

County of Sonoma: Online Scheduler Account Creation/Scheduling Appointments

Online Scheduler Link: https://wellness-event.kaiserpermanente.org/signup/county_of_sonoma

OR kp.org/wellnessevent and enter signup code (sonoma)

Step 1: You will need to create a new account (even if you participated in biometric screenings last year). Click “Save and Continue”.

Create an Account


Email (*required)

First Name (*required)

Last Name (*required)

[Save & Continue](#)

Need technical help using this website?



[Call us at 1-877-366-7483 for support](#)

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Step 1 (continued): You will be sent a confirmation email.

Thanks! We sent you an email.

Confirmation

We just sent a confirmation email to ✉ **email address** . Please check your email and click on the link inside it to complete the signup process and login.

Why is this necessary ?

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Step 2: Once you receive the confirmation email, click the link in the email to complete registration.



Hi, *name*

Welcome and congratulations on taking the first step in signing up for a wellness event!

To complete the registration process, please confirm your identity by clicking on the link below. You will be taken back to the scheduling website where you will then be able to make an appointment.

https://wellness-event.kaiserpermanente.org/activations/0000000127-Kr1BhNMF85caZI2sMbdO_g/edit

Please do not reply to this email, as it will be sent to an unmonitored mailbox. If you have technical questions or problems, please contact us at [1-877-366-7483](tel:1-877-366-7483).

Live well and Thrive!

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Step 3: You will be prompted to create a new password.

Please create a password

Create a New Password

Password must have:

- A length of at least 8 characters
- At least one number or a special character listed here: !@#\$%^&*-_

New Password

Confirm Password

Save & Continue

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Step 4: Agree/Decline HIPAA Authorization

HIPAA Authorization

Agreement to Share Personal Information

At Kaiser Permanente* we care about protecting your privacy. That's why we're asking your permission to share your information.

The group you get your health plan from (like your employer, plan administrator, or union) has asked us to provide this online scheduling service for worksite wellness events. In order to help them run the events, promote attendance and furnish incentives (if offered), we would like to share the information you supply on this website, including the dates(s) and type(s) of events you've signed up for, with your employer, plan administrator, or union, and the people who help them run their wellness program.

Note that you won't be denied treatment, payment of claims, enrollment, or eligibility for benefits based on whether or not you agree to share your information.

You may cancel this agreement any time by logging into this website, visiting your user profile page, and selecting the "change my answer" link under "Electronic Consents". We will stop sharing your information right away. The groups that got your information before you cancel may not share this information for any reason not related to administering wellness events or incentives (if offered).

How long this agreement lasts depends on where you live, unless you cancel it. **California:** from the time you give us permission until 12/31/2020. **Colorado, Maryland, Oregon, Virginia, and Washington state:** for 1 year from when you give us permission. **Georgia, Hawaii, and Washington, D.C.:** from the time you give us permission and for as long as you participate in the wellness program.

* "Kaiser Permanente" means both our insurance company (a Kaiser Permanente health plan) and your doctors (a Permanente medical or dental group). It also includes different groups depending on where you live. **All states where we do business:** Kaiser Foundation Health Plan, Inc. d/b/a Health Works ("HealthWorks"). **California:** Kaiser Foundation Health Plan, Inc., Northern California Region; Kaiser Foundation Health Plan, Inc., Southern California Region; The Permanente Medical Group, Inc.; and Southern California Permanente Medical Group. **Colorado:** Kaiser Foundation Health Plan of Colorado; and Colorado Permanente Medical Group, P.C. **Georgia:** Kaiser Foundation Health Plan of Georgia, Inc.; and The Southeast Permanente Medical Group, Inc. **Hawaii:** Kaiser Foundation Health Plan, Inc., Hawaii Region; and Hawaii Permanente Medical Group, Inc. **Mid-Atlantic States:** Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc.; and Mid-Atlantic Permanente Medical Group, P.C. **Northwest:** Kaiser Foundation Health Plan of the Northwest; Northwest Permanente, P.C.; and Permanente Dental Associates, P.C.

Click on the button below to print a copy of this agreement. You can always return to this website to view and print this agreement – simply log in and visit your user profile page.

Yes, I agree that Kaiser Permanente may share my personal information as described above. I can always cancel this agreement any time by logging into this website and changing settings on my profile page.

