

**MENTAL HEALTH BOARD  
Executive Committee Meeting  
AGENDA**

**VIRTUALLY ZOOM WEBINAR**

**Wednesday, September 1, 2021**

**10:30 to Noon**

**In accordance with Executive Orders N-25-20 and N-29-20 the Mental Health Board Executive Committee meeting will be held virtually.**

**MEMBERS OF THE PUBLIC MAY NOT ATTEND THIS MEETING IN PERSON**

The Mental Health Board Executive Committee Meeting will be facilitated virtually through Zoom.

Members of the public can watch or listen to the meeting using one of the two following methods:

1. Join the Zoom meeting application on your computer, tablet or smartphone:

Go to: <https://zoom.us/>Please click this URL to join the webinar:

<https://sonomacounty.zoom.us/j/96060504304?pwd=VXJ3VTJncm00NllsU2NDR09SYWwEdz09>

2. Call-in and listen to the meeting:

Dial **+1 (669) 900 9128**

Enter Webinar ID: **960 6050 4304**

Enter password: **995969**

Email Public Comment Prior to the Meeting:

You may email public comment to [DHS-MHB@sonoma-county.org](mailto:DHS-MHB@sonoma-county.org) no later than five days prior to the meeting. All emailed public comments will be forwarded to all Board Members. During the meeting, if you have joined as a member of the public in the Zoom app or by calling in, there will be specific points throughout the meeting assigned to public comment.

REASONABLE ACCOMMODATION:

If you have a disability, which requires an accommodation or an alternative format to assist you in observing and commenting on this meeting, please contact the Clerk of the Mental Health Board at (707) 565-4854 or by email [DHS-MHB@sonoma-county.org](mailto:DHS-MHB@sonoma-county.org) by 12:00 noon, Friday, August 27<sup>th</sup>, to ensure arrangements for accommodation.

**The rules for public observation and comment supersede and replace the standard provisions for the duration of the public health emergency.**

## Mental Health Board Executive Committee Agenda

1. MHB Treasurer's Report – Balance –\$2,219.19
  2. Recruitment and retention of MHB members – three vacancies one in District 2 (Rabbitt), one in District 4 (Gore) and one in District 5 (Hopkins).
  3. Approval of Minutes of July 13<sup>th</sup> MHB meeting at 09/21/21 general meeting. Draft minutes have been emailed out to Board members.
  4. Discuss MHB potential members application process (Bob Cobb)
  5. Discuss Board Planning: Special Topic Presentation:
  6. BH Director's Report/DHS-BH Budget Update/Systems Transformation:
  7. Other Reports Including CALBHB/C and Ad hoc committees; Legislative Agenda Items: PAM and Mental Health Services/Needs at Sonoma County Main Adult Detention Facility PAM matrix and site visits. **Ideas for facilities to visit and volunteers**
  8. Discuss MHB acknowledging SCBH staff:
  9. Confirm scheduling of the special presentations:
  10. Discuss County of Sonoma Behavioral Health Unit update MADF. Email sent out 5/20/21.
  11. MHB Chair's Report –
    - Vacancies
  12. Future topics to add to agenda-
  13. Public Comment
- 

### Next MHB Meeting Agenda 09/21/2021 –

- Roll Call
- Approval of Minutes for July 13<sup>th</sup> meeting at the MHB meeting at the general meeting.
- Consumer Affairs Report - Consumer news, issues, concerns – Kate Roberge/Guests
- PEERS Coalition Intern Report on Activities at SRJC
- Behavioral Health Director's Report/BH Fiscal Update/Mental Health System Transformation
- Mental Health Board Appreciation:
- Special Presentation:
- Public Comment/Wrap-Up
- Adjournment

AGENDA ITEM	DISCUSSION	RESOLUTION/ACTION
<b>Treasurer's Report</b>	Balance \$2,219.19 FY 20-21	Kathy submitted receipts for supplies she has purchased for reimbursement.
<b>Recruitment and Retention of MHB Members</b>	Three vacancies: one in District 2 (Rabbitt), one in District 4 (Gore) and one in District 5 (Hopkins).	<ul style="list-style-type: none"> <li>• Annabel Nygard has been appointed as a board member as of February 2, 2021</li> <li>• New board member process. Potential members are encouraged to attend MHB Executive and Board meetings to view the process and introduce themselves to the Board. It was suggested to set up a mentor process to assist new members when they are appointed by the BOS. During the meetings, add prospective members as panelists.</li> <li>• Build a document/guide for the BOS to assist with new board members.</li> <li>• Bob Cobb, Kathy Smith and Bob Hales will work together to compile a new member packet.</li> <li>• It was suggested that MHB members meet with their Supervisor once a month or quarterly.</li> </ul>
<b>Special Topic on 09/21/21</b>	Virtual Zoom Meeting Tuesday 09/21/21	<ul style="list-style-type: none"> <li>• Wendy Wheelwright - EQRO Presentation</li> </ul>
<b>Mental Health Board Monthly Meetings</b>		<b><u>Discussion:</u></b>
<b>Director's Report/DHS-BH Budget Update/Updates of MH Systems Transformations</b> Link to County of Sonoma, DHS-BH link: <a href="http://sonomacounty.ca.gov/Health/Behavioral-Health/">http://sonomacounty.ca.gov/Health/Behavioral-Health/</a>	Bill Carter, SCBH Director	<ul style="list-style-type: none"> <li>• Funding news-we get two grants annually that come from the Federal Government through the State to us. The Substance Abuse and Prevention Treatment Grant (SAPT) and Mental Health Block Grant (MHBG). They come to us with direction how to spend it, the money comes in little categories and we submit a plan every year detailing how we want to spend those funds and the State approves it. Because of the additional funding the State received in the American Rescue Package Act (ARPA), we are getting additional supplemental money this year. It came to us unexpectedly and we had to respond quickly. There is about</li> </ul>

