Dear Community Partner,

We are very pleased to share with you this brief overview of our Maternal, Child, and Adolescent Health (MCAH) programs. Our work is dependent on strong partnerships to ensure that low income families can receive the services and support they need to be healthy and to provide a nurturing home environment for their children.

We have included detailed contact information for all of our MCAH public health nurses and social workers to encourage easy, collaborative, care coordination. We welcome your referrals and feedback to ensure our mutual clients are well cared for.

Thank you for all of the wonderful work you do for families in our community, and we look forward to our strengthened continued work with you.

Best Regards,

MCAH Team
Maternal, Child & Adolescent Health (MCAH)
Planning & Coordination

MCAH Planning & Coordination partners with community members and organizations to strengthen Sonoma County’s health care system for women, children and families.

Our staff does this by:

- Disseminating information about local services and resources by maintaining the MCAH website and toll free line.

- Convening local stakeholder groups like the MCAH Advisory Board and Fetal Infant Death Review Team.

- Leading and participating in local collaborative groups that address breastfeeding, perinatal mood disorder, injury prevention and adolescent health.

- Implementing health promotion initiatives that advance MCAH program goals including obesity prevention, reduction of perinatal alcohol and other drug exposure, safe infant sleep, car passenger safety, and improved access to oral health services.

- Providing technical assistance and training to local health care providers on Comprehensive Perinatal Services Program and emerging hot topics.

- Serving as a resource and link between the Family Health Section, our local community and the California Department of Public Health.
Maternal, Child & Adolescent Health Home Visiting Programs

**Teen Parent Connections (TPC)**

Teen Parent Connections is an evidence-informed home visiting program for pregnant/parenting teenagers age 19 years or younger. TPC social workers provide long-term case management services within a comprehensive local network of services and resources. The social workers assist over 160 clients per year and provide outreach to many other high-need teenagers with the goal of reducing the incidence of poor pregnancy outcomes, subsequent pregnancies and to maximize their educational potential and advance self-sufficiency.

TPC has been shown to decrease preterm births, delay subsequent pregnancies, and to increase immunization and graduation rates.

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**Nurse-Family Partnership (NFP)**

NFP is an evidence-based nationally renowned nurse home visiting program serving low-income, first-time mothers. Visits begin during the first or second trimester of pregnancy and continue until the child's second birthday. Referrals must be received before 28 weeks gestation. NFP outcomes, such as long-term family improvements in health, education, and economic self-sufficiency, are well documented through randomized controlled trials over 30 years.

There are significant cost savings across many sectors including reductions in preterm births, reductions in child abuse and neglect, and reductions in youth substance abuse and crimes. For every $1.00 invested in this program there is an ROI of $5.70.
MCAH Field Nursing

Field Nursing is an evidence informed program utilizing an awareness of Adverse Childhood Experiences research to promote health, self-sufficiency and decrease incidents of child abuse and neglect. Home visits are provided by a public health nurse to low-income pregnant women, and families parenting a child up to age 5 who have medical and/or social risk factors. Priority is given to clients identified as having risk factors that put the pregnancy in jeopardy or interfere with positive parenting.

Field Nursing has been effective at helping clients create positive, nurturing relationships and access services, including prenatal care and alcohol and other drugs treatment programs. All of these interventions lead to healthier lives.
Teen Parent Connections (TPC)
For more information or referrals call (707) 565-4440.
You may also download a referral form [here](#).

* Bilingual English/Spanish

Kem Mahiri*, MSW, LCSW
Behavioral Health Clinical Specialist
(707) 565-4489
Kem.Mahiri@sonoma-county.org

Ulla Mast*, BA
Home Visiting Health Program Manager
(707) 565-4479
Ulla.Mast@sonoma-county.org

Amy Pamatmat, BA
Social Worker
(707) 837-6452
Amy.Pamatmat@sonoma-county.org

Juan González*, BA
Social Worker
(707) 322-2349
Juan.Gonzalez@sonoma-county.org

Claudia Cendejas*, MS, AMFT
Social Worker
(707) 695-8917
Claudia.Cendejas@sonoma-county.org

Maria Alvarado*, BS
Social Worker
(707) 592-4352
Maria.Alvarado@sonoma-county.org
Nurse-Family Partnership (NFP)
For more information or referrals call (707) 565-4440.
You may also download a referral form here

* Bilingual English/Spanish

Tracy Greenwald-Brown, RN, MPH
Supervising Public Health Nurse
(707) 565-4551
tgreenwa@sonoma-county.org

Ulla Mast*, BA
Home Visiting Health Program Manager
(707) 565-4479
Ulla.Mast@sonoma-county.org

Amanda Elderkin*, RN, BSN, CPM
Public Health Nurse
(707) 695-9183
Amanda.Elderkin@sonoma-county.org

Maya Missakian, RN, BSN
Public Health Nurse
(707) 695-9184
Maya.Missakian@sonoma-county.org

Helena Hallum RN, BSN
Public Health Nurse
(707) 695-9182
Helena.Hallum@sonoma-county.org

Sarah Hinck, RN, BSN
Public Health Nurse
(707) 494-3164
Sarah.Hinck@sonoma-county.org

Johanna Ruiz*, RN, MSN
Public Health Nurse
(707) 477-7220
Johanna.Ruiz@sonoma-county.org

Lucy Tyrala*, RN, BSN, IBCLC
Public Health Nurse
(707) 477-7221
Lucy.Tyrala@sonoma-county.org

Mirella Moore, BA
Senior Office Assistant
(707) 565-4440
Mirella.Moore@sonoma-county.org
Maternal Child Health Field Nursing (MCH-FN)
For more information or referrals call (707) 565-4440.
You may also download a referral form here.

Julianne Ballard*, RN, MSN
Supervising Public Health Nurse
(707) 565-4433
Julianne.Ballard@sonoma-county.org

Ulla Mast*, BA
Home Visiting Health Program Manager
(707) 565-4479
Ulla.Mast@sonoma-county.org

Eva Zazueta-Lara*, RN, MSN, NP
Public Health Nurse
(707) 477-7222
Eva.Zazueta-Lara@sonoma-county.org

Lorena Garcia*, BA
Social Worker
(707) 565-4536
Lorena.Garcia@sonoma-county.org

Laura Turner*, RN, MSN
Public Health Nurse
(707) 688-4716
Laura.Turner@sonoma-county.org

Jesus Aguado*
Community Health Worker Specialist
(707) 481-6018
Jesus.Aguado@sonoma-county.org

Liz George, RN, BSN, IBCLC
Public Health Nurse
(707) 888-4202
Liz.George@sonoma-county.org

Michael Hromalik, BA
Senior Office Assistant
(707) 565-4441
Michael.Hromalik@sonoma-county.org

Siobhan Maclver, RN, BSN
Public Health Nurse
(707) 331-3693
Siobhan.Maclver@sonoma-county.org

Margaret Wideau, RN, PHN
(707) 696-6934
Margaret.Wideau@sonoma-county.org

* Bilingual English/Spanish