HEPATITIS A VIRUS INFECTION

Why Should You Care About Hepatitis A?
Hepatitis A is a liver infection caused by the Hepatitis A virus (Hep A). Hep A is highly contagious. It can cause liver disease lasting a few weeks to a serious illness lasting months. In some cases, people can die. Hepatitis A can be prevented with a safe and effective vaccine and by safe hygiene practices. Most infections result from close personal contact with an infected household member or a sexual partner.

How Does Hepatitis A Spread?
- Touching objects or eating food that someone with Hepatitis A infection handled
- Having sex with someone who has a Hepatitis A infection

What Are the Symptoms of Hepatitis A?
- Fever
- Fatigue
- Nausea
- Loss of appetite
- Jaundice (yellowing of the skin or eyes)
- Stomach pain
- Vomiting
- Dark urine, pale stools, and diarrhea

If you think you have Hepatitis A because of these symptoms, see your doctor or visit the closest Emergency Room.

How Can You Prevent Hepatitis A?
- Wash your hands frequently, especially after using the bathroom
- Get vaccinated
- Don’t share food, drinks, or smokes with other people
- Don’t have sex with someone who has Hepatitis A infection

For More Information
- Talk to your healthcare provider
- Visit the Sonoma County Department of Health Services website: SonomaCounty.ca.gov/Health/Services/Hepatitis-A/

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