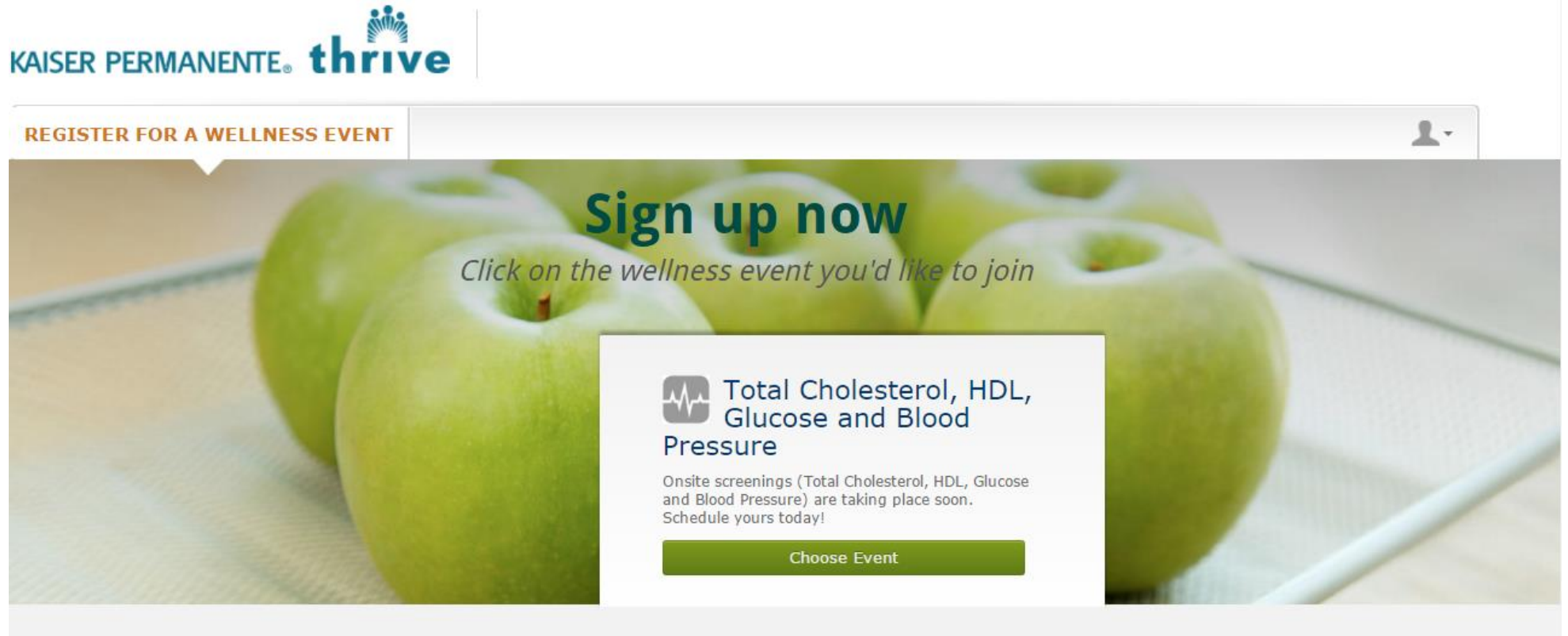
I Agree

I Decline

Print this page

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Step 5: You will be directed to the page below. Click “Choose Event” to schedule an appointment.



KAISER PERMANENTE® thrive

REGISTER FOR A WELLNESS EVENT

Sign up now
Click on the wellness event you'd like to join

 **Total Cholesterol, HDL, Glucose and Blood Pressure**

Onsite screenings (Total Cholesterol, HDL, Glucose and Blood Pressure) are taking place soon. Schedule yours today!

[Choose Event](#)

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Step 6: Click on the + sign in the upper left corner of the map to see individual event locations (blue pinpoints). The events also appear to the right and below the map. Find the location, date, and time that is the best for you.

Choose a location

The screenshot displays the online scheduler interface for the County of Sonoma. At the top left, there is a search bar labeled "Refine Location Search" with the placeholder text "Type your ZIP code here" and a magnifying glass icon. Below the search bar is a map of the Sonoma region. A red circle highlights a location near Santa Rosa, and a blue line indicates a route. In the upper left corner of the map, a zoom control with a plus sign (+) and a minus sign (-) is circled in orange. The right sidebar lists six event locations:

- 1 **Permit and Resource Management**
2550 Ventura Ave, Hearing Room, Santa Rosa, CA
- 2 **Department of Child Support Servi**
3725 Westwind Blvd, Parking Lot-PSRW, Santa Rosa, CA
- 3 **Human Resources Training Center**
575 Administration Drive, Suite 117, Large
- 4 **Department of Health Services**
3313 Chanate Rd, Rotunda, Santa Rosa, CA,
- 5 **The Lakes-Human Services Depart**
2227 Capricorn Way, The Santa Rosa Room, Santa Rosa, CA
- 6 **Water Agency**
404 Aviation Blvd, Redwood Conference Room, Santa Rosa, CA

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Step 7: Click on a time for an event and “Schedule” to schedule an appointment.

