



**SONOMA COUNTY MENTAL HEALTH BOARD Minutes of
September 21, 2021**



**This Meeting:
Virtually Zoom Webinar**

Minutes are posted in draft form and after approval at www.sonoma-county.org/mhboard

Email: dhs-mhb@sonoma-county.org

Please Note: A list of commonly used abbreviations and acronyms is attached

This meeting's Zoom webinar audio recording will also be posted on the Mental Health Board web page as an attachment to these minutes.

CALL TO ORDER

Meeting called to order at 5:02 PM by Kathy Smith.

ROLL CALL

Present: Bob Cobb, District 4	Annabel Nygard, District 3	Robert Hales, District 5
Carol West, District 2	Peter McAweeney, District 4	Mary Ann Swanson, District 2
Peterson Pierre, District 1	Kathy Smith, District 5	Michael Johnson, District 3

Excused:

Absent: Betzy Chavez, Patricia Gray, Vanessa Nava

SRJC PEERS Coalition Representative: no representative

Sonoma County Board of Supervisor: no representative

County of Sonoma DHS, Behavioral Health Division: Bill Carter

Community Members: Gregory Fearon, Kate Roberge, Victoria Kalish, Elizabeth Vermilyea, PhD, Michelle Davis, Mary-Frances Walsh, Debbie Howell, Julie Burns, David Cox, Saraisabel Virgen, Steven Boyd, Susan Keller, Member calling in, Wendy Wheelwright, Lynea Seiberlich-Wheeler, Erika Klohe-SOS Counseling, Becky Ennis, Michael @Living Life Well, Gerry La Londe-Berg, Jimena Gomez

ANNOUNCEMENTS /PUBLIC INTRODUCTIONS & COMMENTS

- 1) You may submit agenda items for consideration prior to the Executive Committee meeting, normally held on the first Wednesday of each month, 10:30 AM to Noon. Email or call MHB clerk Tori Bartholomew (565-4850), Tori.Bartholomew@sonoma-county.org to verify the next meeting date.
- 2) There are three (3) vacancies: one in District 2 (Rabbitt), District 4 (Gore) and one in District 5 (Hopkins). If you are interested in serving on the Board, please contact Tori Bartholomew (565-4850), Tori.Bartholomew@sonoma-county.org.
- 3) Please direct all your questions to the Chair.

APPROVAL OF MINUTES

- There was a quorum of the MHB membership. Minutes from the July 13, 2021 MH Board were approved. Bob Hales motioned and Peter McAweeney seconded. Kathy Smith and Peterson Pierre abstained.

CONSUMER AFFAIRS

- Michelle Davis is a peer of Hearing Voices USA and has worked for Buckelew for 11.5 years. Michelle shared statistics of individuals that hear voices around the world. She also defined how individuals hear voices in different ways i.e.: tactile, verbal, vision, olfactory, aliens, etc. Voices can come from a variety of avenues for example, they can come from a spiritual experience, response to trauma, neuro-diversity, communication with ancestors, part of a diagnosis, physical illness to name a few. There are two local chapters in the bay area.
- **Public Comments:** Elizabeth Vermilyea, PhD: I really appreciate your de-pathologizing of the phenomenon of hearing voices.

SPECIAL PRESENTATION/PUBLIC COMMENTS/CONCERNS/ACCOMPLISHMENTS:

- Wendy Wheelwright – EQRO presentation. Share a PowerPoint presentation of the EQRO Review results. The PowerPoint will be shared with the MH Board and the public.

BEHAVIORAL HEALTH DIRECTOR'S REPORT/HBH FISCAL UPDATE/MENTAL HEALTH SYSTEM: *Bill Carter or Designee Sonoma County's Mental Health Services Act [MHSA]* newsletter is available at the link <http://www.sonoma-county.org/health/about/pdf/mhsa/>

