



SONOMA COUNTY MENTAL HEALTH BOARD

Minutes of January 21, 2020



This Meeting:
La Luz Center, 17560 Greger Street, Sonoma, CA 95476

Minutes are posted in draft form and after approval at www.sonoma-county.org/mhboard

Email: dhs-mhb@sonoma-county.org

Please Note: A list of commonly used abbreviations and acronyms is attached

CALL TO ORDER

Meeting called to order at 5:02 PM by Chair Kathy Smith.

ROLL CALL

Present: Kathy Smith, District 5 Peterson Pierre, District 1 Patricia Gray, District 1
Bob Cobb, District 4 Bob Hales, District 5

Excused: Mary Ann Swanson, District 2, Fran Adams, District 2, Sherry Weyers, District 5, Peter McAweeney, District 4, Dick Kirk, District 1

Absent: Shellie Hadley, District 3

SRJC PEERS Coalition Representative: Maria Arreguin (excused)

Sonoma County DHS, Behavioral Health Division: Karin Sellite (Client Care Manager of Youth & Family Services and Mobile Support Team)

Community Members: Carol West (Goodwill Industries); Erika Klohe (St. Joseph's); Mary-Frances Walsh (NAMI); Katie Swan (Buckelew); Kurt Johnson (Balance/DAAC); Rebecca Fein; Betzy Chavez (Hanna Institute); Becky Ennis (SOS Counseling); and a few other community members.

ANNOUNCEMENTS /PUBLIC INTRODUCTIONS & COMMENTS

- 1) You may submit agenda items for consideration prior to the Executive Committee meeting, normally held on the first Wednesday of each month, 10:30 AM to Noon. Email or call MHB clerk Rhonda Darrow (565-4850), Rhonda.Darrow@sonoma-county.org to verify the next meeting date.
- 2) There are vacancies in Districts 3 and 4. If you are interested in serving on the Board, please contact Rhonda Darrow (565-4850, Rhonda.Darrow@sonoma-county.org).
- 3) Please direct all your questions to the Chair.

APPROVAL OF MINUTES

MHB Draft Minutes from 11/19/19 were not approved, as there was not a quorum.

CONSUMER AFFAIRS REPORT – Kate Roberge, Consumer Education Coordinator of the Consumer Relations Program of Goodwill Industries (kroberge@gire.org), and/or Guests

Carol West is representing the Sonoma County Peer Council. There have been three meetings beginning in November 2019. They meet on the third Friday of the month at a hall on 55 Ridgway, Santa Rosa, 5:00-7:00 PM

The Request for Proposal (RFP) for the consumer peer support centers and recovery and training services, which are currently with Goodwill Industries have been made available. The deadline for submission is in February 2020. The plan is for the new agency or agencies to take over at the beginning of the next fiscal year, July 1, 2020.

Carol West asked for advocacy to Governor Newsom in signing the Senator Bill (SB 803) Peer Support Specialist Certification Act of 2020. This is the fourth year. There are some details that need to be worked out, i.e., how to grandfather peers who have been working as peer specialist for many years to being certified.

PUBLIC COMMENTS/CONCERNS/ACCOMPLISHMENTS

SPECIAL PRESENTATION: *Local Sonoma Valley Issues*

In attendance is Betzy Chavez, Education Specialist at Hanna Institute, an arm of the Hanna Boys Center dedicated to building trauma-informed care practices among schools and youth-serving organizations in the community. Betzy shared information on the upcoming conference, The Hanna Institute Summit, which is a three-day immersive training experience from January 29-31, 2020 at the Hanna campus. The theme is *Ecology of Resilience*. There will be four leaders whose work focuses on trauma, toxic stress and resilience in the community, the organization and the individual. They will provide insight into their approaches and offer practical applications for their work in multiple settings—including the classroom. One of the leaders is Dr. Kenneth Hardy who has been exploring cultural and racial diversity, trauma and oppression. The other presenters are Julian Ford, Ph.D., Christine Courtois, Ph.D., ABPP, and Sandra Bloom, M.D. The targets are schools, children and youth serving organizations, and mental and health care providers, as well.

