



SONOMA COUNTY MENTAL HEALTH BOARD
Minutes of January 15, 2019



This Meeting:
La Luz Center, 17560 Greger Street, Sonoma, CA 95476

Minutes are posted in draft form and after approval at www.sonoma-county.org/mhboard
Email: dhs-mhb@sonoma-county.org

Please Note: A list of commonly used abbreviations and acronyms is attached

CALL TO ORDER

Meeting called to order at 5:04 PM by Chair, Mary Ann Swanson

ROLL CALL

Present: Mary Ann Swanson, District 2 Peter McAweeney, District 4
 Patricia Gray, District 1 Dick Kirk, District 1
 Matthew Jensen, District 3 Robert Hales, District 5

Excused: Bob Cobb, Kathy Smith, Fran Adams, Sherry Weyers, Shellie Hadley, Fran Adams, Diane Nelson

Absent: None.

SRJC PEERS Coalition Representative: Maria Arreguin (present)

Sonoma County DHS, Behavioral Health Division: Sid McColley (Acute & Forensic Services); Lisa Nosal (Quality Assurance Manager); Karin Sellite (Youth & Family Services and MST Client Care Manager); Bill Carter (BH Director).

Community Members: Mary-Francis Walsh (NAMI); Betsy Chavez (Director of Strategic Partnership); Paco Cano (PPSC); Noah Harris (PPSC); Cindy Wellsmore (PPSC); Brittney Timmons (PPSC); W. Easley (PPSC); and a few other community members.

ANNOUNCEMENTS /PUBLIC INTRODUCTIONS & COMMENTS

- 1) You may submit agenda items for consideration prior to the Executive Committee meeting, normally held on the first Wednesday of each month, 10:30 AM to Noon. Email or call MHB clerk Rhonda Darrow (565-4850), Rhonda.Darrow@sonoma-county.org to verify the next meeting date.
- 2) Please direct all your questions to the Chair.

APPROVAL OF MINUTES

Since the membership did not meet a quorum, the approving of minutes for September 18, October 16 and December 5, 2018 will be put over to the next meeting on February 19, 2019.

CONSUMER AFFAIRS REPORT – Kate Roberge, Consumer Education Coordinator of the Consumer Relations Program of Goodwill Industries (kroberge@gire.org), and/or Guests

No report given.

PUBLIC COMMENTS/CONCERNS/ACCOMPLISHMENTS

None.

SPECIAL PRESENTATION: *Local Sonoma Valley Issues*

Sid McColley, SCBH Section Manager of Acute and Forensic Services, shared that there are Community Mental Health Centers in Petaluma, Sonoma, Guerneville and Cloverdale. SCBH is currently working on beginning a pre-trial diversion program to help keep clients out of jail.

The Community Mental Health Center in Sonoma is located at 810 Grove Street, Sonoma, which is open the first and third Thursdays of the month, 8:00 AM to 5:00 PM. This office is currently serving 18 clients. The staffing includes a bilingual case manager, a nurse that comes to the clinic and doctor visits are by tele-psychiatry. This office is in the same building as Supervisor Susan Gorin and a separate entrance for the Sonoma County Sheriff's Department. The staff also work with The Haven, Sonoma Overnight Support. The Sonoma Valley Health Center is the main referral resource and sends referrals through the Access Team.

Karin Sellite, SCBH Client Care Manager for Youth & Family Services and Mobile Support Team, shared as of today that the Mobile Support Team (MST) has expanded to Sonoma and West County. It is a crisis response program that is dispatched by law enforcement to meet out in the field to assist with individuals experiencing a mental health and/or substance use related crises. The MST Team provides assessments, resources, and referrals along with following up with individuals to help them connect with the services they need. Even with funding changes, the Crisis Assessment, Prevention and Education (CAPE) Team is now only a mobile response to most high schools in the County, including Sonoma Valley and Creekside High Schools.

The SCBH Whole Person Care program will be contracting with Sonoma Valley Community Health Center to provide outreach and engagement and intensive case management services to Whole Person Care eligible clients in the Sonoma Valley. The target population is people with high moderate to serious mental health challenges, homelessness and co-occurring substance use or medical complications.

Betsy Chavez, Director of Strategic Partnerships of La Luz Center, talked about the Family Resource Center at El Verano Elementary School. The focus is on early childhood. It is an ongoing discussion on how to rid of the stigma of asking for help with mental health issues. There has been more funding available due to the fires disaster, as it triggers trauma in so many of the clients. Students with Partnership are seen during the school day and parents also if not documented. The Family Resource Center is working on how to invite more of the community into seeking these services, by offering yoga classes, fitness classes and sharing of recipes. They partner with the YWCA to talk with families and offer presentations—in Spanish. The center is collaborating with Hanna Center and the Boys and Girls Club to reach further into the community. It was suggested to announce meetings on the Spanish-language radio station, KBBF. Betsy shared that the best gathering places for the community is at parks, churches and schools.