- Opportunities coming our way:
 - The additional federal money that CA received will increase this year's Substance Abuse Block Grant (SABG) and Mental Health Block Grant (MHBG) The SABG will have an additional \$2.1 million in our allocation and in the MHBG an additional \$1.2 million. So we are able to expand our work in those areas.
 - The State released an RFP for the Crisis Continuum Mobile Unit (CCMU) grant. 75% of the funds had to be used on infrastructure not operational or ongoing costs. We took the approach of supporting the city's efforts to establish and expand their programs. We put forward an application that supports the Santa Rosa inRESPONSE Program, the Petaluma SAFE Program and the upcoming Rohnert Park/Cotati team. DHS will convene the 4 teams in a evaluation/outcome collaborative. The four teams will work together to build a common data dictionary, stored on a shared platform and generate reports that help us learn what we can from the different programs and to coordinate our services. We are waiting to hear back from the state on this application.
 - The BOS has taken its first actions on the Measure O funds. Roughly 50% of the Measure O funding is set aside for existing programs and 50% for new programs. The BOS established an ad-hoc committee to discuss the new programs. Supervisors Gore and Coursey make up that committee that was supported by the CAO's office and DHS. We reviewed each of the funding areas in the Measure O allocations and generated a set of recommendations that went forward to the BOS a few meetings ago. The BOS accepted some recommendations and told us to move forward with them and put a few on hold.
 - **The recommendations are/were:** Psychiatric Health Facility (PFH) there is \$1.6 million in Measure O money set aside for this, however it doesn't cover the operational costs of the facility. The BOS had to decide whether or not they wanted to spend that money and then look elsewhere for other money, they decided to do that. They are moving ahead with the PFH and have some strategies for identifying another \$1.5 million which is required to fully support the PFH which opens in January.
 - Transitional Housing, we made three recommendations. The first is to create a housing manager position for DHS. We have a growing body of housing units that have purchased with Behavioral

Health funding and we don't have the ability to track how we are using that or using it well in a centralized way because we don't have a position to do that. We have made a request for that position and that position was granted.

- The Justice Mental Health Collaborative Project which is transitional housing that is paid for by Probation and case management which is covered by Probation and Behavioral Health to support individuals to avoid the criminal justice system or moving out of the criminal justice system. It was funded by a grant that ended this year and it has been a very successful program. There is interest in continuing and expanding it. We supported Probation's request for ongoing funding for the case management part of this program. We recommended that this be supported and the Board accepted that recommendation as well.
- It was suggested that about \$700,000 be set aside to operate a transitional housing program for individuals who are served by the Behavioral Health Division and we recommended that they hold the money until we have a chance to apply for an upcoming state grant that could result in grant funding to purchase and/or build facilities for transitional housing. In this approach, state grant funds would secure the properties and Measure O money would cover the ongoing operations. The Board was interested in that proposal but they wanted to set that aside for further consideration. It was suggested that some of these funds be used on a limited basis to address a portion of the PHF shortfall.
- MST/CAPE - We recommended to hold making any decisions pending learning what happens with the other state money that is coming for mobile crisis support. The Board will continue to review the decision to be made in this area.
- Santa Rosa Junior College has a proposal to do additional on campus services that target unserved and underserved populations, targeting specific minority groups, veterans, gender identity. The Board is supportive of funding this project so we will move forward with it.
- Substance Use Disorder (SUD) expansion - Two recommendations made: First, we requested three additional positions in the SUD administration. In the 2016 budget cuts, the SUD administration was reduced to the point that we are not able to manage the programs we have and we would not be able to support any expansion of SUD services. The three positions would allow us to work on expansion and two specific areas of expansion would be to release an RFP utilizing Measure O funds to support youth services and then to work toward supporting a recommendation that would go to the Department and the Board later next year to join the Organized Delivery System (ODS) waiver which would expand services. Both of those recommendations were accepted.
- The next discussion with the Board happens in December and at that point they will make final decisions about how that money will be used the first of the year.

PEERS (PEOPLE EMPOWERING EACH OTHER TO REALIZE SUCCESS) COALITION INTERN REPORT –

(Maria Arreguin srjcpeters.maria@gmail.com) Link to SRJC's webpage about current health events around the campus: <https://events.santarosa.edu/calendar-events>; <https://shs.santarosa.edu/health-promotion-wellness>

Mental Health Board Discussion:

- Carol West: October meeting will focused on integrating peers/family members/consumers across the system of care. If you are interested in this topic or to be on the panel, please reach out to Carol or Tori.

Other Agenda Items:

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MHB CHAIR’S REPORT:

- November 4th the Mental Health Board will host Melissa Ladrech as she shares the MHSA Annual Report. The agenda and Zoom link will be posted on the Mental Health Board website.

OTHER REPORTS:

- Robert Hales discussed an overview of the site visits that have been completed to date. All of the site visits were very impressive and positive. The Mental Health Board will review the necessary steps to share/post the completed site visit reports with the public.

