

**Mental Health Services Act  
Steering Committee Meeting  
MINUTES**

Monday, March 25, 2019  
9:30 am to 11:30 am

1450 Neotomas Ave, Suite 200, Santa Rosa Room



**MHSA Steering Committee Members:**

<input checked="" type="checkbox"/> Buchignani, Mechelle	<input checked="" type="checkbox"/> Ladrech, Melissa	<input checked="" type="checkbox"/> Salas, Andy
<input checked="" type="checkbox"/> Calhoun, Gene	<input type="checkbox"/> Lee, Maurice	<input checked="" type="checkbox"/> Schweigman, Kurt
<input checked="" type="checkbox"/> Carter, Bill	<input checked="" type="checkbox"/> Mackey, John	<input type="checkbox"/> Silver, Karen
<input checked="" type="checkbox"/> Corbin, Mandy	<input type="checkbox"/> Mason, Debbie	<input checked="" type="checkbox"/> Smith, Kathy
<input checked="" type="checkbox"/> Davila, Christy	<input checked="" type="checkbox"/> Murphy, Allison	<input checked="" type="checkbox"/> Standen, Susan
<input checked="" type="checkbox"/> Darrow, Rhonda (recorder)	<input checked="" type="checkbox"/> Olivares, Ernesto	<input checked="" type="checkbox"/> Struckmann, Angela
<input checked="" type="checkbox"/> Dillon-Shore, Angie	<input checked="" type="checkbox"/> Perry, Matt	<input checked="" type="checkbox"/> Tillman, Teresa
<input checked="" type="checkbox"/> Jimenez, Ozzy	<input checked="" type="checkbox"/> Ravitch, Jill	<input checked="" type="checkbox"/> Torres, Jacquelyn
<input checked="" type="checkbox"/> Kawahara, Julie	<input checked="" type="checkbox"/> Reiff, Ellisa	<input checked="" type="checkbox"/> Tunstall-Lanatti, Kathie
<input checked="" type="checkbox"/> Klohe, Erica	<input checked="" type="checkbox"/> Robbins, Bruce	<input checked="" type="checkbox"/> Tuttelman, Sam

	Agenda Item	Details	Decisions, Items for follow-up
I.	<b>Welcome, Introductions and Goals</b>	<p><i>Handouts:</i></p> <ul style="list-style-type: none"> <li>A. Mental Health Services Act (MHSA) Steering Committee Meeting Agenda, March 25, 2019</li> <li>B. MHSA Steering Committee PowerPoint Presentation Slides</li> <li>C. MHSA Abbreviations Acronyms</li> <li>D. 2019 Calendar and Important Dates for Sonoma County Behavioral Health Division/Mental Health Services Act Steering Committee</li> <li>E. Mental Health Services Act Newsletter, 43<sup>rd</sup> Edition, December 28, 2018 Link on County of Sonoma internet website: <a href="http://sonomacounty.ca.gov/Health/Behavioral-Health/Mental-Health-Services-Act/">http://sonomacounty.ca.gov/Health/Behavioral-Health/Mental-Health-Services-Act/</a></li> </ul>	