\$2.5 million in additional funding available under the SAPT Grant to spend over three years and an additional \$1.2 million in the Mental Health Block Grant. We have submitted our SAPT application largely expanding some of the substance use services and trying to support some of the homeless outreach programs as well. The Mental Health Block Grant, we are preparing our application, most of that money (about \$1 million) is earmarked for specific programs: the first episode psychosis program called Care Coordination Program that Aldea, Buckelew, the Elizabeth Morgan Brown Foundation and the One Mind Institute are bringing to Sonoma County. A small amount of money will be used for Crisis Stabilization and Early Intervention, we will propose that will be used for Peer Support positions in the CSU. We currently have an extra help position that we want to turn into a permanent position and add a position. We will have to see how far the money goes.

- The State released a RFP for Crisis Care Mobile Units (CCMU). It is largely an infrastructure grant available to counties to support the establishment or expansion of mobile crisis. There was \$500,000 set aside for our county and then we can compete for up to \$1 million per program you want to establish. The county is not in a position to expand its MST program with infrastructure money. Santa Rosa, Petaluma, Rohnert Park and Cotati are bringing up their own mobile support teams and we hope to partner with Santa Rosa to run their team with our staff and their staff. We will work with them to include them in the application, then we propose the county lead an outcome and evaluation collaborative of all of the four teams. If they get the funding we

		<p>will have the County MST Team, the Santa Rosa In Response Team and Petaluma has the Safe Team, Rohnert Park and Cotati will have new teams that will be the same model as the Petaluma Team. There will be four programs up and operating. We applied for money to bring us all together to work on an ongoing basis on outcome and evaluation of all the mobile support programs. The idea is to share the same data dictionary, data collection process and platform and the same reporting processes so we are able to capture lessons learned and use that for program improvement and evaluate effectiveness of the programs indifferent areas so we can have some comparison. That grant was submitted last week, just under \$3 million in submissions.</p> <ul style="list-style-type: none"> <li>• Tuesdays BOS meeting, the Ad Hoc Committee and staff submitted its initial Measure O recommendation to the Board. The Board reviewed and made decisions to accept some recommendations and to continue to look at other areas. They accepted the PHF proposal and use Measure O money, the controversy is that there is not enough money to fully fund it. The decisions they had to consider is if we don't have all the money are we committing to back fill it somehow? They decided they would spend the \$1.6 million and look for another \$1.5 million. What they may do is use some of the money in the Transitional Housing budget to put up part of the money to address part of the short fall and as a good faith effort to the hospitals, who they have asked to help as well. They did not commit to the transitional housing proposal at this time.</li> </ul>
<p><b>Acknowledgement of SCBH Staff</b></p>		<ul style="list-style-type: none"> <li>•</li> </ul>

<p>Please go to this NAMI link for Navigating a Mental Health Crisis: <a href="https://www.nami.org/Support-Education/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis">https://www.nami.org/Support-Education/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis</a>; call the NAMI Helpline at 800-950-NAMI Or in a crisis, text "NAMI" to 741741</p>		<ul style="list-style-type: none"> <li>• No report</li> </ul>
<p><b>Program Assessment Matrix (PAM) Work Group</b> --MHB Site Visits</p>	<p>Site Visits</p>	<ul style="list-style-type: none"> <li>• Bob Hales will send an email to MHB members for potential sites to visit.</li> </ul>
<p><b>MHB Chair Report</b></p>	<p>QIC update/report</p>	<ul style="list-style-type: none"> <li>• EQRO 2019 final report has been released. The previous report had 22 recommendations. Wendy Wheelwright will put together a one page summary/newsletter to be shared.</li> <li>• The latest report only has six recommendations instead of 22. One of the big recommendations is that we increase our employment of peers. Carol West presented at one of the QIC meetings and her presentation matches what the County has been told. Focus groups will be put together soon.</li> <li>• Carol W - Implementation at the State level is moving forward, CalMesa has been designated as the implementation agency. Some funding has been identified for a Peer for CSU.</li> </ul>
<p><b>SRJC PEERS Coalition Report</b></p>		<ul style="list-style-type: none"> <li>• No report</li> </ul>
<p><b>CALBHB/C Reports to be Added as Agenda Item with Other Reports</b> Link to website: <a href="http://www.calbhbc.com/">http://www.calbhbc.com/</a></p>	<p>A. CALBHB/C B. Conference Reports C. Surveys</p>	<ul style="list-style-type: none"> <li>• No report</li> </ul>
<p><b>MHB Executive Committee and General Meetings Schedule and Proposed Topics</b></p>	<p>September Topic  October Topic</p>	<ul style="list-style-type: none"> <li>• MHSA Presentation has been rescheduled for November 4<sup>th</sup>.</li> <li>• Carol West-SB803 Peer Presentation and/or update on the new jail.</li> </ul>

**Next MH Board Meeting Agenda**

**Next MHB Meeting Agenda 09/21/2021 –**

- Roll Call
- Approval of Minutes for July 13<sup>th</sup> meeting.
- Consumer Affairs Report - Consumer news, issues, concerns – Kate Roberge/Guests
- PEERS Coalition Intern Report on Activities at SRJC
- Behavioral Health Director's Report/BH Fiscal Update/Mental Health System Transformation
- Mental Health Board Appreciation:
- Special Presentation: Wendy Wheelwright - EQRO
- Public Comment/Wrap-Up
- Adjournment