BOARD AND PUBLIC COMMENTS:

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Motion by Robert Hales, Peterson Pierre seconded.
Meeting adjourned at 6:24 p.m.

Respectfully submitted,
Tori Bartholomew, Mental Health Board Clerk

ABBREVIATIONS & ACRONYMS

5150	Declared to be a danger to self and/or others
AB3632	Assembly Bill - State-mandated MH services for seriously emotionally disturbed youth - discontinued by State
ACA	Affordable Care Act
ACL	All County Letter
ACT	Assertive Community Treatment (program run by Telecare)
ANSA	Adult Needs and Strengths Assessment – a “tool” for determining which services are needed by each particular adult client
AODS	Alcohol and Other Drugs Services – now a part of the Mental Health Division and called SUDS
ART	Aggression Replacement Therapy
BHD	Behavioral Health Division (Sonoma County)
CADPAAC	County Alcohol and Drug Program Administrators’ Association of California
CAHPS	Consumer Assessment of Healthcare Providers and Systems
CalEQRO	California External Quality Review Organization
CALMHB/C	California Association of Local Mental Health Boards & Commissions - comprised of representatives from many MHBs in the State
CANS	Child, Adolescent Needs and Strengths (Assessment) – helps determine which services are needed by each child client
CAPE	Crisis Assessment, Prevention, and Education Team; goes into the schools when called to intervene in student mental health matters
CAPSC	Community Action Partnership-Sonoma County

CARE	California Access to Recovery Effort
CBT	Cognitive Behavioral Therapy
CCAN	Corinne Camp Advocacy Network - Peers involved in mental health advocacy
CDC	Sonoma County Community Development Commission
CDSS	California Department of Social Services
CFM	Consumer and Family Member
CFR	Code of Federal Regulations
CFT	Child Family Team
CHD	California Human Development
CHFFA	California Health Facilities Financing Authority
CIP	Community Intervention Program
CIT	Crisis Intervention Training (4-day training for law enforcement, to help them identify and respond to mental health crisis situations)
CMHC	Community Mental Health Centers, Located in Petaluma, Guerneville, Sonoma, and Cloverdale (part of SCBH))
CMHDA	California Mental Health Directors Association
CMHL	SCBH's Community Mental Health Lecture series - open to the public - usually takes place monthly
CMS	Centers for Medicare and Medicaid Services
CMSP	County Medical Services Program - for uninsured, low-income residents of the 35 counties participating in the State program
CONREP	Conditional Release Program (State-funded, SCBH-run, but will be turned over to the State 6/30/14)
CPS	Child Protective Service
CPS (alt)	Consumer Perception Survey (alt)
CRU	Crisis Residential Unit (aka Progress Sonoma-temporary home for clients in crisis, run by Progress Foundation)
CSU	Crisis Stabilization Unit (Sonoma County Behavioral Health's psychiatric emergency services at 2225 Challenge Way, Santa Rosa, CA 95407)
CSAC	California State Association of Counties
CSN	Community Support Network (contract Provider)
CSS	Community Services and Support (part of Mental Health Services Act-MHSA)
CWS	Child Welfare Services
CY	Calendar Year
DAAC	Drug Abuse Alternatives Center
DBT	Dialectical Behavioral Therapy
DHCS	(State) Department of Health Care Services (replaced DMH July 1, 2011)
DHS	Department of Health Services (Sonoma County)
DPI	Department of Program Integrity
DSRIP	Delivery System Reform Incentive Payment
EBP	Evidence-basis Program or Practice
EHR	Electronic Health Record
EMR	Electronic Medical Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment (Children's Full Scope Medi-Cal to age 21)