BEHAVIORAL HEALTH DIRECTOR'S REPORT/HBH FISCAL UPDATE/MENTAL HEALTH SYSTEM

TRANSFORMATION: *Bill Carter or Designee*

Sonoma County's Mental Health Services Act [MHTSA] page is at www.sonoma-county.org/mhsa

The State's MHTSA page is at http://www.dmh.ca.gov/Prop_63/MHTSA/default.asp

MHTSA newsletter is available at the link <http://www.sonoma-county.org/health/about/pdf/mhsa/>

As Bill Carter is not available, Karin Sellite came to answer questions from the MHTB members. Since Karin is the Client Care Manager of the Mobile Support Team (MST), the members asked for an update of the services in the Sonoma Valley. MST is a partnership with the Santa Rosa Police Department, Sebastopol Police Department, Cotati Police Department, Rohnert Park Police Department, Petaluma Police Department, Santa Rosa Junior College District Police, and the Sonoma County Sheriff's Office. We provide field-based support to requesting law enforcement officers responding to a behavioral health crisis. MST services were expanded to the Sonoma Valley in January 2019. The hours of operation are Monday through Friday, 1:00 to 9:00 PM. There are six staff—two in Petaluma (including Rohnert Park, Sonoma and Cotati areas); two in Guerneville (including Forestville and Sebastopol) and two in Santa Rosa. There is also an SOS Community counselor added to the mix. The MST staff does attend briefings at respective law enforcement meetings to assist in how to interact with community members. Community members are reminded, when requesting assistance from law enforcement on mental health issues, is to always request MST services if they are available. MST staff make face-to-face contacts— one to two calls per day per office. When MST staff goes out with law enforcement, they see about 25 to 35 percent of their calls being put on involuntary holds where 75 percent of the calls are the staff sharing resources and information about services. Also, MST staff provide follow-up services to mental health consumers to help link community members to ongoing care and treatment to mitigate future crisis. Community members are referred to NAMI for their family support and the Goodwill Industries' peer-run programs—Interlink Self-Help Center, Wellness and Advocacy Center and Petaluma Peer Recovery Center. The hope is to be able to secure funding in the very near future for expansion of more geographical areas, i.e., Cloverdale.

The MST email address is: MST@sonoma-county.org. The contact phone numbers are: for Santa Rosa (707) 565-4797; Petaluma (707) 565-1717; and Guerneville (707) 565-1215.

For County of Sonoma online information:

<http://sonomacounty.ca.gov/Health/Behavioral-Health/Community-Response-and-Engagement/Mobile-Support-Team/>

PEERS (PEOPLE EMPOWERING EACH OTHER TO REALIZE SUCCESS) COALITION INTERN REPORT –

This is the link to SRJC's webpage about current health events around the campus:

<https://events.santarosa.edu/calendar-events>

No report given.

OTHER REPORTS (INCLUDING CALBHBC and Program Assessment Matrix (PAM) Ad-Hoc Committee Reports:

This is the link to California Association of Local Behavioral Health Boards and Commissions website:
<http://www.calbhbc.org/>

The MHB members are currently working on refining the current site visit tools. Site visit sites to be determined at the next MHB Executive Committee.

Kathy Smith shared that the MHSA Steering Committee is reaching out to community members not employed by the County or County contractors to expand the diversity of the membership. There is also a recruitment for applications for membership on the Cultural Responsiveness Committee.

The Mental Health Board will be a host for a trauma-informed care presentation in March, 2020.

The Mental Health Board Retreat will be held on a Saturday in May.

MHB CHAIR'S REPORT:

No report given.

BOARD AND PUBLIC COMMENTS:

None.

Meeting adjourned at 6:03 p.m.