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		<p><b>Welcome/Introductions</b>  Bill Carter welcomed everyone and stressed the importance of input from the community. All members introduced themselves and their organization or affiliation, region or group representation, and statement of what would make member participation valuable.</p> <p>Goals</p> <ul style="list-style-type: none"> <li>• Develop MHSA Steering Committee Operating Agreements</li> <li>• Provide MHSA history, requirements and funding information</li> <li>• Review proposed structure of Sonoma County (MHSA) Steering Committee</li> </ul> <p><b>Operating Agreements</b>  A. Julie Kawahara introduced the development of operating agreements for Steering Committee meeting. What things can we do to make sure this committee works well, uses time wisely and keeps members engaged? Providing some examples, Julie offered to write up and bring to next meeting.</p>	<p>Julie to write up Operating Agreements and bring to April meeting.</p>
II.	<p><b>Why have an MHSA Steering Committee?</b></p>	<p><b>MHSA History and Overview</b>  Melissa Ladrech reviewed the MHSA history and development at state level that stipulates the five components:</p> <p>A. CSS – 76% of funding. FSP (51% of CSS) – clinicians are out in the community providing services out in homes, camps, etc. Same w/ O&amp;E. Changing medical model to recovery model w/ peer voices, cultural competency.</p> <p>B. PEI – 19% e.g. CIT training for law enforcement. Reduce negative outcomes. (0-25 year olds = 51% of PEI). Prior to MHSA Public Health and Drug and Alcohol were primarily working on prevention, and with MHSA funds mental health is now involved with prevention and early intervention.</p> <p>C. INN – 5%</p> <p>D. WET – e.g. peer training (part of CSS funding) e.g. Peer Support Specialist training to promote employment for clients and their family members.</p> <p>E. CFTN – tech upgrades, data driven decisions (part of CSS funding) Prior year’s funds used to improve data collection and health records for better efficiency of service.</p> <p><b>MHSA Budget</b></p>	

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		<p>Bill Carter described SCBH’s budget, focusing upon the 3 primary sources of revenue: realignment (1991 &amp; 2011), federal financial participation (FFP) and MHSA. Unfortunately, realignment revenues have been flat and growth has been diverted from behavioral health to social services (IHSS). Flat revenue and increasing expenses is placing considerable pressure on all CA county behavioral health departments. Asked about investing in and utilizing Prudent Preserve, Bill noted that Prudent Reserve can only be accessed with budget reductions outlined in statute are met, making it less flexible than SCBH needs it to be. The overall SCBH budget is \$85 million, which also includes federal monies—SAMHSA Block Grant and other small sources of funding.</p> <p>Statute determines the % of MHSA revenue that can be used in each of the allowable activity categories: community supports &amp; services (CSS), prevention &amp; early intervention (PEI), innovation, workforce education &amp; training, capital &amp; technology. While there may be some increase in MHSA over the next 1-2 years, forecasts are not clearly favorable and SCBH will plan conservatively.</p> <p><b>Upcoming Focus of Steering Committee</b>  Innovation Project Overview  The last Innovation Project funded the Mobile Support Team, which has been a very successful program. With just over \$1 Million in annual funding, a data driven decision will need to be made on what is a high need in Sonoma County and develop a creative solution. The MHSA Steering Committee has been charged to come up with a process to develop a new Innovation Project.</p> <p>Suggestions:</p> <ul style="list-style-type: none"> <li>--Prevention; using peers at all levels from prenatal to death</li> <li>--Not only focus on high-risk mental health challenges, but include prevention and/or peer model</li> <li>--This is wide open but will need to fit in the parameters, priorities of the community, and an outside entity, MHSOAC, will have to approve</li> <li>--What should the process look like? Should a subcommittee be established?</li> </ul> <p><b>Capacity Assessment Overview</b></p>	<p>The MHSA Plan Update meeting will be held at the Mental Health Board public hearing on Wednesday, June 26, 2019. Rescheduled to August 21, 2019</p>