BEHAVIORAL HEALTH DIRECTOR'S REPORT/HBH FISCAL UPDATE/MENTAL HEALTH SYSTEM

TRANSFORMATION: *Bill Carter*

Sonoma County's Mental Health Services Act [MHSA] page is at www.sonoma-county.org/mhsa

The State's MHSA page is at http://www.dmh.ca.gov/Prop_63/MHSA/default.asp

MHSA newsletter is available at the link <http://www.sonoma-county.org/health/about/pdf/mhsa/>

Bill Carter shared the priorities for SCBH: 1) Responding to the aftermath of the SCBH budget crisis (working on gathering data on how we are doing in the first six months); 2) Working on immediate system re-designs, namely Youth & Family Services, which is in development and will be shared more broadly as process proceeds; 3) Working on the re-design of the adult delivery system; 4) Filling existing positions to enable BHD to proceed with system changes; 5) Increase communication on how to work together better; 6) Current projects—Jail Diversion; one year away from opening a psychiatric health facility (PHF) to which clients at CSU who need additional care can transfer,—this will be so much financially healthier as Medi-Cal will be billable at the PHF; and offering peer respite program for transitioning clients from the hospitals. SCBH is working on next fiscal year's budget. DHS has just hired a new Chief Financial Officer.

Bill is meeting with the electronic health records (Avatar) workgroup so the updates can be put in place beginning in April. The addition of electronic signatures being available for staff using Avatar so they do not have to be downloaded and filed in paper charts.

Medicare billing is being submitted by SCBH staff. It is limited to claims by psychiatrists, psychiatric registered nurses and licensed clinical social workers.

One of the MHB members asked about the six-month financial outcomes. Bill shared that SCBH does not have this data as yet. He hopes to be in a position to present the mid-year fiscal report at the next MHB meeting.

One of the PAM subcommittee members of the MHB noted that their request for the processes for programs to assess and what their qualitative data is has not been received. He shared that it has been frustrating for not being able to do what is expected of the members of the MHB. Bill shared that the site visit selections can be discussed at the next MHB Executive Committee meeting.

PEERS (PEOPLE EMPOWERING EACH OTHER TO REALIZE SUCCESS) COALITION INTERN REPORT –

This is the link to SRJC's webpage about current health events around the campus:

<https://events.santarosa.edu/calendar-events>

The MHB welcomes Maria Arreguin is the new PEERS Coalition representative. Maria said there are some upcoming mental health movies in April. She will bring more information to the next meetings.

OTHER REPORTS (INCLUDING CALBHBC Report – Sherry Weyers

This is the link to California Association of Local Behavioral Health Boards and Commissions website:

<http://www.calbhbc.org/>

No report given.

MHB CHAIR'S REPORT/BOARD PLANNING: – Mary Ann Swanson

Mary Ann shared the CALBHB/C conference call that she was on with other county mental health board representatives. She was pleased to share how Sonoma County Mental Health Board meets in four geographic areas of the county—Sonoma, Petaluma, Guerneville and Cloverdale. She is looking forward to meeting with the appointed Board of Supervisor representative on the Mental Health Board.

BOARD COMMENTS:

None.

Meeting adjourned at 6:31 p.m.

