MENTAL HEALTH BOARD MINUTES
Executive Committee Meeting
April 6, 2016
10:30 to Noon
Program Support Annex Building Conference Room
3322 Chanate Road, Santa Rosa CA 95404

PRESENT: Mary Ann Swanson; Dick Kirk; Marsha Dupre; Lyndal-Marie Armstrong; Sherry Weyers; Kalia Mussetter; Susan Castillo

- MHB Treasurer’s Report – Balance $2176.09
- Suggestion box(es) for public comments; also reminder of MHB email address for access at peer-run centers, the library, SRJC campus locations and CSUC campus – follow-ups: Kalia re-writing message for boxes; and purchase of boxes? (see handout)
- Retreat planning for 4/30/16 (see handout)
- Date for site visit at one of the SR Health Centers, i.e., Vista (Michael L.)
- Recruitment and Retention of MHB Members – need District 4 representative
- MHB members reminded to complete their Ethics Training—confirm if done

Board Planning
A. PEERS Coalition Report – Lizzy Sell (excused)

Systems Transformation

Conference Attendance Approvals:
--Reminder: MHB Conference Request form and procedures (see attachment)
--Marsha to NAMI Conference, 8/26 to 8/27/16
--Kalia requested to go to CAMHPRO Conference 4/21 to 4/23/16

Next MHB Meeting Agenda (4/19/16) Cloverdale Regional Library, 401 N. Cloverdale Blvd.
- Announcements/Public Comments
- Approval of Minutes of 3/15/16
- Consumer Report – Kate Roberge/Susan Standen
- Special Presentation:
  --Cloverdale/North County Issues
- Other Reports
- BH Director’s Report
- Systems Transformation (Section Managers’ reports)
- PEERS Coalition Intern Report – Lizzy Sell
- Board Planning
- Chair’s Report
- Board and Public Comments
<table>
<thead>
<tr>
<th>AGENDA ITEM</th>
<th>DISCUSSION</th>
<th>RESOLUTION/ACTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Treasurer’s Report</td>
<td>Balance $2176.09</td>
<td>Next Exec Com meeting 5/4/16</td>
</tr>
</tbody>
</table>
| Next Exec Com Meeting                             | --The Building of the New Behavioral Health Housing Unit at the Sonoma County Main Adult Detention Facility  
--Cloverdale/North County Issues                                                                 | --Representatives from the General Services and Sheriff’s Departments                                  |
| MHB 4/19/16 Special Presentation                  | A. Kalia will re-work the write-up for the Comment Box. This write-up will be secured on each locking mailbox. There needs to be a disclaimer added about only being an advisory board and only able to make suggestions.  
Michael Lucid and Rhonda will look for locking mail boxes to secure at the 7 sites: 1) Interlink Self-Help Center; 2) Wellness & Advocacy Center; 3) Petaluma Peer Recovery Project; 4) Russian River Empowerment Center; 5) Aurora Hospital; 6) Chanate Hall Adult Teams (3333 Chanate Road); and 7) Santa Rosa Junior College (PEERS). | A. Put over to Working Retreat and/or next meeting.                                                   |
| Suggestion Boxes for Public Comments to MHB      |                                                                                                                                                                                                          |                                                                                                       |
| Next Working Retreat                              | Next Working Retreat on Saturday, April 30, 2016  
Mary Ann to contact Julie Kawahara who will be the facilitator.  
Agenda:  
*Form Training Committee  
--Scheduling conference calls for trainings? (Sherry to check on this)  
--Suggest having mentors for one year for new MHB members  
--Suggestion boxes at 7 sites (see above “Suggestion boxes for Public Comments to MHB”)  
--Make a MHB brochure (Kalpa)  
--Discuss debriefing after site visits; how to be a participant at a site visit; discernment training (Sherry)  
--Discuss protocols and etiquette for MHB meetings |                                                                                                       |
<p>| Next Site Visit                                   | Michael Lucid to set up possible dates for a site visit at Santa Rosa Vista Medical Office.                                                                                                              | Michael Lucid was not present.                                                                        |
| Recruitment and Retention of MHB Members          | District 4 Seat Available                                                                                                                                                                                 | None.                                                                                                 |
| MHB Members to Complete Ethics Training           | Members are reminded to complete their online Ethics Training (needed every 2 years).                                                                                                                     |                                                                                                       |
| Board Planning                                    |                                                                                                                                                                                                          |                                                                                                       |</p>
<table>
<thead>
<tr>
<th>Agenda Item</th>
<th>Change in the MHB agenda—due to time constraints, the “Public Introductions and Comments” will be removed from the beginning of the meeting. These can be held at the end of the meeting.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other Reports</td>
<td></td>
</tr>
<tr>
<td>MH Systems Transformation - Mike Kennedy and Section Managers’ Report</td>
<td>Still need both managers’ and public’s input equally.</td>
</tr>
<tr>
<td>PEERS Coalition Report</td>
<td>PEERS Representative excused.</td>
</tr>
<tr>
<td>CALMHB</td>
<td>CALMHB/C has a website</td>
</tr>
<tr>
<td>Conference Attendance Approvals</td>
<td><strong>Marsha has been approved for reimbursement of NAMI California Annual Conference—one night lodging in San Francisco</strong>  <strong>Kalia has been approved to attend the CAMHPRO Annual Consumer Conference, 4/21 to 4/23/16, in Sacramento—members approved to reimburse for all costs</strong></td>
</tr>
<tr>
<td>--Probable Future Topics</td>
<td>• Special Presentation in September 2016 (requesting 30 minutes plus 10 minutes for questions) on Special Needs of Teens and Transitional-Aged Youths (Kalia is coordinating with Rafael Vasquez, Gustavo Mendoza, Bob Flores, Millie Gilson, Director of CASA and possibly a representative from SAY)  • Presentation of AB 403 in November 2016 (Mike Kennedy and Nick Honey of SCHSD)**</td>
</tr>
</tbody>
</table>
| Next MH Board Meeting Agenda | **Next MHB Meeting Agenda** (3/15/16) Norton MH Center, West Wing Conference Room, Santa Rosa  
- Announcements/Public Comments  
- Approval of Minutes of 2/16/16  
- Consumer Report: Kate Roberge and Susan Standen  
- Special Presentation: The Building of the New Behavioral Health Housing Unit at the Sonoma County Main Adult Detention Facility; and Cloverdale/North County Issues  
- Other Reports  
- BH Director’s Report  
- Systems Transformation (Section Managers’ reports)  
- PEERS Coalition Intern Report – Lizzy Sell  
- Board Planning  
  - Working Retreat, Saturday, April 30, 2016, 9:00 A.M. to 3:00 P.M. at 500 Gold Ridge Road, Sebastopol, CA 95472  
  - Discuss nominations for Executive Committee members  
- Chair’s Report  
- Board Discussion/Public Comments |