Choose A Date & Time

5/11, County Center-PRMD, 9a-3p (Total Cholesterol, HDL, Glucose, Blood Pressure) [Map](#)
May 11, 2016
2550 Ventura Ave, Hearing Room, Santa Rosa, CA, 95403

May 11, 2016 9:00 am 9:10 am 9:20 am **9:30 am** 9:40 am 9:50 am

← more times →

You selected: May 11, 2016 at 9:30 am **Schedule**

5/17, County Center-HR, 9a-3p (Total Cholesterol, HDL, Glucose, Blood Pressure) [Map](#)
May 17, 2016
575 Administration Drive, Suite 117, Large Training Room, Santa Rosa, CA, 95403

May 17, 2016 9:00 am 9:10 am 9:20 am 9:30 am 9:40 am 9:50 am

← more times →

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Step 8: You will then be directed to a confirmation. On this “Manage My Events” page, you are able to Cancel, Reschedule, or Add Appointment to your calendar.

The screenshot displays the 'MANAGE MY EVENTS' section of a web application. At the top, there are three tabs: 'MANAGE MY EVENTS' (active), 'UNDERSTANDING RESULTS', and 'WELLNESS RESOURCES'. Below the tabs is a banner image of a woman in a green top with the text 'You're all set!'. To the right of the banner is a card for a screening appointment titled 'Total Cholesterol, HDL, Glucose and Blood Pressure'. The card includes a 'Scheduled' badge, a description of the onsite screenings, and a 'Selected' button. Below the card is a confirmation modal window. The modal has a title 'Confirmation' and a message: 'Thanks [redacted] Your screening choice is confirmed.' Below the message is a box containing the following details: 'Screening Type: Total Cholesterol, HDL, Glucose and Blood Pressure', 'Date/Time: May 11, 2016 9:30 AM (PDT)', and 'Company/Site: PERMIT AND RESOURCE MANAGEMENT DEPARTMENT: 2550 VENTURA AVE HEARING ROOM, SANTA ROSA, CA 95403, USA'. At the bottom of the modal are two buttons: 'Print this page' and 'Reschedule My Appointment'.

MANAGE MY EVENTS | UNDERSTANDING RESULTS | WELLNESS RESOURCES

You're all set!

Total Cholesterol, HDL, Glucose and Blood Pressure

Onsite screenings (Total Cholesterol, HDL, Glucose and Blood Pressure) are taking place soon. Schedule yours today!

✓ Selected

[Cancel](#) | [Reschedule](#)

▼ **Total Cholesterol, HDL, Glucose and Blood Pressure**

Confirmation

Thanks [redacted] Your screening choice is confirmed.


Screening Type: Total Cholesterol, HDL, Glucose and Blood Pressure
Date/Time: May 11, 2016 9:30 AM (PDT)
Company/Site: PERMIT AND RESOURCE MANAGEMENT DEPARTMENT: 2550 VENTURA AVE HEARING ROOM, SANTA ROSA, CA 95403, USA


Print this page | Reschedule My Appointment

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Step 8 (continued): The rewards information at the bottom of the page does not apply to County of Sonoma events.

Preparation

Add Appt. to Your Calendar 

To add an appointment reminder to your calendar click here 

Rewards – If offered by your employer, plan administrator, or union, rewards for participating in a wellness program are available to eligible employees. If you think you might be unable to meet a standard for a reward under a wellness program because of your health, you might qualify for an opportunity to earn the same reward by different means. Please refer to wellness program materials and contact the wellness program administrator at your employer or union for more information. They will work with you (and, if you wish, your doctor) to find a wellness program with the same reward that is right for you in light of your health.

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Step 9: To return to the “Manage My Events” page at another time, log back in to the online scheduler using your email and password and select “Manage My Events” on the top left corner. The link to the online scheduler is on page 1.


The screenshot displays the Kaiser Permanente Thrive website interface. At the top left, the logo for Kaiser Permanente and Thrive is visible. Below the logo, a navigation bar contains three tabs: "MANAGE MY EVENTS", "UNDERSTANDING RESULTS", and "WELLNESS RESOURCES". The "MANAGE MY EVENTS" tab is highlighted with an orange circle. The main content area features a large image of a woman in a light green top, with the text "You're all set!" overlaid in a dark green font. To the right of the image, a white confirmation box is displayed. The box has a dark blue diagonal banner in the top right corner that says "Scheduled". The box contains a heart rate icon, the text "Total Cholesterol, HDL, Glucose and Blood Pressure", and a paragraph: "Onsite screenings (Total Cholesterol, HDL, Glucose and Blood Pressure) are taking place soon. Schedule yours today!". Below the text is an orange button with a checkmark and the word "Selected". At the bottom of the box, the links "Cancel" and "Reschedule" are visible, with "Reschedule" being a blue hyperlink. Both the "Cancel" and "Reschedule" links are circled in orange.

KAISER PERMANENTE® thrive

MANAGE MY EVENTS UNDERSTANDING RESULTS WELLNESS RESOURCES

You're all set!

Scheduled

 Total Cholesterol, HDL, Glucose and Blood Pressure

Onsite screenings (Total Cholesterol, HDL, Glucose and Blood Pressure) are taking place soon. Schedule yours today!

✓ Selected

[Cancel](#) | [Reschedule](#)