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		<p>Capacity Assessment (Gap Analysis) to prep and inform three-year plan. Propose to establish a subcommittee to develop process, collect primary and secondary data. Agreement that the Health Action representatives should be liaison to HA committees.</p> <p><b>Plan Update Process Overview</b> Melissa reviewed the calendar to indicate key dates of the Plan Update review and approval.</p> <p>Q: Can you speak to the RFP process and how that is tied into planning process. Bill: There is tension as program services have been built w/ MHSA funds, but will look into getting input from the Steering Committee. Bill is interested in hearing from committee members about the RFPs into this system.</p> <p>Last year’s plan update is posted to website:</p> <ul style="list-style-type: none"> <li>▪ <a href="https://sonomacounty.ca.gov/Health/Behavioral-Health/Mental-Health-Services-Act/">https://sonomacounty.ca.gov/Health/Behavioral-Health/Mental-Health-Services-Act/</a></li> </ul>	<p>Members asked to indicate on signup sheet if they would like a hard copy sent to them.</p>
<p><b>III.</b></p>	<p>Review MHSA Steering Committee Charter</p>	<p><b>A. Statement of purpose, vision and mission</b> Melissa shared the Mission, Vision and Values Statement with group. Julie provided history on development as the team researched other county’s materials. Members suggested calling it a “Working” Statement. They would like to come back and look at it after a period of time. Family members and consumers would like to dedicate time to look at it.</p> <p><b>B. Membership</b> There were over 50 stakeholders who applied for this committee—25 were selected based on the group(s) they represented and region of the county to create a Steering Committee that is reflective of our community. The remaining applicants were invited to serve on the Stakeholder Committee that will meet twice yearly.</p> <p><b>C. Review Calendar: Important dates</b> March 25, April 22 and June 3 are the three (3) 2-hour orientation meetings, same location. The next meeting on April 22 will have discussion on Annual Update and</p>	<p>Consider convening a subcommittee in about 6 months. (Teresa, Kathe and Erika indicated interest).</p> <p>Members’ names/affiliation will be posted publicly. If members would like to share contact information were asked to consent on signup sheet.</p>

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		<p>Innovation Project. The meeting on June 3 will have discussions on the 3-year Planning Process, Capacity Assessment, and forming subcommittee(s).</p> <p>Beginning August 26, the meetings will go to 2-hour quarterly meetings ongoing.</p> <ul style="list-style-type: none"> <li>--Request to change November 25<sup>th</sup> meeting date due to proximity of Thanksgiving</li> <li>– to look at changing to early December.</li> </ul> <p><u>Question:</u> How long do the MHSA Steering Committee members commit to being on this committee? There is no formal commitment but hoping for a one-year commitment. If one misses more than two meetings, then someone else may be asked to take your place.</p> <p><b>D. Quarterly MHSA Newsletter</b></p> <p>The MHSA newsletter for January was shared with the group. Newsletter distribution list is about 2000.</p>	<p>Meeting for November 25<sup>th</sup>, changed to December 2.</p>
<p><b>IV.</b></p>	<p><b>Closing and Next Steps</b></p>	<p>A. Summary of action items, parking lot items</p> <p>Julie’s recap:</p> <ul style="list-style-type: none"> <li>• Innovation—how to explore this planning process and establish a subcommittee</li> <li>• Capacity Assessment – consider joining subcommittee and/or identifying data reports that will describe unmet needs, areas of collaboration, etc.</li> <li>• Attend the Plan Update Public Hearing on June 26<sup>th</sup></li> <li>• Adding a subcommittee to champion the “Working” Mission Statement</li> <li>• Please review MHSA Steering Committee dates and add to your professional calendars</li> </ul> <p>B. Plus/Delta</p> <p>Plus+:</p> <ul style="list-style-type: none"> <li>• Attendance representation</li> <li>• Presentation of Information</li> <li>• Organized</li> </ul>	<p>Minutes will be sent to members within 2 weeks and posted on the MHSA website: <a href="https://sonomacounty.ca.gov/Health/Behavioral-Health/Mental-Health-Services-Act/">https://sonomacounty.ca.gov/Health/Behavioral-Health/Mental-Health-Services-Act/</a></p>

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		<ul style="list-style-type: none"> <li>• Appreciated the variety of representation</li> <li>• Appreciated the time for introductions</li> </ul> <p>Delta <math>\Delta</math></p> <ul style="list-style-type: none"> <li>• Dichotomy of MHSA and on the ground workers</li> <li>• List of everyone on committee done in advance</li> <li>• What data is available</li> <li>• What reports and resources are available and needed</li> <li>• How to collaborate with other departments and partners?</li> <li>• What other funding sources</li> <li>• What are other County models of MHSA Steering Committees</li> <li>• Validate talk with direct staff and the data</li> </ul> <p>C. Next Meeting April 22, 2019</p>	