EQRO	External Quality Review Organization (annual review of our programs by the State)
FACT	Forensic Assertive Community Treatment
FASST	Family Advocacy Stabilization, Support, and Treatment (kids 8-12)
FQHC	Federally Qualified Health Center
FY	Fiscal Year
HCB	High-Cost Beneficiary
HIE	Health Information Exchange
HIPPA	Health Insurance Portability and Accountability Act
HIS	Health Information System
HITECH	Health Information Technology for Economic and Clinical Health Act
HSD	Human Services Department
HPSA	Health Professional Shortage Area
HRSA	Health Resources and Services Administration
IHT	Integrated Health Team (medical and MH services for adults)
IPU	Inpatient Psychiatric Unit
IRT	Integrated Recovery Team (for those with mental illness + substance use issues)
IMDs	Institutes for Mental Disease (residential facilities for those unable to live on their own)
INN	Innovation (part of MHSA)
IT	Information Technology
JCAHO	Joint Commission on Accreditation of Healthcare Organizations - accredits hospitals & other organizations
LEA	Local Education Agency
LG	Los Guilicos-Juvenile Hall
LGBQQTI	Lesbian/Gay/Bisexual/Queer/Questioning/Transgender/Intersexed (also LGBTQ)
LOS	Length of Stay
LSU	Litigation Support Unit
M2M	Mild-to-Moderate
MADF	Main Adult Detention Facility (Jail)
MDT	Multi-Disciplinary Team
MHB	Mental Health Board
MHBG	Mental Health Block Grant
MHFA	Mental Health First Aid
MHP	Mental Health Plan
MHSA	Mental Health Services Act
MHSD	Mental Health Services Division (of DHCS)
MHSIP	Mental Health Statistics Improvement Project
MHST	Mental Health Screening Tool
MHWA	Mental Health Wellness Act (SB 82)
MOU	Memorandum of Understanding
MRT	Moral Reconation Therapy
MST	Mobile Support Team - gets called by law enforcement to scenes of mental health crises
NAMI	National Alliance on Mental Illness
NBSPP	North Bay Suicide Prevention Project
NOA	Notice of Action
NP	Nurse Practitioner

OSHPD	Office of Statewide Health Planning and Development - the building department for hospitals and skilled nursing facilities in state
PA	Physician Assistant
PAM	Program Assessment Matrix Work Group
PATH	Projects for Assistance in Transition from Homelessness
PC 1370	Penal Code 1370 (Incompetent to Stand Trial, by virtue of mental illness)
PCP	Primary Care Provider (medical doctor)
PES	Psychiatric Emergency Services – (open 24/7 for psychiatric crises – 2225 Challenger Way, Santa Rosa, CA 95407)
PEI	Prevention and Early Intervention (part of Mental Health Services Act-MHSA)
PHF	Psychiatric Health Facility
PHI	Protected Health Information
PHP	Parker Hill Place - Telecare’s transitional residential program in Santa Rosa
PHP	Partnership Health Plan
PIHP	Prepaid Inpatient Health Plan
PIP	Performance Improvement Project
PM	Performance Measure
PPP	Triple P - Positive Parenting Program
PPSC	Petaluma People Services Center
QA	Quality Assurance
QI	Quality Improvement
QIC	Quality Improvement Committee
QIP	Quality Improvement Policy (meeting)
QIS	Quality Improvement Steering (meeting)
RCC	Redwood Children’s Center
RFP	Request for Proposals (released when new programs are planned and contractors are solicited)
RN	Registered Nurse
RRC	Russian River Counselors
ROI	Release of Information
SAR	Service Authorization Request
SB	Senate Bill
SBIRT	Screening, Brief Intervention, and Referral to Treatment
SCBH	Sonoma County Behavioral Health
SCOE	Sonoma County Office of Education
SDMC	Short-Doyle Medi-Cal
SED	Seriously Emotionally Disturbed
SELPA	Special Education Local Planning Area
SMHS	Specialty Mental Health Services
SMI	Seriously Mentally Ill
SNF (Sniff)	Skilled Nursing Facility
SOP	Safety Organized Practice
SPMI	Serious Persistent Mental Illness (or Seriously Persistently Mentally Ill)
SUDs	Substance Use Disorders Services (formerly AODS)
SWITS	Sonoma Web Infrastructure for Treatment Services
TAY	Transition Age Youth (18-25)

TBS	Therapeutic Behavioral Services
TFC	Therapeutic Foster Care
TSA	Timeliness Self-Assessment
VOMCH	Valley of the Moon Children’s Home
WET	Workforce Education and Training (part of MHSA)
WCCS	West County Community Services
WCHC	West County Health Centers
WPC	Whole Person Care
WRAP	Wellness Recovery Action Plan
WRAP (alt)	Working to Recognize Alternative Possibilities (alt)
Wraparound	Community-based intervention services that emphasize the strengths of the child and family
YS/Y&F	Youth Services/Youth & Family (Sonoma County Behavioral Health)
YSS	Youth Satisfaction Survey
YSS-F	Youth Satisfaction Survey-Family Version