



Treatment & Support

It is **never too late** to make a healthy change for you and your baby.

We offer **options** so that you and your baby can live a healthy and drug-free life.

Your questions are welcome and always **confidential**.



Drug Free Babies Program

Call 707-565-7463



Free & Confidential Services

Sonoma County Behavioral Health

1430 Neotomas Avenue

Santa Rosa, CA 95405

Call 707-565-7463

A counselor can meet with you at a safe place of your choice.



Drug Free Babies Program

Are you pregnant or the parent of a young child?

Have you recently used alcohol or other drugs?

We can help.



Did you know...?

Alcohol and drug use during pregnancy can lead to physical and emotional problems for you and your baby.

Even occasional use can affect your baby's health & brain development.

The sooner you get help the better the outcomes for your child.

Use after your baby is born can make it harder for you to provide a safe & healthy environment.



Health for You & Your Baby...



Every day is a new chance for you and your baby to be drug-free...

- Even if you have tried to stop using before, try again. *Don't give up.*
- It is **never too late** to seek help.
- The Drug Free Babies Program offers **confidential help** to find you treatment services.
- Drug Free Babies will help you find **affordable treatment.**



To be eligible you must be:

Pregnant

or

Have a baby

under one year of age