Respectfully submitted,

Rhonda Darrow, Mental Health Board Clerk

ABBREVIATIONS & ACRONYMS

5150	Declared to be a danger to self and/or others
AB3632	Assembly Bill - State-mandated MH services for seriously emotionally disturbed youth - discontinued by State
ACA	Affordable Care Act
ACL	All County Letter
ACT	Assertive Community Treatment (program run by Telecare)
ANSA	Adult Needs and Strengths Assessment – a “tool” for determining which services are needed by each particular adult client
AODS	Alcohol and Other Drugs Services – now a part of the Mental Health Division and called SUDS
ART	Aggression Replacement Therapy
BHD	Behavioral Health Division (Sonoma County)
CADPAAC	County Alcohol and Drug Program Administrators’ Association of California
CAHPS	Consumer Assessment of Healthcare Providers and Systems
CalEQRO	California External Quality Review Organization
CALMHB/C	California Association of Local Mental Health Boards & Commissions - comprised of representatives from many MHBs in the State
CANS	Child, Adolescent Needs and Strengths (Assessment) – helps determine which services are needed by each child client
CAPE	Crisis Assessment, Prevention, and Education Team; goes into the schools when called to intervene in student mental health matters
CAPSC	Community Action Partnership-Sonoma County
CARE	California Access to Recovery Effort
CBT	Cognitive Behavioral Therapy
CCAN	Corinne Camp Advocacy Network - Peers involved in mental health advocacy
CDC	Sonoma County Community Development Commission
CDSS	California Department of Social Services
CFM	Consumer and Family Member
CFR	Code of Federal Regulations
CFT	Child Family Team
CHD	California Human Development
CHFFA	California Health Facilities Financing Authority
CIP	Community Intervention Program
CIT	Crisis Intervention Training (4-day training for law enforcement, to help them identify and respond to mental health crisis situations)
CMHC	Community Mental Health Centers, Located in Petaluma, Guerneville, Sonoma, and Cloverdale (part of SCBH)
CMHDA	California Mental Health Directors Association
CMHL	SCBH’s Community Mental Health Lecture series - open to the public - usually takes place monthly
CMS	Centers for Medicare and Medicaid Services
CMSP	County Medical Services Program - for uninsured, low-income residents of the 35 counties participating in the State program
CONREP	Conditional Release Program (State-funded, SCBH-run, but will be turned over to the State 6/30/14)
CPS	Child Protective Service
CPS (alt)	Consumer Perception Survey (alt)
CRU	Crisis Residential Unit (aka Progress Sonoma-temporary home for clients in crisis, run by Progress Foundation)
CSU	Crisis Stabilization Unit (Sonoma County Behavioral Health’s psychiatric emergency services at 2225 Challenge Way, Santa Rosa, CA 95407)
CSAC	California State Association of Counties
CSN	Community Support Network (contract Provider)
CSS	Community Services and Support (part of Mental Health Services Act-MHSA)
CWS	Child Welfare Services
CY	Calendar Year
DAAC	Drug Abuse Alternatives Center
DBT	Dialectical Behavioral Therapy
DHCS	(State) Department of Health Care Services (replaced DMH July 1, 2011)
DHS	Department of Health Services (Sonoma County)
DPI	Department of Program Integrity
DSRIP	Delivery System Reform Incentive Payment
EBP	Evidence-basis Program or Practice
EHR	Electronic Health Record
EMR	Electronic Medical Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment (Children’s Full Scope Medi-Cal to age 21)
EQRO	External Quality Review Organization (annual review of our programs by the State)
FACT	Forensic Assertive Community Treatment
FASST	Family Advocacy Stabilization, Support, and Treatment (kids 8-12)
FQHC	Federally Qualified Health Center
FY	Fiscal Year
HCB	High-Cost Beneficiary
HIE	Health Information Exchange
HIPPA	Health Insurance Portability and Accountability Act
HIS	Health Information System

