



**SONOMA COUNTY MENTAL HEALTH BOARD Minutes of**

**July 13, 2021**

**This Meeting:  
Virtually Zoom Webinar**



**Minutes are posted in draft form and after approval at [www.sonoma-county.org/mhboard](http://www.sonoma-county.org/mhboard)  
Email: [dhs-mhb@sonoma-county.org](mailto:dhs-mhb@sonoma-county.org)**

**Please Note: A list of commonly used abbreviations and acronyms is attached**

This meeting's Zoom webinar audio recording will also be posted on the Mental Health Board web page as an attachment to these minutes.

**CALL TO ORDER**

Meeting called to order at 5:03 PM by Peterson Pierre, Vice-Chair.

**ROLL CALL**

**Present:** Bob Cobb, District 4                      Betzy Chavez, District 1                      Annabel Nygard, District 3  
Robert Hales, District 5                      Vanessa Nava, District 3                      Carol West, District 2  
Peter McAweeney, District 4                      Peterson Pierre, District 1

**Excused:** Kathy Smith, District 5; Michael Johnson, District 3

**Absent:** Mary Ann Swanson, District 2; Patricia Gray, District 1

**SRJC PEERS Coalition Representative:**

**Sonoma County Board of Supervisor:** no representative

**County of Sonoma DHS, Behavioral Health Division:**

**Community Members:** Richard DeLeon, Elizabeth Vermilyea, PhD, Monica, Kate Roberge, Susan Keller, Ariana Ibarra-Seneca, Interlink Representative, Erika Klohe, Katie Swan, Mary-Frances Walsh, Michael – Living Life Well, Saraisabel Virgen, Susan Standen, Wendy Wheelwright, community member called in, Becky Ennis

**ANNOUNCEMENTS /PUBLIC INTRODUCTIONS & COMMENTS**

- 1) You may submit agenda items for consideration prior to the Executive Committee meeting, normally held on the first Wednesday of each month, 10:30 AM to Noon. Email or call MHB clerk Tori Bartholomew (565-4850), [Tori.Bartholomew@sonoma-county.org](mailto:Tori.Bartholomew@sonoma-county.org) to verify the next meeting date.
- 2) There are three (3) vacancies: one in District 2 (Rabbitt), District 4 (Gore) and one in District 5 (Hopkins). If you are interested in serving on the Board, please contact Tori Bartholomew (565-4850), [Tori.Bartholomew@sonoma-county.org](mailto:Tori.Bartholomew@sonoma-county.org).
- 3) Please direct all your questions to the Chair.

**APPROVAL OF MINUTES**

- There was a quorum of the MHB membership. Corrected minutes from the June 15, 2021 MH Board were approved. Robert Hales motioned and Betzy Chavez seconded.

## **CONSUMER AFFAIRS**

- SB803 Peer Support Certification passed in 2020-Carol West presented a PowerPoint and requested the Mental Health Board host a forum in early August regarding Peer Certification. SB803 authorizes Department of Health Care Services (DHCS) to seek federal approvals to add peer support specialists as Medi-Cal provider type and peer support services as distinct service type in counties opting to participate in the program. DHCS is pursuing these federal approvals through the Medicaid waiver and State Plan Amendment processes. DHCS has received a draft of the standards and they are ready to release July 2022. It is now up to counties to decide if they want to opt in and participate. The Board will discuss SB803 in more depth at the September Executive Meeting.
- **Public Comments:** Erika Klohe - Health Action could be a great avenue to get other input. It is public so any one can attend if they are invited to join in the conversation. If promoted, as a community forum those that don't normally join may join. It might create more of an intersection of different areas of service being a part of this conversation.

## **SPECIAL PRESENTATION/PUBLIC COMMENTS/CONCERNS/ACCOMPLISHMENTS:**

- Wendy Wheelwright and Erika Klohe, Providence are presenting on Quality Improvement Committee (QIC). The PowerPoint will be shared on the Mental Health Board website. For the full presentation, please watch the Zoom meeting recording posted on the MHB website. Link below is for the following: Guidelines for Effective Communication With 911 Dispatch  
<https://sonomacounty.ca.gov/Health/Behavioral-Health/911-Scripts/> There is also a Spanish version that will be added to the website.

