neglect. And they are using cutting edge science to help the next generation break the cycles of adversity and disease https://kpjrfilms.co/resilience/. There is a companion film: https://kpjrfilms.co/paper-tigers/."</p>
Conference and Trainings Attendance and Approvals	<p>A. CALBHB/C meeting</p> <p>B. NAMI Conference</p> <p>C. Others</p>	
AGENDA ITEM:		

<ul style="list-style-type: none"> ▪ SRJC PEERS Coalition Report 		<p>PEERS representative was not available.</p>
<ul style="list-style-type: none"> ▪ CALBHB/C Reports to be Added as Agenda Item with Other Reports <p>Link to website: http://www.calbhbc.com/</p>	<p>A. CALBHB/C</p> <p>B. Conference Reports</p>	
<ul style="list-style-type: none"> • Other Reports 	<p>A.. Annual Report</p>	<p>At this time, it is on the BOS agenda for March 24th.</p> <p>Kathy and Sherry talked about taking pictures of all members and having each member do a bio to add the next Annual Report.</p>
<ul style="list-style-type: none"> ▪ MHB Executive Committee and General Meetings Schedule and Proposed Topics 		<p>MHB Meeting 01/21/20 at La Luz, 17560 Greger Street, Sonoma.</p> <p>Next Executive Committee is Wednesday, March 4, 2020.</p> <p>Special topic for the March 2020 MHB meeting on ACES and Trauma-Informed Care; Sherry Weyers, Kathy Smith and Wendy Wheelwright are planning this meeting. This meeting will be held at the Wellness & Advocacy Center.</p>
<p>Next MH Board Meeting Agenda</p>	<p>Next MHB Meeting Agenda, 02/18/20, SCBH-The Hub Conference Room, 2245 Challenger Way, Santa Rosa, CA 95407</p> <ul style="list-style-type: none"> • Roll Call • Approval of Minutes of 11/19/19 and 1/21/20 • Consumer Report – Kate Roberge and/or Guests • Public Comments/Concerns/Accomplishments • Special Presentation: MHSA Innovation Project Update (Presenter: Melissa Ladrech) • BH Director’s Report/DHS-BH Fiscal Update/Mental Health Systems Transformation • PEERS Coalition Intern Report • Other Reports [i.e., CALBHB/C and Program Assessment Matrix (PAM) Ad Hoc Committee] • Board Planning • MHB Chair’s Report/Committee Reports • Board Comments • Wrap-Up • Adjournment 	