HITECH	Health Information Technology for Economic and Clinical Health Act
HSD	Human Services Department
HPSA	Health Professional Shortage Area
HRSA	Health Resources and Services Administration
IHT	Integrated Health Team (medical and MH services for adults)
IPU	Inpatient Psychiatric Unit
IRT	Integrated Recovery Team (for those with mental illness + substance use issues)
IMDs	Institutes for Mental Disease (residential facilities for those unable to live on their own)
INN	Innovation (part of MHSA)
IT	Information Technology
JCAHO	Joint Commission on Accreditation of Healthcare Organizations - accredits hospitals & other organizations
LEA	Local Education Agency
LG	Los Guilicos-Juvenile Hall
LGBQQTI	Lesbian/Gay/Bisexual/Queer/Questioning/Transgender/Intersexed (also LGBTQ)
LOS	Length of Stay
LSU	Litigation Support Unit
M2M	Mild-to-Moderate
MADF	Main Adult Detention Facility (Jail)
MDT	Multi-Disciplinary Team
MHB	Mental Health Board
MHBG	Mental Health Block Grant
MHFA	Mental Health First Aid
MHP	Mental Health Plan
MHSA	Mental Health Services Act
MHSD	Mental Health Services Division (of DHCS)
MHSIP	Mental Health Statistics Improvement Project
MHST	Mental Health Screening Tool
MHWA	Mental Health Wellness Act (SB 82)
MOU	Memorandum of Understanding
MRT	Moral Reconciliation Therapy
MST	Mobile Support Team - gets called by law enforcement to scenes of mental health crises
NAMI	National Alliance on Mental Illness
NBSPP	North Bay Suicide Prevention Project
NOA	Notice of Action
NP	Nurse Practitioner
OSHPD	Office of Statewide Health Planning and Development - the building department for hospitals and skilled nursing facilities in state
PA	Physician Assistant
PAM	Program Assessment Matrix Work Group
PATH	Projects for Assistance in Transition from Homelessness
PC 1370	Penal Code 1370 (Incompetent to Stand Trial, by virtue of mental illness)
PCP	Primary Care Provider (medical doctor)
PES	Psychiatric Emergency Services – (open 24/7 for psychiatric crises – 2225 Challenger Way, Santa Rosa, CA 95407)
PEI	Prevention and Early Intervention (part of Mental Health Services Act-MHSA)
PHF	Psychiatric Health Facility
PHI	Protected Health Information
PHP	Parker Hill Place - Telecare's transitional residential program in Santa Rosa
PHP	Partnership Health Plan
PIHP	Prepaid Inpatient Health Plan
PIP	Performance Improvement Project
PM	Performance Measure
PPP	Triple P - Positive Parenting Program
PPSC	Petaluma People Services Center
QA	Quality Assurance
QI	Quality Improvement
QIC	Quality Improvement Committee
QIP	Quality Improvement Policy (meeting)
QIS	Quality Improvement Steering (meeting)
RCC	Redwood Children's Center
RFP	Request for Proposals (released when new programs are planned and contractors are solicited)
RN	Registered Nurse
RRC	Russian River Counselors
ROI	Release of Information
SAR	Service Authorization Request

SB	Senate Bill
SBIRT	Screening, Brief Intervention, and Referral to Treatment
SCBH	Sonoma County Behavioral Health
SCOE	Sonoma County Office of Education
SDMC	Short-Doyle Medi-Cal
SED	Seriously Emotionally Disturbed
SELPA	Special Education Local Planning Area
SMHS	Specialty Mental Health Services
SMI	Seriously Mentally Ill
SNF (Sniff)	Skilled Nursing Facility
SOP	Safety Organized Practice
SPMI	Serious Persistent Mental Illness (or Seriously Persistently Mentally Ill)
SUDs	Substance Use Disorders Services (formerly AODS)
SWITS	Sonoma Web Infrastructure for Treatment Services
TAY	Transition Age Youth (18-25)
TBS	Therapeutic Behavioral Services
TFC	Therapeutic Foster Care
TSA	Timeliness Self-Assessment
VOMCH	Valley of the Moon Children's Home
WET	Workforce Education and Training (part of MHSA)
WCCS	West County Community Services
WCHC	West County Health Centers
WPC	Whole Person Care
WRAP	Wellness Recovery Action Plan
WRAP (alt)	Working to Recognize Alternative Possibilities (alt)
Wraparound	Community-based intervention services that emphasize the strengths of the child and family
YS/Y&F	Youth Services/Youth & Family (Sonoma County Behavioral Health)
YSS	Youth Satisfaction Survey
YSS-F	Youth Satisfaction Survey-Family Version