## **BEHAVIORAL HEALTH DIRECTOR'S REPORT/HBH FISCAL UPDATE/MENTAL HEALTH SYSTEM:** *Bill Carter or Designee Sonoma County's Mental Health Services Act [MHSA] newsletter is available at the link <http://www.sonoma-county.org/health/about/pdf/mhsa/>*

- Recruiting is a focus at this time. Interviews for the SUD Section Manager position, Diane Madrigal retired earlier this year. We will be opening a position for nursing supervisor. After that we have a number of direct service staff positions that will be recruited for. Recruitments are difficult, we attribute that to COVID and the difficult decision the work force are experiencing returning to work.
- In June, the BOS shared there is American Recovery Protection Act (ARPA) funding that has come to Sonoma County and they will be leading a process in which to distribute those funds in the community. One process is that the BOS has asked each of the County departments to submit proposals for projects to support with this time-limited funding. It is about \$96 million to Sonoma County, \$20 million is set aside for ongoing COVID relief efforts. The money needs to be encumbered by the of the year 2024 and must be spent by the end of the year 2026. The BOS will be talking about this again at the July 27<sup>th</sup> board meeting and an expected decision to disperse the funds will be announced at the end of the year.
- The BOS has on the calendar announcing the Measure O oversight committee at the August 24<sup>th</sup> board meeting. They will be reporting regarding Measure O planning and the decision around planning on August 31<sup>st</sup>.
- Psychiatric Health Facility (PHF) is on track to open in December. All of the construction and permitting is currently scheduled to be completed in November and will be accepting clients in December.

- We have sponsored two applications to the Mental Health Services Act Oversight and Accountability Commission for local projects. A partnership with the Elizabeth Morgan Brown Foundation, Aldea and Buckelew will be bringing the First Episode Psychosis program to Sonoma County. It is being funded through a variety of venues through the department as well as with a donation by Kaiser Permanente and we sponsored their application for the program to MHSOAC. And a second project sponsoring the Sonoma County Office of Education for services to increase mental health services in schools. Both have been notified that they have been funded however they are still in the paperwork process with the State. We are waiting for updates for when the money will become available and then those programs can begin. In the future, we may want to have representatives from the projects share with the MHB or others about what is happening.
- We are tracking State releases of funding for this year's budget. This year's state budget had generous amounts of money in the area of behavioral health. It is one time money and it will be invested to in building local services, infra-systems and structures. Two projects we are looking forward to are infrastructure development, \$750 million will be released across the state for investment in capital projects and facilities for mental health services and a mobile crisis set of grants.

**PEERS (PEOPLE EMPOWERING EACH OTHER TO REALIZE SUCCESS) COALITION INTERN REPORT –**

(Maria Arreguin [srjcpeers.maria@gmail.com](mailto:srjcpeers.maria@gmail.com)) Link to SRJC's webpage about current health events around the campus: <https://events.santarosa.edu/calendar-events>; <https://shs.santarosa.edu/health-promotion-wellness>

**Mental Health Board Discussion:**

**Honor/Appreciate the Behavioral Health System –** Wendy Wheelwright, Sonoma County Behavioral Health

**Other Agenda Items:**

- Robert Hales, Bob Cobb and Betzy Chavez shared three site visits that were conducted since the last Mental Health Board meeting.

**MHB CHAIR'S REPORT:**

- Three vacancies: one in District 2 (Rabbitt), District 4 (Gore) and one in District 5 (Hopkins).

**OTHER REPORTS:**

- Site visits: Buckelew-May, Progress Sonoma-April, Community Support Network, Brown St. and Hope House and MST in June.
- Proposed next site visit is West County Community Services and Petaluma Peer Recovery Center. The Wellness and Advocacy Center was proposed as well.

**BOARD AND PUBLIC COMMENTS:**

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Motion by Robert Hales, seconded by Bob Cobb.

Meeting adjourned at 6:44 p.m.