Respectfully submitted,

Rhonda Darrow, Mental Health Board Clerk

ABBREVIATIONS & ACRONYMS

5150	Declared to be a danger to self and/or others
AB3632	Assembly Bill - State-mandated MH services for seriously emotionally disturbed youth - discontinued by State
ACA	Affordable Care Act
ACT	Assertive Community Treatment (program run by Telecare)
ANSA	Adult Needs and Strengths Assessment – a “tool” for determining which services are needed by each particular adult client
AODS	Alcohol and Other Drugs Services – now a part of the Mental Health Division and called SUDS
BHD	Behavioral Health Division (Sonoma County)
CADPAAC	County Alcohol and Drug Program Administrators’ Association of California
CALMHB/C	California Association of Local Mental Health Boards & Commissions - comprised of representatives from many MHBs in the State
CANS	Child, Adolescent Needs and Strengths (Assessment) – helps determine which services are needed by each child client
CAPE	Crisis Assessment, Prevention, and Education Team; goes into the schools when called to intervene in student mental health matters
CAPSC	Community Action Partnership-Sonoma County
CCAN	Corinne Camp Advocacy Network - Peers involved in mental health advocacy
CDC	Sonoma County Community Development Commission
CHD	California Human Development
CIP	Community Intervention Program
CIT	Crisis Intervention Training (4-day training for law enforcement, to help them identify and respond to mental health crisis situations)
CMHC	Community Mental Health Centers, Located in Petaluma, Guerneville, Sonoma, and Cloverdale (part of SCBH))
CMHDA	California Mental Health Directors Association
CMHL	SCBH’s Community Mental Health Lecture series - open to the public - usually takes place monthly
CMSP	County Medical Services Program - for uninsured, low-income residents of the 35 counties participating in the State program
ConREP	Conditional Release Program (State-funded, SCBH-run, but will be turned over to the State 6/30/14)
CRU	Crisis Residential Unit (aka Progress Sonoma-temporary home for clients in crisis, run by Progress Foundation)
CSU	Crisis Stabilization Unit (Sonoma County Behavioral Health’s psychiatric emergency services at 2225 Challenge Way, Santa Rosa, CA 95407)
CSAC	California State Association of Counties
CSN	Community Support Network (contract Provider)
CSS	Community Services and Support (part of Mental Health Services Act-MHSA)
DAAC	Drug Abuse Alternatives Center
DHCS	(State) Department of Health Care Services (replaced DMH July 1, 2011)
DHS	Department of Health Services (Sonoma County)
EPSDT	Early Periodic Screening, Diagnosis & Treatment (Children’s Full Scope Medi-Cal to age 21)
EQRO	External Quality Review Organization (annual review of our programs by the State)
FACT	Forensic Assertive Community Treatment
FASST	Family Advocacy Stabilization, Support, and Treatment (kids 8-12)
FQHC	Federally Qualified Health Center
HIPPA	Health Insurance Portability and Accountability Act
HSD	Human Services Department
IHT	Integrated Health Team (medical and MH services for adults)
IPU	Inpatient Psychiatric Unit
IRT	Integrated Recovery Team (for those with mental illness + substance use issues)
IMDs	Institutes for Mental Disease (residential facilities for those unable to live on their own)
INN	Innovation (part of MHSA)
JCAHO	Joint Commission on Accreditation of Healthcare Organizations - accredits hospitals & other organizations
LG	Los Guilicos-Juvenile Hall
LGBQQT	Lesbian/Gay/Bisexual/Queer/Questioning/Transgender/Intersexed (also LGBT)
MADF	Main Adult Detention Facility (Jail)
MHB	Mental Health Board
MHSA	Mental Health Services Act
MST	Mobile Support Team - gets called by law enforcement to scenes of mental health crises
NAMI	National Alliance on Mental Illness
NBSPP	North Bay Suicide Prevention Project
NOA	Notice of Action
OSHPD	Office of Statewide Health Planning and Development - the building department for hospitals and skilled nursing facilities in state
PAM	Program Assessment Matrix Work Group
PC1370	Penal Code 1370 (Incompetent to Stand Trial, by virtue of mental illness)
PCP	Primary Care Provider (medical doctor)
PES	Psychiatric Emergency Services – open 24/7 for psychiatric crises - 3322 Chanate Road
PEI	Prevention and Early Intervention (part of Mental Health Services Act-MHSA)
PHF	Psychiatric Health Facility
PHP	Parker Hill Place - Telecare’s transitional residential program in Santa Rosa

PHP	Partnership Health Plan
PPP	Triple P - Positive Parenting Program
PPSC	Petaluma People Services Center
QI/QA	Quality Improvement/Quality Assurance - Wendy Sanders and Audrey Boggs and Melissa Ladrech
QIP	Quality Improvement Policy (meeting)
QIS	Quality Improvement Steering (meeting)
QIC	Quality Improvement Committee (meeting)
RCC	Redwood Children's Center
RFP	Request For Proposals (released when new programs are planned and contractors are solicited)
RRC	Russian River Counselors
SCBH	Sonoma County Behavioral Health
SCOE	Sonoma County Office of Education
SELPA	Special Education Local Plan Area
SNF (Sniff)	Skilled Nursing Facility
SPMI	Serious Persistent Mental Illness (or Seriously Persistently Mentally III)
SUDS	Substance Use Disorders Services (formerly AODS)
SWITS	Sonoma Web Infrastructure for Treatment Services
TAY	Transition Age Youth (18-25)
VOMCH	Valley of the Moon Children's Home
WET	Workforce Education and Training (part of MHSA)
WRAP	Working to Recognize Alternative Possibilities
Wraparound	Community-based intervention services that emphasize the strengths of the child and family
YS/Y&F	Youth Services/Youth & Family (Sonoma County Behavioral Health)