



SONOMA COUNTY BREASTFEEDING COALITION
Breastfeeding Groups
directory



PROFESSIONAL BREASTFEEDING HELP

Hands-on support and assessments in a group setting led by an International Board Certified Lactation Consultant

Santa Rosa Community Health Centers

Clients of all Santa Rosa Community Health Centers call **707-578-2005** for a lactation appointment

Sutter Santa Rosa Regional Hospital: 707 576-4857

Free, Bilingual, Drop in, Patients Only, Partners Welcome

Location: 2449 Summerfield Rd. Santa Rosa, CA. 95405 Main Entrance 2nd Floor

Date and Time: Every Thursday, 1:00 pm

Santa Rosa Memorial Hospital: 707-525-5212

Free, Bilingual, Drop In, All Welcome

Location: 1165 Montgomery Dr. Santa Rosa, CA 95405 Woman's & Children's Waiting Area (3 North)

Date and Time: Every Wednesday, 12pm – 2 PM

BREASTFEEDING SUPPORT GROUPS

Discussion group and sharing session led by a Peer Counselor, La Leche League Leader, Lactation Educator, or IBCLC

BREASTFEEDING CAFÉ's Sponsored by Better Beginnings 707-902-3031

(telephone help available)

Free. Drop in. Open to the Community

Date and Time: Every Monday 9:30 am - 11:00 am Location: 750 Mendocino Ave, Santa Rosa, CA.

Date and Time: *Every Wednesday Mobile Café 10 am – 11:30 am *canceled if raining

Location: Howarth Park, Santa Rosa, meet at the picnic tables in upper parking lot

Date and Time: Every Friday 9:30 am – 11:00 am

Location: 311 Professional Dr., Rohnert Park, CA, Early Learning Institute, 2nd Floor

Kaiser Permanente Santa Rosa: 707-393-4167

Medical Office Building 4, Conference Room, 1st Floor. Free. Drop in.

Members only Location: 3925 Old Redwood Highway, Santa Rosa, CA 95403

Date and Time: Every Tuesday, 11:30 am – 12:00 pm

La Leche League: 707-523-8697 (telephone help available)

Drop in. Free. English. Everyone Welcome. Donations Welcome

Location: 583 Summerfield Rd. Santa Rosa, CA. 95405

Dates: 1st Friday of every month, 10:30 am