Respectfully submitted,

Tori Bartholomew, Mental Health Board Clerk



## ABBREVIATIONS & ACRONYMS

5150	Declared to be a danger to self and/or others
AB3632	Assembly Bill - State-mandated MH services for seriously emotionally disturbed youth - discontinued by State
ACA	Affordable Care Act
ACL	All County Letter
ACT	Assertive Community Treatment (program run by Telecare)
ANSA	Adult Needs and Strengths Assessment – a “tool” for determining which services are needed by each particular adult client
AODS	Alcohol and Other Drugs Services – now a part of the Mental Health Division and called SUDS
ART	Aggression Replacement Therapy
BHD	Behavioral Health Division (Sonoma County)
CADPAAC	County Alcohol and Drug Program Administrators’ Association of California
CAHPS	Consumer Assessment of Healthcare Providers and Systems
CalEQRO	California External Quality Review Organization
CALMHB/C	California Association of Local Mental Health Boards & Commissions - comprised of representatives from many MHBs in the State
CANS	Child, Adolescent Needs and Strengths (Assessment) – helps determine which services are needed by each child client
CAPE	Crisis Assessment, Prevention, and Education Team; goes into the schools when called to intervene in student mental health matters
CAPSC	Community Action Partnership-Sonoma County
CARE	California Access to Recovery Effort
CBT	Cognitive Behavioral Therapy
CCAN	Corinne Camp Advocacy Network - Peers involved in mental health advocacy
CDC	Sonoma County Community Development Commission
CDSS	California Department of Social Services
CFM	Consumer and Family Member
CFR	Code of Federal Regulations
CFT	Child Family Team
CHD	California Human Development
CHFFA	California Health Facilities Financing Authority
CIP	Community Intervention Program
CIT	Crisis Intervention Training (4-day training for law enforcement, to help them identify and respond to mental health crisis situations)
CMHC (part of SCBH))	Community Mental Health Centers, Located in Petaluma, Guerneville, Sonoma, and Cloverdale
CMHDA	California Mental Health Directors Association
CMHL monthly	SCBH’s Community Mental Health Lecture series - open to the public- usually takes place monthly
CMS	Centers for Medicare and Medicaid Services
CMSP	County Medical Services Program - for uninsured, low-income residents of the 35 counties participating in the State program
CONREP State 6/30/14)	Conditional Release Program (State-funded, SCBH-run, but will be turned over to the State 6/30/14)

CPS	Child Protective Service
CPS (alt)	Consumer Perception Survey (alt)
CRU	Crisis Residential Unit (aka Progress Sonoma-temporary home for clients in crisis, run by Progress Foundation)
CSU	Crisis Stabilization Unit (Sonoma County Behavioral Health's psychiatric emergency services at 2225 Challenge Way, Santa Rosa, CA 95407)
CSAC	California State Association of Counties
CSN	Community Support Network (contract Provider)
CSS	Community Services and Support (part of Mental Health Services Act-MHSA)
CWS	Child Welfare Services
CY	Calendar Year
DAAC	Drug Abuse Alternatives Center
DBT	Dialectical Behavioral Therapy
DHCS	(State) Department of Health Care Services (replaced DMH July 1, 2011)
DHS	Department of Health Services (Sonoma County)
DPI	Department of Program Integrity
DSRIP	Delivery System Reform Incentive Payment
EBP	Evidence-basis Program or Practice
EHR	Electronic Health Record
EMR	Electronic Medical Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment (Children's Full Scope Medi-Cal to age 21)
EQRO	External Quality Review Organization (annual review of our programs by the State)
FACT	Forensic Assertive Community Treatment
FASST	Family Advocacy Stabilization, Support, and Treatment (kids 8-12)
FQHC	Federally Qualified Health Center
FY	Fiscal Year
HCB	High-Cost Beneficiary
HIE	Health Information Exchange
HIPPA	Health Insurance Portability and Accountability Act
HIS	Health Information System
HITECH	Health Information Technology for Economic and Clinical Health Act
HSD	Human Services Department
HPSA	Health Professional Shortage Area
HRSA	Health Resources and Services Administration
IHT	Integrated Health Team (medical and MH services for adults)
IPU	Inpatient Psychiatric Unit
IRT	Integrated Recovery Team (for those with mental illness + substance use issues)
IMDs	Institutes for Mental Disease (residential facilities for those unable to live on their own)
INN	Innovation (part of MHSA)
IT	Information Technology
JCAHO	Joint Commission on Accreditation of Healthcare Organizations - accredits hospitals & other organizations
LEA	Local Education Agency
LG	Los Guilicos-Juvenile Hall

LGBQQT	Lesbian/Gay/Bisexual/Queer/Questioning/Transgender/Intersexed (also LGBTQ)
LOS	Length of Stay
LSU	Litigation Support Unit
M2M	Mild-to-Moderate
MADF	Main Adult Detention Facility (Jail)
MDT	Multi-Disciplinary Team
MHB	Mental Health Board
MHBG	Mental Health Block Grant
MHFA	Mental Health First Aid
MHP	Mental Health Plan
MHSA	Mental Health Services Act
MHSD	Mental Health Services Division (of DHCS)
MHSIP	Mental Health Statistics Improvement Project
MHST	Mental Health Screening Tool
MHWA	Mental Health Wellness Act (SB 82)
MOU	Memorandum of Understanding
MRT	Moral Reconation Therapy
MST	Mobile Support Team - gets called by law enforcement to scenes of mental health crises
NAMI	National Alliance on Mental Illness
NBSPP	North Bay Suicide Prevention Project
NOA	Notice of Action
NP	Nurse Practitioner
OSHPD	Office of Statewide Health Planning and Development - the building department for hospitals and skilled nursing facilities in state
PA	Physician Assistant
PAM	Program Assessment Matrix Work Group
PATH	Projects for Assistance in Transition from Homelessness
PC 1370	Penal Code 1370 (Incompetent to Stand Trial, by virtue of mental illness)
PCP	Primary Care Provider (medical doctor)
PES	Psychiatric Emergency Services – (open 24/7 for psychiatric crises – 2225 Challenger Way, Santa Rosa, CA 95407)
PEI	Prevention and Early Intervention (part of Mental Health Services Act-MHSA)
PHF	Psychiatric Health Facility
PHI	Protected Health Information
PHP	Parker Hill Place - Telecare's transitional residential program in Santa Rosa
PHP	Partnership Health Plan
PIHP	Prepaid Inpatient Health Plan
PIP	Performance Improvement Project
PM	Performance Measure
PPP	Triple P - Positive Parenting Program
PPSC	Petaluma People Services Center
QA	Quality Assurance
QI	Quality Improvement
QIC	Quality Improvement Committee
QIP	Quality Improvement Policy (meeting)

QIS	Quality Improvement Steering (meeting)
RCC	Redwood Children’s Center
RFP	Request for Proposals (released when new programs are planned and contractors are solicited)
RN	Registered Nurse
RRC	Russian River Counselors
ROI	Release of Information
SAR	Service Authorization Request
SB	Senate Bill
SBIRT	Screening, Brief Intervention, and Referral to Treatment
SCBH	Sonoma County Behavioral Health
SCOE	Sonoma County Office of Education
SDMC	Short-Doyle Medi-Cal
SED	Seriously Emotionally Disturbed
SELPA	Special Education Local Planning Area
SMHS	Specialty Mental Health Services
SMI	Seriously Mentally Ill
SNF (Sniff)	Skilled Nursing Facility
SOP	Safety Organized Practice
SPMI	Serious Persistent Mental Illness (or Seriously Persistently Mentally Ill)
SUDs	Substance Use Disorders Services (formerly AODS)
SWITS	Sonoma Web Infrastructure for Treatment Services
TAY	Transition Age Youth (18-25)
TBS	Therapeutic Behavioral Services
TFC	Therapeutic Foster Care
TSA	Timeliness Self-Assessment
VOMCH	Valley of the Moon Children’s Home
WET	Workforce Education and Training (part of MHSA)
WCCS	West County Community Services
WCHC	West County Health Centers
WPC	Whole Person Care
WRAP	Wellness Recovery Action Plan
WRAP (alt)	Working to Recognize Alternative Possibilities (alt)
Wraparound	Community-based intervention services that emphasize the strengths of the child and family
YS/Y&F	Youth Services/Youth & Family (Sonoma County Behavioral Health)
YSS	Youth Satisfaction Survey
YSS-F	Youth Satisfaction Survey-Family Version